

APRIL 4 – 6, 2023

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# First Nations Health & Wellness Summit



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Sharing wise, community-driven practices for wholistic wellness

**APRIL 4-6, 2023**

**First Nations Health & Wellness Summit**

# How To Access Treatment Centres

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**Anita Andreychuk**, Regional Addictions Specialist Northern Region



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# Introductions

*Regional Addictions Specialists  
and Management*



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# Regional Addictions Specialist Introductions

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# Topics Covered

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- 1. Application Process for FNHA-Funded Treatment Beds**
- 2. Preparing Community Members for Treatment**
- 3. FNHA Recovery Centres**
- 4. Application Process for Provincially-Funded Treatment Centres**
- 5. Application Process for Non-FNHA Funded Treatment Centres**
- 6. Referral Process and Responsibilities**
- 7. Provincially-Funded Treatment Centres**



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# FNHA-Funded Treatment Centres



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# FNHA Funded Treatment Centres

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## First Nations Treatment Centres in BC

Services for all genders, youth and families. FNHA funds over 200 residential treatment beds in a number of treatment centres within BC.

Services for concurrent disorders; clients on Opioid Agonist Therapy; family treatment; couples counselling; pregnant women; and clients on psychoactive medications.

Services offer a variety of cultural and clinical interventions and support for First Nations in BC.

Wilp Si'Satxw House of Purification, Kicwanga

Gya'Wa'Tlaab Healing Centre, Haisla

Namgis Treatment Centre, Alert Bay

Kackaamin, Port Alberni

Tsow-Tun Le Lum Society, Lantzville

North Wind Wellness Centre, Dawson Creek

Carrier Sekani Family Services Addictions Recovery Program, Vanderhoof

Nenqayni Wellness Centre, Williams Lake

Round Lake Treatment Centre, Armstrong

Telmexw Awtxw Treatment Centre, Agassiz Community-Based

## Universal Treatment Application Package

- 9 Residential Treatment Centres
- 1 Centre that operates day-programs
- Travel supported by FNHA Health Benefits Patient Travel Navigator
- \*Refer to Inclusion Criteria Page



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# FNHA Funded Treatment Centres Process

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Referral Worker Assists Community Member in Completing Application

Application Submitted to Centre(s) of Community Member's Choice

Centre Intake Worker Reviews Application

If Approved, Community Member is Offered Intake Date



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# Universal Treatment Application

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## Health Section and Tuberculosis Information

Medical Assessment: Completed by a Physician, Nurse Practitioner or a Registered Nurse

Tuberculosis (TB) Assessment:

- TB Testing is no longer mandatory for every applicant
- Complete screening tool to determine if TB testing necessary



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# Travel Funding & Transportation Arrangements

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## **Once a community member has confirmation of acceptance and intake date, contact:**

- Local Patient Travel Clerk In your community or contact FNHA Health Benefits Medical Transportation 1-855-550-5454

## **COVID-19 & Self-Isolation**

- Isolation is no longer required by the BC Centre for Disease Control, therefore, Medical transportation no longer funds isolation. Contact the centre(s) to determine the current COVID-19 precautions necessary for your community member to attend the facility



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# Is Medical Withdrawal Management Needed?

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**Medical Withdrawal Management (Detox)** helps stabilize community members who use substances.

- Toxic Drug Supply: Withdrawal management is recommended
- Opioid Agonist Therapy (OAT)
- Schedule Withdrawal Management Before Treatment
- If Applicable, Outpatient Withdrawal Management



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# Brief Overview of Opioid Agonist Therapy (OAT)

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**Opioid Agonist Therapy (OAT)** is an effective treatment for people dependent on different types of opioids such as heroin, oxycodone, fentanyl, etc.

- The medications prevent the effects of withdrawal and reduce cravings for opioids
- Examples of OAT Medication are: Methadone, Suboxone, Kadian, Sublocade



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# Planning the treatment journey with your community member

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## Planning the treatment journey with community member:

- Provide information regarding wait period between Detox and Treatment
  - Outpatient supports: Counselling, Support Groups, AA, NA, Smart Recovery, Wellbriety
  - Safety Planning



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# FNHA-Funded Centres: Tips for Success

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- Ensure community member suitability for an FNHA-Funded Treatment Centre
- Ensure Treatment Centre Applications are fully completed before sending them in
- Communicate with the Treatment Centres Intake Worker and close the loop
- Connect with FNHA Travel Benefits once intake date offered



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# FNHA Funded Centres: *Key Points to Remember*

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## FNHA-Funded Treatment Centres

### **Will Accept:**

- Indigenous Applicants with Status
- Non-Status Indigenous Applications through a different funding stream
- BC and limited YT Applications

## FNHA-Funded Treatment Centres

### **Will Not Fund:**

- Treatment outside of BC
- Travel Expenses for Non-BC Residents to return to BC
- Non-BC Residents – 3 Month BC residency required



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# Aftercare Recovery Centres

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**Aftercare Recovery Centres** are implemented as safe, substance free environments for those who have completed treatment within 12 months



## **FNHA Funds Two Recovery Centres:**

1. [The Painted Turtle Lodge](#) (Round Lake, Armstrong)
2. [Esk'etemc Recovery House](#) (Alkali Lake)



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# Provincially-Funded Treatment Beds



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# Provincially- Funded Treatment Centres Process

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Referral Worker Assists Community Member in Completing BCMHSU Referral

Application Submitted to Tertiary Bed Committee of Regional Health Authority

Tertiary Bed Committee Reviews Application

If Approved, Community Member funding is covered by Regional Health Authority



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# Complex Substance Use and Complex Mental Health

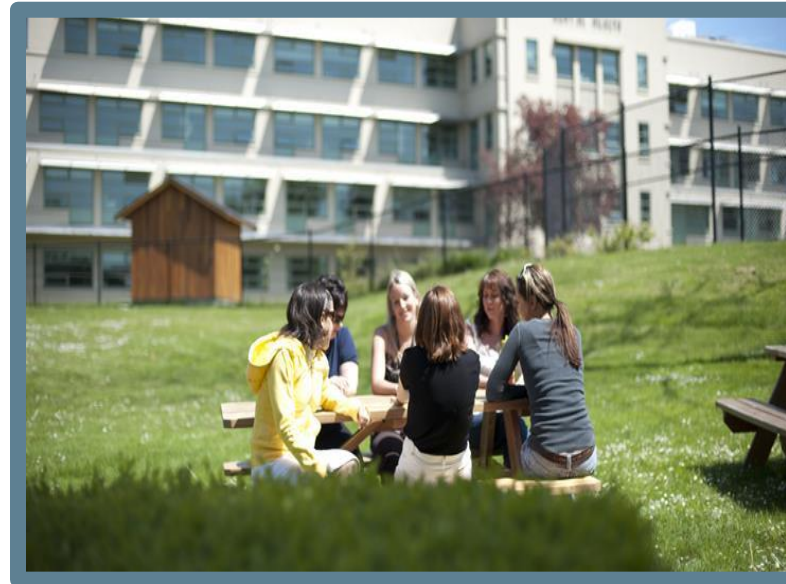
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## Red Fish Healing Centre

(105 beds)

<http://www.bcmhsus.ca/>



## Heartwood Centre For Women

(30 beds for adult women, LGBTQ2S+ trans non-binary)



## Rehabilitation and Recovery Centre

(40 Beds)



# Provincial Substance Use Program

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**Phoenix Society**  
(38 Beds)



**Phoenix Society**  
Sweat Lodge



**Elizabeth Fry**  
Abbotsford 12 Beds for  
adult women (LGBTQ2S+  
trans non-binary)

<https://efry.com/sequoia/>

<http://phoenixsociety.com/services/programs/irt-treatment/>

# Non-FNHA Funded Treatment Centres



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# Non-FNHA Subsidy Treatment Centre Application Process

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- A FNHA Subsidy Application needs to be completed when applying to a Non-FNHA Funded Treatment Centre
- FNHA Subsidy is \$45/Day for a Max 90 Days at an approved treatment centre



- The following referral workers can complete the subsidy:
- Community Addictions Worker
- Addictions Counsellor or Social Worker
- Outpatient Clinic Worker
- FNHA Counsellor
- Health Professional/ RN



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# Non-FNHA Funded Treatment Centre Eligibility Criteria

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## To be Eligible for a Non-FNHA Funded Treatment Centre Specific Requirements Need to be Met:

1. No FNHA Funded Treatment Beds Available
2. Publically Funded-Beds not an option
3. Community member not eligible for Income Assistance/PWD
4. Community member is registered through FNHA Health Benefits
5. Community Member has no judicial commitments



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# Community Member Case Study Examples:



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# Community Case Study

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**What types of Treatment Inquires have you had to navigate for your community members?**

Were there any barriers to accessing treatment?

What were the barriers?

How did you navigate those barriers?



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# Treatment Centre Pathways

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