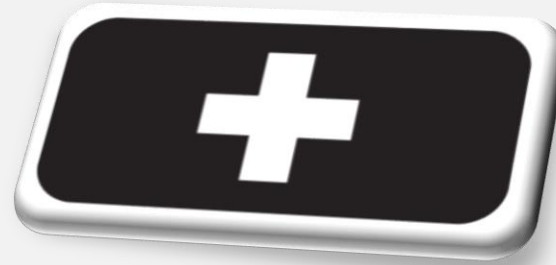


PROTECTING OUR PEOPLE

*A Harm Reduction Community
Event*

Crystal Point,
Musqueam CHN &
Musqueam Health Team

1ST STEPPING STONE



Spring 2017 – 1st Town Hall Event:

- Community invitation below
- Staff paired up & hand delivered throughout community, door to door over course of 2 days
- Had over 50 community members in attendance
- Staff & community trained with over 50 kits handed out

**Please Join Us On March 2nd
TOWN HALL EVENT!
6pm – 7:30pm at the Community Centre**

For the safety and wellbeing of our community and loved ones – come learn more on how we can protect one another in the event of an Emergency!

**Overdose Deaths in BC rose by 79.2% from 2015 to 2016
There was a total of 912 overdose related deaths in BC in 2016**

Fentanyl is now being found in more common street drugs like:

- heroin, cocaine, crystal meth, and speed....
- 4 out of every 5 drugs tested positive for Fentanyl – a powerful opioid (potentially lethal drug)

For more details contact: Natalie, Community Health Nurse at 604 269 3313



ABORIGINAL DAY 2018

STIGMA BOARD – Opportunity For Community Input



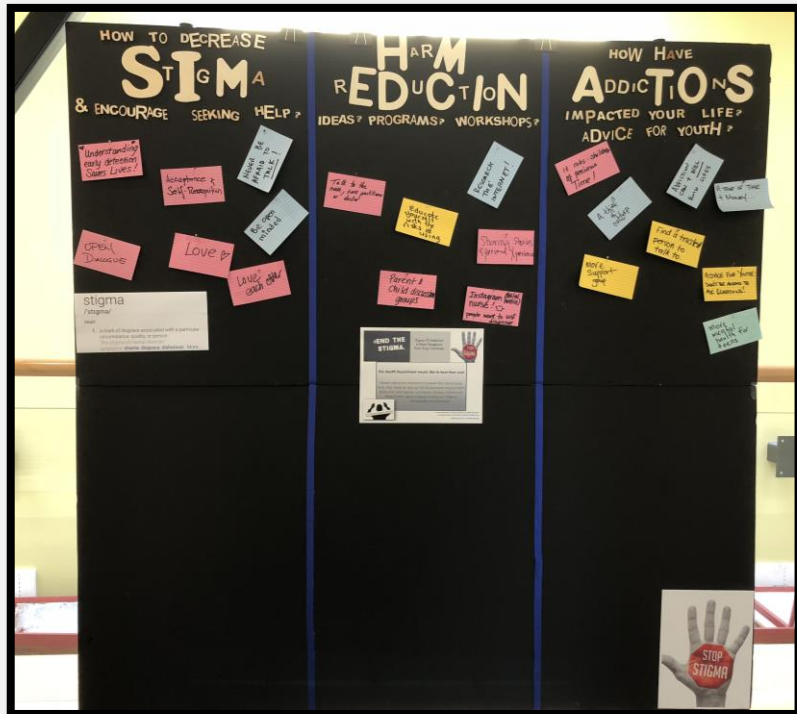
3 Questions:

1. **How to decrease Stigma & Increase Seeking Help?**
2. **Harm Reduction – Ideas? Programs? Workshops?**
3. **How have Addictions impacted your Life? Advice for Youth?**

Approached various community groups for further input; as well as left it in the community centre hallway for 2 months.

& lastly:

Protecting Our People Event



JUNE 2018 – CALL OUT TO LOCAL MUSQUEAM ARTISTS

- A)
- Very broad, no particular type of art (poetry, painting, photography)
 - No age restriction – tried to be inclusive of youth as well, as they may have their own individual experiences with Stigma, and may want a positive way to channel that energy
- B)
- 2nd Call Out – we wanted our own ‘STOP’ I have Naloxone Sign for community members to display
- C)
- We were going to invite artists to the community event – to showcase their submissions

**2 Month Period – advertised
(community newsletter & social media)**



#END THE STIGMA.

ATTENTION ALL MUSQUEAM ARTISTS!

We are looking for your submissions!

The Musqueam Health Department received a Harm Reduction Grant this year. Part of our proposal included a **Call out to Musqueam Community Artists**. We will be having a Town Hall Session in the Fall later this year where selected artists and their work can be presented at our Community Wide Event!

THEME: “Letting Go of Stigma”

Increasing awareness around Harm Reduction, Addictions, & Stigma

WHAT ARE WE LOOKING FOR?

1. **Artwork of Any Kind** related to the above themes (drawings, poetry, paintings, songs, photography...etc...) and that speaks to you!
2. **One Specific Project: “STOP—I have Naloxone Here” Signs** —> Created by Musqueam for Musqueam! We are looking for an artist to create signs that can be available to community members who wish to have these on display. We hope to see First Nations designs incorporated into your sign and/or the above theme(s).

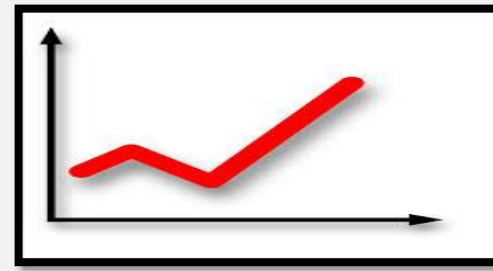
ELIGIBILITY CRITERIA: All ages are welcome, Children/Youth are very imaginative, creative and aware and we do not want to leave them out of this opportunity. We encourage veteran artists to put forth submissions also. We cannot wait to see what you create!

DEADLINE: On or before **August 31st 2018**. Please submit to the Health Department in person or via email (chn@musqueam.bc.ca). *Contact Crystal for any questions @604-269-3313

PRIZES: Age dependent prizes. Children/Youth will win age appropriate prizes, older artists are eligible for cash prizes!



CHALLENGES FACED:



- Making the event sensitive to those families who may have lost a loved one to substance use related deaths
- Daytime Drug and Alcohol worker was on a leave
- Planning and coordinating different people and organizations to come together
- Reaching out to community members who may potentially share their healing journey
- How do we top our last event?

GOALS we had set out:

- Make it more interactive, engaging
- Bigger, bring more people out that we are trying to reach



You're Invited!

Protecting Our People

A Musqueam Harm Reduction Event

Date:	Location:	Time:
October 3rd 2018	Cultural Pavilion 4000 Musqueam Avenue	5pm—8pm Dinner Provided!

EVENT HIGHLIGHTS:

*Community Artists! Featuring Lee Point, and Manuel Strain

*Unveiling a Musqueam "STOP I have Naloxone" Sign

Local Community Members Sharing their Healing Journey:



Manuel Strain



Julia Newton



Sandra Guerin

*Information Booths will be set up for a vast variety of available resources!

*Take Home Naloxone Training will be covered at the event!

Prizes!! Chance to win:

⇒ 55" TV | Apple Watch | iTunes Gift Cards | Nintendo Switch

PLANNING

Started in July 2018 – Reaching out to different personnel and organizations

Personalized invitations were sent out, health team sat with community map and wrote out over 75 invitations;

Advertised in community newsletter & social media pages

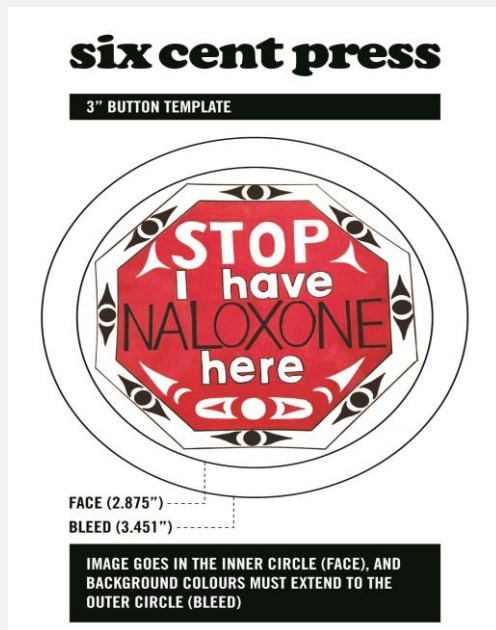
Complete this stamp passport and return to the Registration table for your EXTRA Ticket

Musqueam NNADAP Table	QuitNow	STIGMA Board
I tried one of the games at this table	I tried (or got someone in my family) to try the carbon monoxide analyzer	I answered 1 to 3 of the questions from the STIGMA Board
I interacted with the FNHA / VCH Table	I did the THN Training and am taking a kit home tonight	One major takeaway from tonight is: _____ _____ _____

Attendees obtained 1 ticket at registration



Created a 'Passport' to be stamped at each booth. Participants could opt in, visit each booth & return completed passport back to registration for a Bonus Ticket for the draws at the end of the night!~





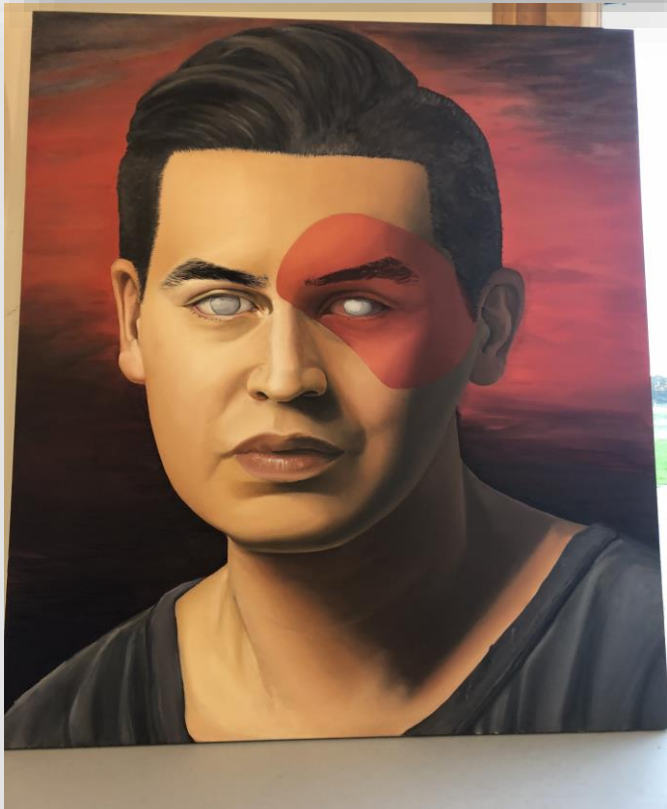
Parent &
child discussion
groups

Sharing stories
& personal experience

More
mental
health for
teens

ADVICE FOR YOUTH:
DON'T BE AFRAID TO
ASK QUESTIONS!

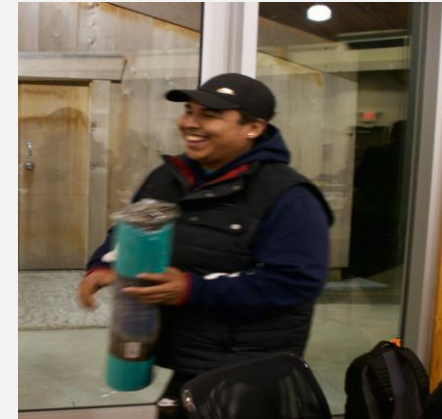




IT WORKED FOR US,

Some tips that you may bring to your communities and future events!

- Personalized invitations
- Network – organizations, people, peer educators
- Our aim was to decrease stigma, open up communication – increase trust
- Engaging event, two way conversations in a safe, non judgmental space
- Artist call out, create your own community piece / sign / definition
- Draws & prizes
- Passport to encourage community members to engage with booths
- Try to be inclusive of all age groups
- Hire a photographer – excellent way to advertise for next event, bring to leadership, use for reporting
- Community input, surveys, display boards





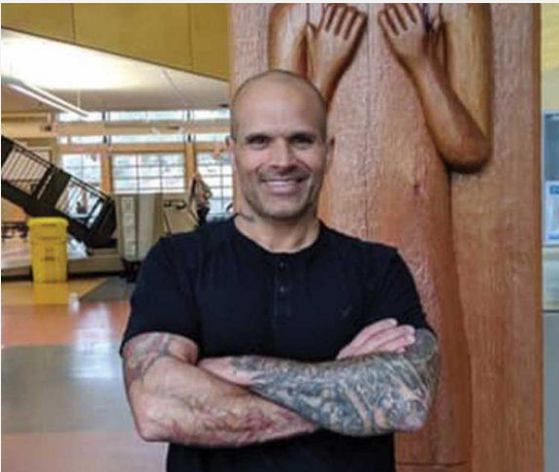
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Musqueam Safety and Security



2019 – PROTECTING OUR PEOPLE

Annual Event

Guest Speakers:



More Engaging & Interactive

- Dinner served and time to interact with 14 Information Booths
- Prize for Passport, visiting engaging with booths
- Some examples: VPD, GYDT, Neighboring Mental Health Services (VCH), Internal Mental Health supports
- Nursing team from Squamish to share **KNOCK FOR NALOXONE** community work
- Guy Fellicella – Ted Talks speaker, from Vancouver, his talks were geared towards youth
- Ended with Community Members sharing lived experiences, and health journey

UPDATES SINCE THESE EVENTS:

- Pandemic – Covid-19 – all in person activities, events were ceased
- People that used substances faced the most challenges (disruption in supply, toxic supply, looking to unsafe alternatives) as well as adhering the recommendations to isolate
- Counselling services, and other mental health supports seen dramatic increases
- Unfortunately community faced a number of losses, some back to back and multiple funerals within the same week, in person gathering restrictions still in place

- Creation of Land Based Healing programs, return of daytime NNADAP worker, and continuation of evening/weekend NNADAP worker; as well as Patient Navigator position
- Musqueam Primary Care Clinic is in the process of hiring a primary care nurse, with the intention on additional training for OAT (prescribing and dispensing); GP and NP have taken additional training for OAT support for community
- Harm reduction events continue to be an annual event





HAY ČX^w QƏ THANK YOU

Musqueam Health
Department

