

## ADDICTION MEDICINE CLINICIAN SUPPORT LINE

# 24/7 Addiction Medicine Clinician Support Line

## **EXPERT ADVICE IS AVAILABLE WITH A PHONE CALL**

### WHAT IS THIS SERVICE?

The <u>24/7 Addiction Medicine Clinician Support</u> <u>Line</u> (778-945-7619) is a service provided by the BC Centre on Substance Use and is staffed by addiction medicine specialists from across BC. When you call, the specialists can answer your questions about the treatment and care of people who use substances.

### WHO CAN CALL THIS SUPPORT LINE?

Care providers (physicians, nurse practitioners, nurses, midwives, and pharmacists) working with individuals with existing or past substance use disorders. This service also extends beyond clinicians and provides guidance to any addiction support staff calling from Indigenous communities within BC:

- addiction workers
- community health representatives
- mental health counsellors
- social workers
- NNADAP workers

### WHICH TOPIC AREAS CAN I ASK ABOUT?

- Pregnancy and substance use
- Prescribed safe supply
- Youth supports and resources

- Concurrent disorders and how to support, what to consider
- Transitions from opioids and pain management options
- Daily witness ingestion and challenges with managing at the pharmacy
- Withdrawal management challenges (i.e., safety in withdrawing from substances at home)
- Which withdrawal symptoms can be treated and managed safely at home?
- When to consider a trip to the hospital?
- Harm reduction approach with methamphetamines
- Culturally safe help
- Cannabis and excessive use
- Any other questions or concerns related to substance use

### **OTHER RESOURCES**

If clients do not have access to addictions medicine or psychiatry services in their local area, they can request referral to the <u>First Nations</u> <u>Virtual Substance Use and Psychiatry Service</u>.

If clients do not have access to primary care services in their local area, they can use the First Nations Virtual Doctor of the Day.