



Honouring Our Strengths

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The creator imaged the most beautiful and perfect place... Where life would grow

Indigenous Knowledge / Culture-Based Evidence ... What does this mean?



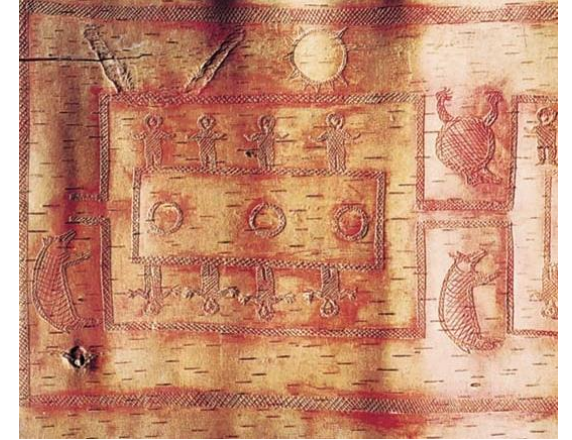
One day somebody is going to call us on it – statements like, “our way is the way of the circle; our way is the way of the four directions; our way is a holistic way of life; we are environmentally conscious,” and so on. Somebody one day is going to ask us *what that means*.

- ***We are in that time now***
- ***Its also time for us to discuss how to balance Indigenous knowledge with western empirical evidence specific to addressing addictions/mental health***
- ***Culture is not a superficial factor – it isn't just behavioral***

Knowledge
always has to be
tethered to
its origin.

Western Knowledge

- Theoretical until it's proven
- Ownership / authorship of knowledge
- Public knowledge
- Open to testing to determine validity
- Citation



Sacred Knowledge

- Original Knowledge given by the spirit
- Carried by the student / teachers for the people
- Held in trust
- Translated across generations to make usable in all contexts while maintaining the truth of the knowledge
- Citation – sacred society / teachers



Our Indigenous
knowledge
systems

Are still
in tact

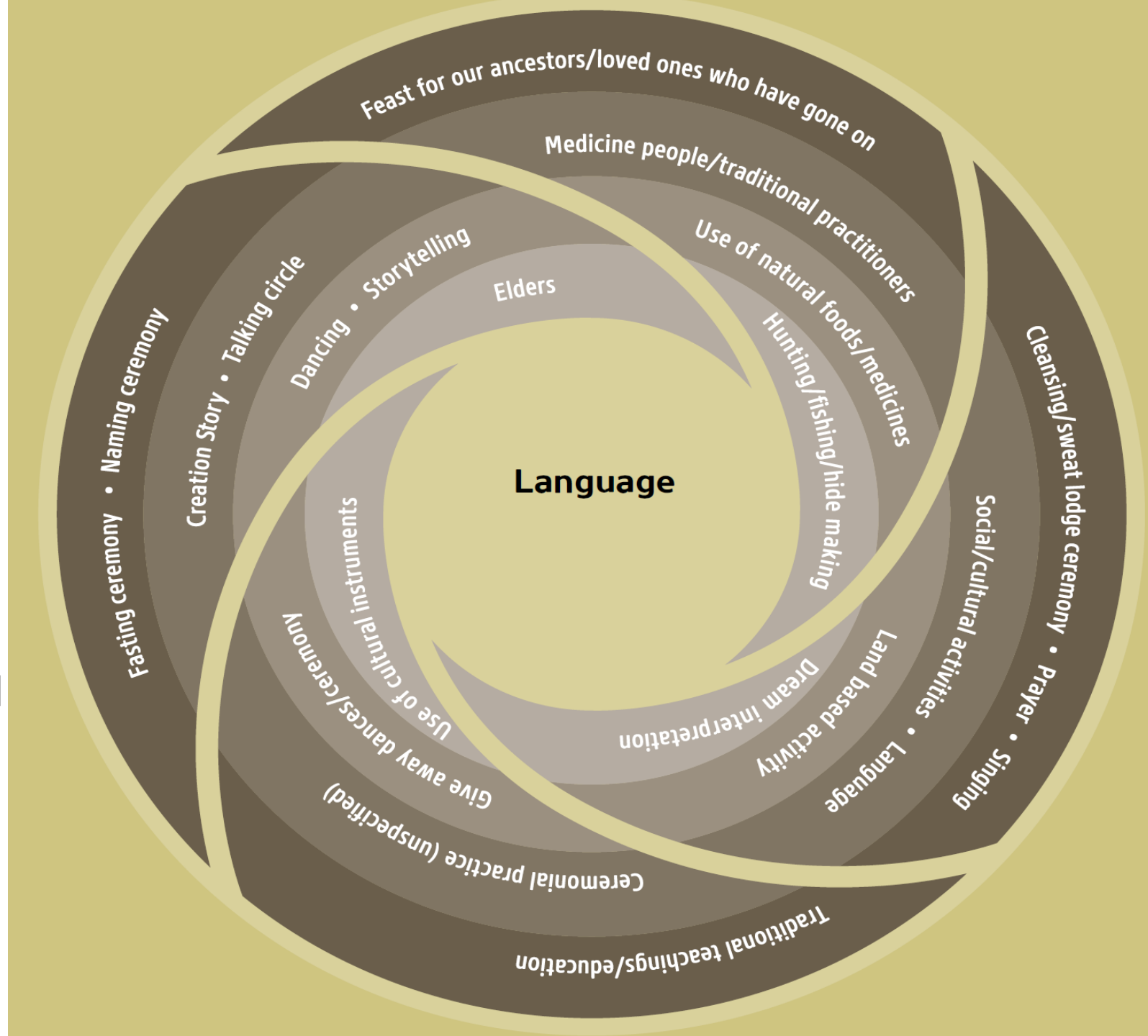


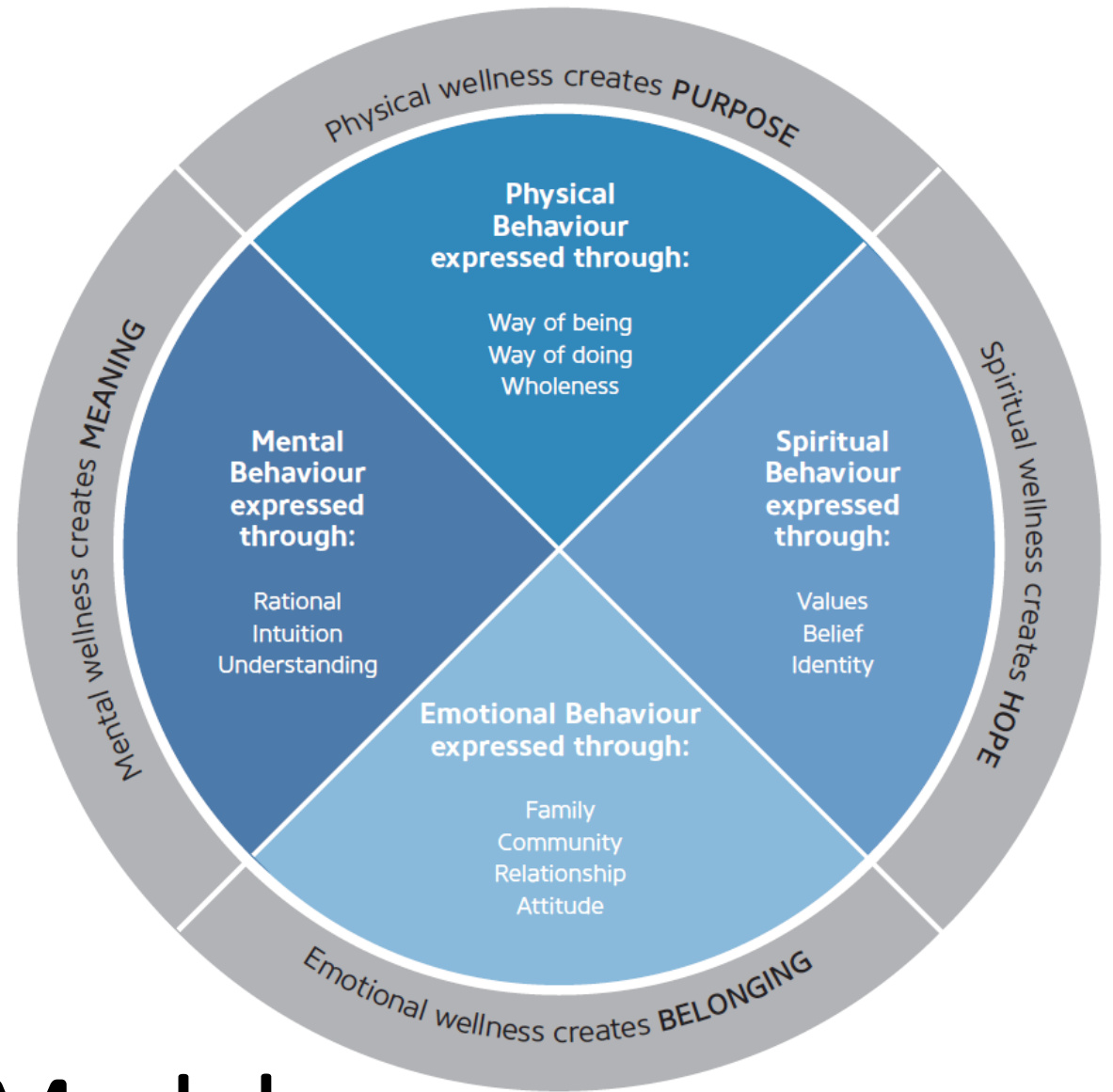
Research Questions:

- What is a whole and health person
- How do culture based practices facilitate wellness
- What outcomes can we expect from the use of culture to facilitate wellness

Common Culture Interventions

- Respects diversity of cultures
- Based on common cultural practices
- Identifies indigenous language as central to knowledge, sanctioning, practice
- Whether cultural intervention are practice within a residential treatment center or in a community based service – community is involved



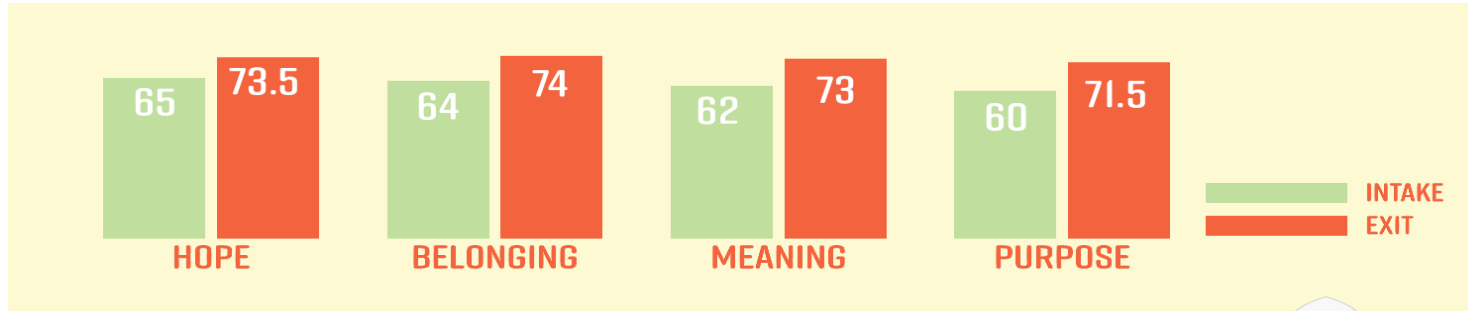


Promising Models

Indigenous Wellness Framework

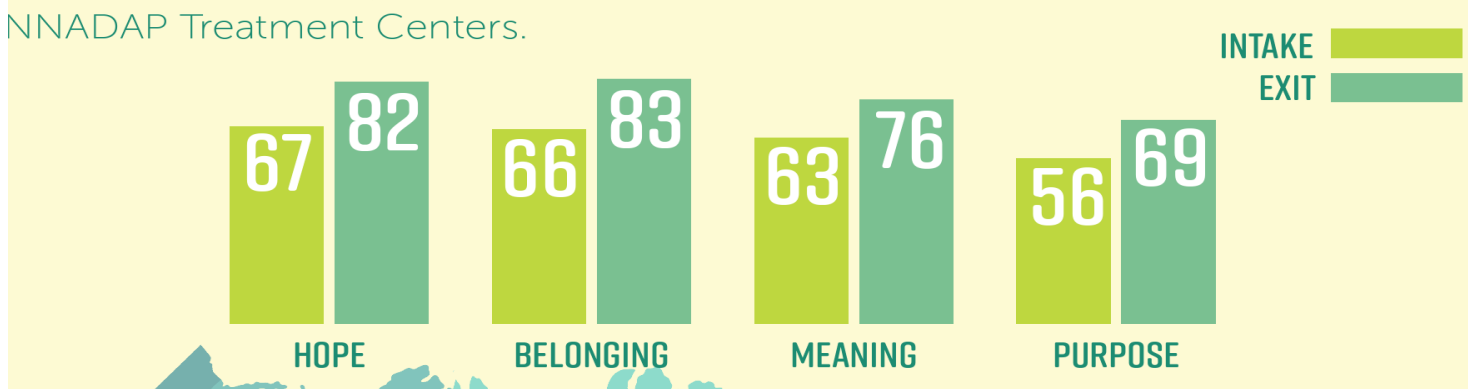
Increase in Wellness

Opioid misuse: 23%



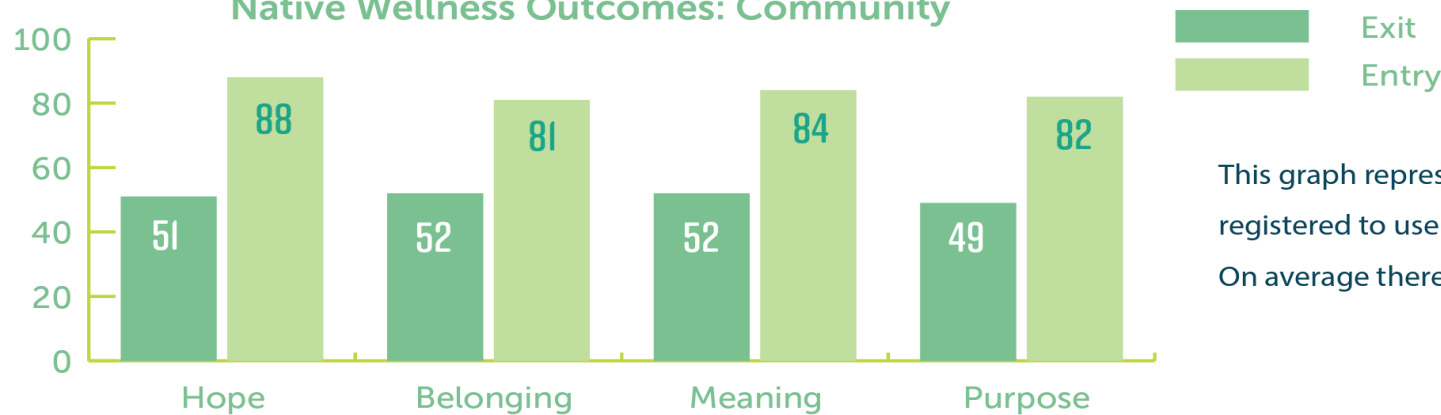
Youth 8-11%

Opioid misuse: 74%



Adult 17%

Native Wellness Outcomes: Community



Community 33%





This is a survey to better understand opioid use within your community.

It will help identify how to address prescription drug abuse.

Your answers and identity will be kept private.

Please do NOT write your name on the questionnaire.

You can choose to withdraw at any time.

Please indicate your consent to participate below:

Yes - I consent.

No - I do not consent.



OPIOID is a type of drug used to treat pain, treat opioid dependence, and are used recreationally or to get high.

Examples of OPIOIDS include:

OPIOID	Other Names
oxycodone	Percocet®, percs, OxyContin®, OxyNEO®, oxys, OC, hillbilly heroin, 80s
codeine	Tylenol#3®, Tylenol#1®, T3s, T1s, Codeine Contin®, cody
fentanyl	Duragesic® patches, china white, TNT
morphine	MS Contin®, Statex®, morph, M, red
hydromorphone	Dilaudid®, dilos, hydros, dibies
tramadol	Ultram®, Tramacet®
hydrocodone	Hycodan®, Tussionex®
methadone	Methadose™, meth, wafer, juice
buprenorphine	Suboxone®, bupe, sub
heroin	smack, china white, junk, skag, horse

We are NOT interested in REGULAR, over the counter pain relievers such as Aspirin, Advil or plain Tylenol that can be bought in stores.



Designed for community monitoring of Opioid:

- Use and Misuse Patterns
- Treatment
- Harm Reduction
- Pregnancy
- Trauma
- Impact on Family & Community
- Community Attitude

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