Vancouver Coastal Region Journeying together to navigate new waters



VANCOUVER COASTAL REGION First Nations Health Authority

Vancouver Coastal region are a unique family. First Nations We are journeying together to navigate new waters with one heart, one mind. Each of our fourteen communities and three sub-regions are unique in their culture, traditions, geography and context. This is reflected in our diverse needs and challenges.

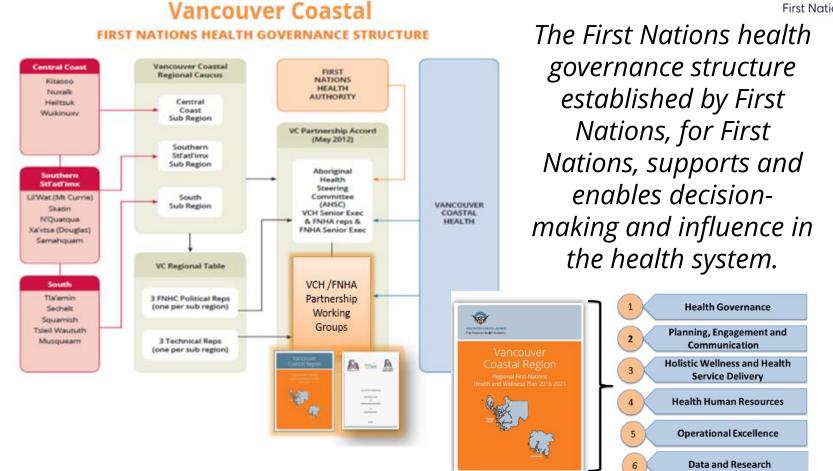
- Central Coast Subregion -4 Nations
- South Coast Subregion -5 Nations
- Southern Stl'atl'imx Subregion -5 Nations

We work in inclusive and collaborative ways to take full advantage of the exciting opportunities in health and wellness that lie ahead on behalf of our people.

Vancouver Coastal Governance Structure



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Vancouver Coastal Health governance structure operates at a region-wide level; it is rooted in and guided by the governance and partnership processes and structures in place

Vancouver Coastal Regional Team

Our Regional Approach



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A collaborative approach for health system transformation

Actively seeking ways to increase and enhance how we collaborate, coordinate and integrate our programs with regional, provincial and other health partners in Vancouver Coastal Region

- ✓ OPERATIONS
- ✓ PLANNING, SERVICE DEVELOPMENT, EVALUATION, REPORTING
- ✓ COMMUNITY ENGAGEMENT
- ✓ PARTNERSHIP DEVELOPMENT



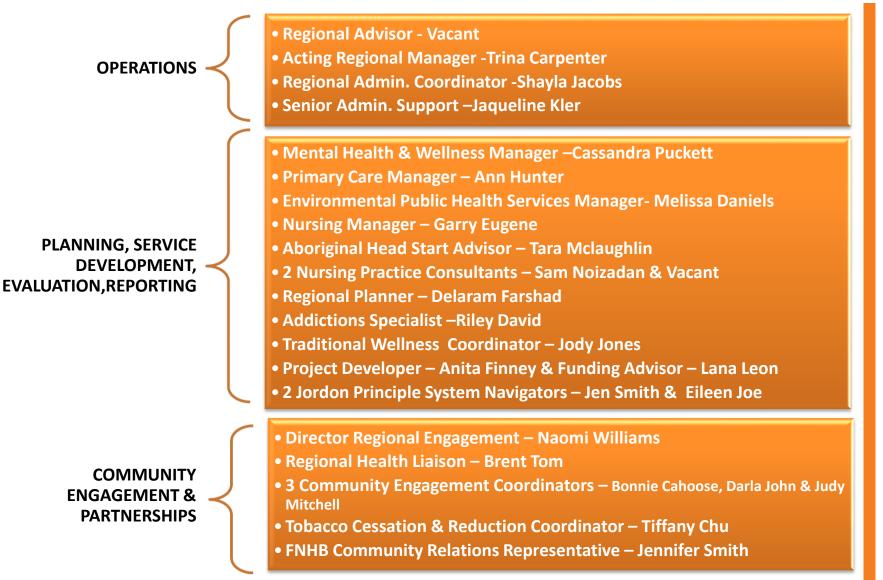
VC Regional Team –Collaborative Approach to System Transformation



First Nations Health Authority

Regional Executive Director – Kim Brooks

Executive, Strategic and Operational Leadership to the Vancouver Coastal Regional Team



Vancouver Coastal Region Progress toward our Shared Vision

Vancouver Coastal Region Health and Wellness Planning & Engagement steers us toward Our Shared Vision



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Vancouver Coastal Region "Progress Toward our Shared Vision"



First Nations Health Authority

Mental Health & Wellness

Prevention and Traditional Wellness

- Weaving VC Regional Holistic Wellness into the Health Care System:
 - 11 Traditional Wellness Initiative (TWI)- grants funded
 - Development of Regional Traditional Knowledge Keepers Network & Gathering August 2019
- Trauma-informed Care & Crisis Response:
 - Regional Partnership with KUU-US Crisis Service
 - Coordination of VCH Health System Services
- Regional Opioid Response
 - Participation on 10 Regional & Community level
 Opioid Response and Action Tables
 - All 14 Nations receive direct funding for Opioid Response
- Regional Indigenous MWSU Virtual Team (JPB)
 - All 14 Nations have resources to hire Mental Health Clinicians
 - Opioid funds embedded
- Intensive Case Management Virtual Teams
 - In Partnership with VCH a Clinical Lead to support Mental Health Clinicians in community access direct Health System Supports

- Successfully Hosted Joint Vancouver Coastal & Fraser Salish Health & Wellness Conference
 - Over 250 Health Leaders, Service providers and Community Members in attendance
- Harm Reduction
 - Working closely with Indigenous Wellness Teams to advocate ant-stigma, nasal naloxone, drug testing (both rural & urban).
- Tobacco Reduction & Cessation
 - Coordinator supported 36 VC Regional Community Events /Engagement to promote tobacco reduction initiatives
- Food Security/Healthy Eating
- Indigenous Land-Based healing
 - Funding allocated to All 14 nations
- 22 FNHA Indigenous Wellness Grants awarded
- Jordon Principle -2018
 - Over 270 VC Region Individual Cases \$555k
 - \$557k Allocated to VC Nation Group Submissions

Vancouver Coastal Region "Progress Toward our Shared Vision"



Primary Care & Health Service Modelling

- Primary Care Networks
- Joint Project Board
 - Regional supports to meet community needs for improving access to Primary Care
- Nursing
- Supporting Culturally safe practices in Home Care /Community Health services to reflect traditional culture –Primary Care
- Urban/Away from Home
 - Urban Aboriginal Health Strategy : supporting and strengthening supports & Relationships with urban community Primary Care Service providers
 - Luma Medical Clinic Re-visioning Service Modelling
- Virtual /Opioid Peer-Led Project
 - South Coast Sub-regional Peer program success
 - Developed multiple peer groups
- Aboriginal On-Reserve Head Start
 - Support operational planning, program development, Child Care Licensing

Planning, Reporting & Evaluation

- Tripartite Committee on First Nation Health Annual Report Completed
- Vancouver Coastal Partnership Accord Evaluation Completed
- Evaluation of Regional Indigenous MWSU Virtual Team (JPB) & Opioid Project -underway



Vancouver Coastal Region "Progress Toward our Shared Vision"



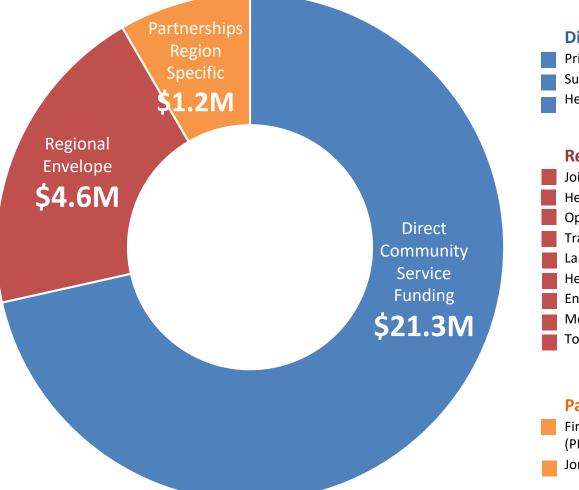


Governance, Partnerships & Engagement

- Fall Sub-Regional Gatherings (Oct/Nov 2018)
- Fall Regional Caucus (Nov 2018)
- VC Chiefs & Political Leads Orientation Dinner
- Central Coast Sub-Regional Nation Planning Session (Jan 2019)
- Gathering our Voices Youth Conference (March 2019)
- Joint Regional Health and Wellness Forum (May 2019)
- Provincial Summit Mental Wellness & Primary Care (May 2019)
- VC Regional Health Directors Session (May 2019)
- Women Deliver Conference (June 2019)
- Health Benefits engagement at Caucus and in community-visits All 14 Nations Engaged 2018
- VC Aboriginal Health Steering Committee (January 2019)
- Commitment to Directive #1 –Community Driven Nation Based by demonstrating responsiveness, community presence and access to Health and Wellness supports.

"Progress Toward our Shared Vision" Vancouver Coastal Health, Infrastructure, and Envelope Funding

2018/19 VC Regional Investments



Direct Community Service Funding

- Primary Health Care
- Supplementary Health Benefits
- Health Infrastructure Support

Regional Envelope

Joint Project Board	\$ 2.0 4M
Health Actions	\$ 0.63M
Opioid/Peer	\$ 0. 96M
Traditional Wellness Initiative	\$0.18M
Land Based Healing	\$ 0.27 M
Health Service Enhancement	.\$ 0.3 6M
End to End Integration	\$0 . 03M
Mental Wellness Interim Measures	.\$ 0.05M
Tobacco Control Strategy	\$0 . 04M

Partnerships, Region Specific

First Nations Led Primary Health Care Initiative
(PHC++)\$ 0.44M
Jordan's Principle\$0.77M

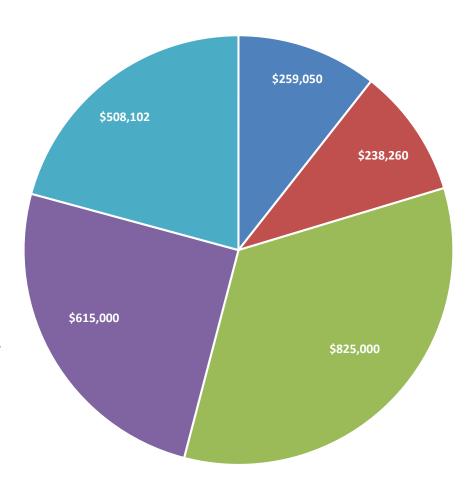
Weaving Vancouver Coastal Cultural & Holistic Wellness into the Health Care System



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2019/20 VC Regional Investments Towards Traditional Wellness \$2.4 Million

 Peer Coordinator with Jordan's Principle Group Initiatives
 Mental Wellness Interim Measures
 Land Based Healing
 Traditional Wellness Initiative
 Other Traditional Wellness

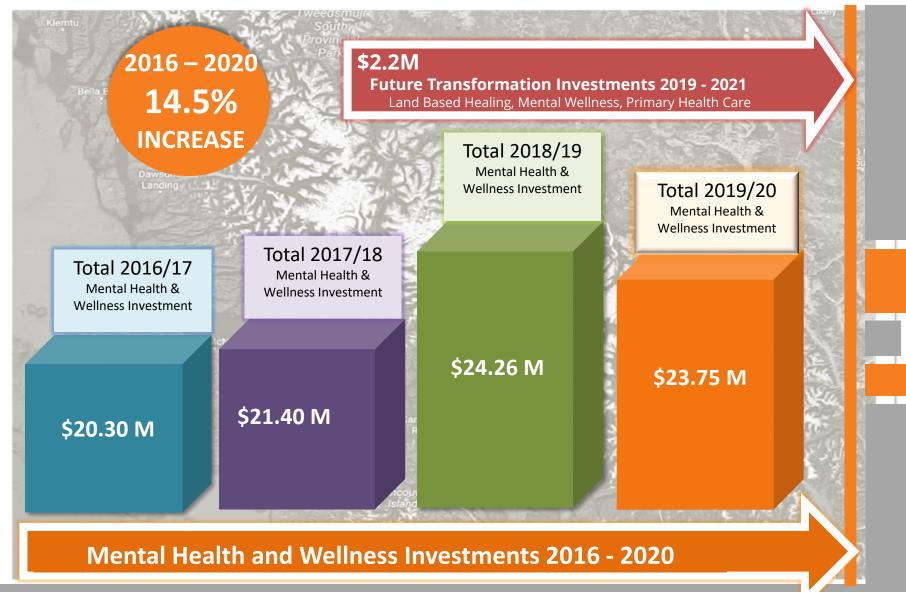


Vancouver Coastal Caucus Spring 2019

Current & Future Vancouver Coastal Investments



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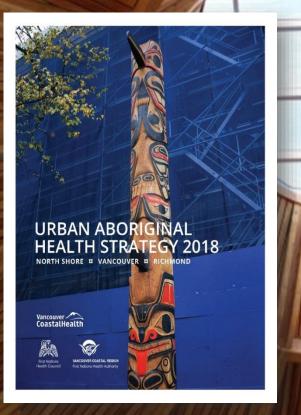
Vancouver Coastal Caucus Spring 2019

Vancouver Coastal Region

Urban Aboriginal Health Strategy – Endorsed



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O Aboriginal Health Tuesday, June 18, 2019





019

n: Aboriginal Health, Vancouver Coastal Health First Nations Health Council

First Nations Health Authority

Newly released Urban Aboriginal Health Strategy to support the improvement of health services for away from home First Nations & Aboriginal people in North Shore, Vancouver and Richmond

CoastalHealth

Dear community partners

The path to improving health programs and integration of services for First Nations and Aborginal people in the Vancouver Costal Region has just been made a little easier as the result of the newly completed Urban Aborginal Health Strategy (UAHS). This strategi has been developed to improve health outcomes among Aborginal people, including the away from home population of our 14 Vancouver Costatal Regional First Nations, by transforming the current system to create a more effective, integrated, culturally competent and equitably distributed set of health care services across the North Shore, Vancouver and Richmond area. This strategy can be used and adapted in any way to advance urban Aborginal health outcomes anywhere.

The UAHS acknowledges the work of the many urban Aboriginal health service organizations who have worked treleasly over decades serving the urban Aboriginal population on the unceded territories if the Squarinib, Musueam and TSiel Waututh Nations. It also marks meaningful collaboration through community-driven, nation-based engagement, and represents the commitment and partnership between the First Nation Health Council (RNHC), First Nations Health Authority (RNHA) and Vancouver Coastal Health (VCH). We are grateful to each of the partners for their input, participation and dedication, and acknowledge this engagement work leading to the UAHS took place on the lands of the three host nations of Musquean, Squamin and Tsiel Wauuch.

The Vancouver region has the third largest urban First Nations and Aboriginal population of any Canadian city, and the population numbers continue to grow. The UAHS aligns with the Joint Vancouver Costal Health and First Nations Health Authority Regional Health and Wellness Plan, and is a deliverable of the Vancouver Costal Paramentiple Accord. This Plan was developed by the 14 Vancouver Costal First Nations communities in the Vancouver Costal Region and the away from home community of Greater Vancouver, and E plays a lay role in informing strategy and action act the regional layer.

The Urban Aboriginal Health Strategy outlines the result of engagement pathway and the review of the decades of health research and engagement with the urban Aboriginal and First Nations community of Vancouver. The strategy includes a summary of current work in the six areas of focus, as well as objectives for future work. The six strategic areas of focus included in this strategy are.









Vancouver Coastal Health Vancouver 2019





Background



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The Vancouver Coastal Partnership Accord (Signed May 2012): A deliverable & commitment from the PA

Aligned to the Vancouver Coastal Regional Health and Wellness Plan (2016 – 2021) Objectives:

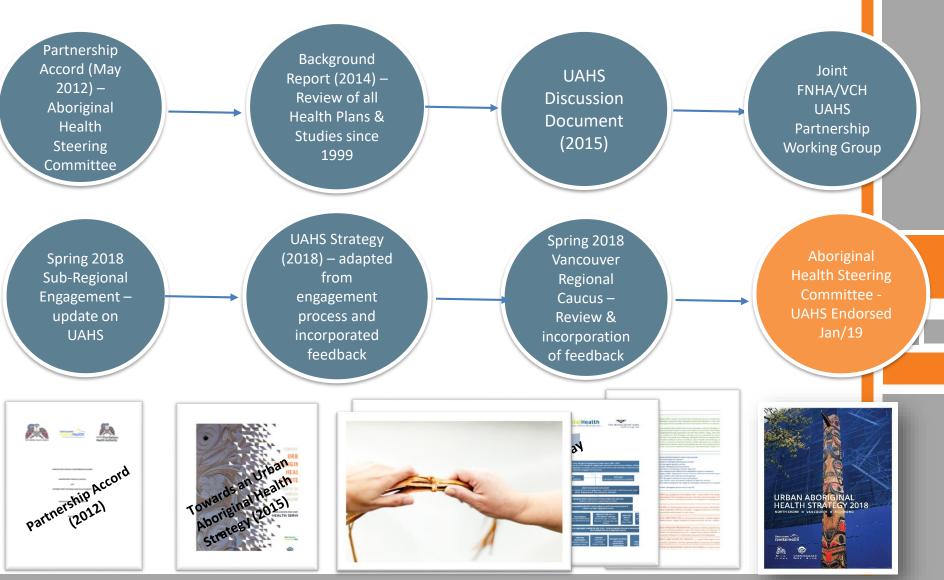
- Ensure Host First Nations (Tsleil-Waututh, Musqueam & Squamish) have a governance role and voice in the governance process
- Implement an engagement process to support the development and implementation of a strategy





Engagement & Approval Pathway

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Vancouver Coastal Region Partnership Accord Evaluation Update & Preliminary Findings Regional Governance Caucus

Background

- PA signed between Vancouver Coastal
 Regional Caucus, FNHA and VCH in 2012.
 Purpose included:
 - Improving health outcomes for First Nations in the Region
 - Greater service integration
 - Shared decision-making on planning , engagement, service delivery
 - Increased accountability for culturally safe care
- Evaluation of the PA conducted to:
 - Assess progress since 2012
 - Provide insight into successes, challenges and opportunities to strengthen the partnership
 - Support PA refresh process





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Evaluation Timeline





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Who we heard from

9 FNHA Regional team staff key informant interviews + focus groups

34 Spring 2018 Caucus

participants Political, technical, and social

Political, technical, and social representatives invited to complete a survey

20 First Nations political/

technical leads

Sub-regional focus groups and key informant interviews conducted

10 AHSC/ EC-AHSC members Key informant interviews completed 8 VCH staff Key informant interviews

Reviewed Documents & analysed Patient Reported Experience data



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Next Steps

- Dissemination of findings to AHSC and Executive Committee to AHSC
- Discussion of findings at AHSC visioning session (July 2019)
- Drafting of refreshed Accord
- A few copies of the executive summary of the draft report are available for caucus' participants review today.





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Preliminary Findings

Governance

- Enabled new dialogue and ways of thinking about the health of Indigenous people and provided a strong foundation on which to develop relationships and mutual understanding
- The right people are at the AHSC table to build solutions to issues
- Infrequent AHSC and partnership WG meetings were a challenge which constrained progress
- Future opportunity for strategic planning discussions to focus the work of partners and clarify roles, responsibilities and accountabilities

Roles and Responsibilities

- Lack of clarity concerning roles and responsibilities within the partnership
- Need for greater accountability to ensure that commitments of PA are fulfilled

Relationships

- Intentional relationship-building efforts have contributed strengthened relationships and identified opportunities for growth
- Strength of relationship varies by level of regional structure, sub-regional family and partnering organization

Preliminary Findings



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Collaboration and Partnership

- PA paved the way for enhanced collaboration and partnership based on joint commitment to the work
 - a shared commitment among senior leadership to the work and willingness to collaborate
 - joint initiatives and emerging opportunities to come together in partnership were identified
- Opportunities to strengthen equal participation in the partnership, by ensuring equal distribution of work and representation at the table

Communication

- Occurring more openly and transparently with new opportunities for dialogue
- Opportunities to strengthen communication between HAs at an operational level and with First Nations communities
 - Clarify communication pathways and point contacts within the HAs

E

VANCOUVER COASTAL REGION First Nations Health Authority

Preliminary Findings

Engagement

- Improved engagement of First Nations with respect to health services in the region, but there are sub-regional variations
- Increased recognition of the need to engage First Nations in the development of new programs.
- Regional and sub-regional caucuses are an effective forum for dialogue and promote collaboration and exchange of information between the partners
- Opportunities
 - Increasing community visits
 - Reducing engagement burden
 - Consistent engagement efforts across sub-regions

First Nations Decision- Making and Influence

- Partners are engaging in shared decision-making in the context of some discussions
- Importance of ensuring initiatives are guided by community input to ensure success
- Beneficial to further clarify which decisions should be shared between the partners
- Opportunity to increase First Nations influence in resource allocation and funding decisions



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Preliminary Findings

Coordination and Integration

- Successes of the Partnership
 - Regional Health and Wellness Plan and Urban Indigenous Health Plan
- Future opportunity to influence operational planning within VCH to a greater extent

Resources

- Greater sustainability in financial and human resources will further support health service improvements within the region
- Opportunities
 - Simplify the funding process
 - Identify alternative sources of funding
 - Increase and sustain human resource capacity within communities

Monitoring Progress and Evaluation

- Data and information gaps related to Indigenous health outcomes in the region
- Opportunity to identify specific indicators and baseline measures to assist with the review on progress over time



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Preliminary Findings

Cultural Safety & Humility

- Multiple efforts to improve cultural safety have emerged
- Enhanced awareness is in part attributed to cultural safety training and other awareness building opportunities
- Areas for further consideration include the absence of outcome data to measure progress in cultural safety

Accessibility of Services

- Perceived increases in availability of some services (e.g. mental wellness, primary care)
- Need to redouble efforts to address challenges/ gaps affecting rural communities, such a limited range of services relative to urban centers, limited emergency response services and transportation barriers



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Quality and First Nations Perspective on Health and Wellness

- Evolving conversations about quality of care in relation to health services for Indigenous people
- Insufficient information to determine enhancements in service quality
- Future opportunities to embed the First Nations perspective on wellness into health services, including through safe spaces and traditional protocols and medicines

Thank You