

CONFERENCE MINI-GUIDE

Gathering Wisdom *for a Shared Journey VI*

October 22-24, 2013
Vancouver, BC | Hyatt Regency





First Nations Health Authority
Health through wellness



Softlanding has been working with the First Nations Health Authority to provide tier 1 technical help and to support the development of a province-wide IT services and support model.

Softlanding and the FNHA have moved beyond the traditional vendor and client relationship. As a trusted partner, Softlanding has invested a significant amount of time and energy in making sure they understand who the First Nations Health Authority is.

Softlanding's team has consistently delivered quality service, knowledge, and expertise in numerous areas. It has truly been a pleasure working with their executive team and staff.

-Joseph Kiet Mendez,
Vice-President,
Innovation and Information Management Services, FNHA

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Honoring Our Shared Journey

Bring your songs.



.....
Bring your regalia.



.....
Gathering Wisdom VI



.....
**And Join the Ceremony
and Celebration
To Commemorate the
Transfer**



Tuesday, October 22, 2012
Regional Plenary: 9:00am

- Welcoming
- Calling of the Witnesses
- The Work
- Regional Songs & Celebration
- Words by the Witnesses
- Feast Song



Seating Guide for forum participants: • North – Green Section • Interior – Red Section
• Vancouver Island – Blue Section • Fraser Salish – Yellow Section
• Vancouver Coastal – White Section
General Attendees are welcome to sit in the Black Section

Welcome

to the 6th Gathering Wisdom for a Shared Journey forum. On October 1st, 2013 the First Nations Health Authority (FNHA) became the first province-wide health authority in Canada and assumed responsibility from Health Canada's First Nation Inuit Health Branch for the planning, design, management, and funding of programs, services, and responsibilities for BC First Nations. This transfer positions the FNHA as a health and wellness partner to BC First Nations and advances partnership and collaboration opportunities between BC First Nations and the broader provincial health system with the goal of achieving better health outcomes for BC First Nations.

This year we will celebrate the historic transfer of health programs, services and responsibilities and engage in discussions and learning opportunities to inform the next leg of our shared journey. Along with plenary sessions focused on celebration, interaction, and setting the stage for dialogue, we will work together to improve First Nations health and well-being through three streams of diverse sessions:

1. **Governance strategy** for First Nations leadership to strategize on governance related topics;
2. **Wellness partnership** for First Nations and health professionals, practitioners, administrators to discuss ways in which the FNHA and others will partner with BC First Nations on health and wellness;
3. **Sharing wisdom** for forum participants to listen, learn, and share experiences, successes, and innovative approaches to improving health systems and services.

The challenge ahead of us is great, but so is the opportunity for reward for BC First Nations. The input you provide over the coming days will guide our collective efforts to achieve our vision of healthy, self-determining, and vibrant BC First Nations children, families, and communities. We encourage everyone to actively listen, share and bring all of your experiences and ideas to the table.

Thank you for joining us for this year's forum!

What time is hotel check-in and check-out?

Check-in time is 4:00pm (or earlier if a room is ready). If a room isn't yet ready and you arrive earlier, the Hyatt can store your bags while you explore the city. Check-out time is 12:00pm. The front desk will store your bags for the day at no extra cost if you are leaving later than check-out time.

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How do I use the elevators?

The Hyatt elevators are a bit tricky! To use them, approach the touch pad in the lobby outside the elevators and enter your destination floor number. The screen will then indicate which elevator you will be taking (e.g. A, B, C, D, etc). Stand in front of the appropriate elevator. There are no buttons inside the elevators, so if you get on the wrong one, you won't be able to get to the floor you're trying to reach.

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How do I get reimbursed for travel expenses?

The FNHA will cover travel and accommodation expenses for two people per First Nation community – a Chief (or Chief's designate) and a senior health lead (or designate). The FNHA will also reimburse travel for 1 Hub coordinator per Community Engagement Hub. There will be travel claim forms provided in conference registration kits. To arrange reimbursement, eligible attendees should visit the Travel and Events table near registration in the "Georgia Foyer" (the main foyer area of the 2nd floor).

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I do not have a credit card for accommodation incidentals. Will I be able to check-in to the hotel?

For personal incidentals, a credit card, or \$50 deposit, will be required upon check-in. If you cannot provide either of those, the hotel will still permit check-in; however, all guestroom functionalities, such as: room service, movies, long distance calls, etc. will be disabled.



How do I access the internet?

Most guests staying at the Hyatt receive free wireless internet with their rooms. The code will be given to you at check-in. During the forum, there will be a wireless hotspot available for forum guests.



What meals are provided at the Forum?

Breakfast and Lunch will be provided all 3 days of the Forum: October 22, 23, 24.



Regional Meeting Rooms

We have set aside Regional meeting space October 22, 23 and 24. Please see the info table on 2nd level to request access to the room.

Prince of Wales – North | Oxford – Interior
Tennyson – Vancouver Coastal | Lord Byron – Fraser
Kensington – Vancouver Island

Have additional questions?

Ask one of our staff members or inquire at the registration table.

Tuesday October 22, 2013

Opening of the Gathering Wisdom for a Shared Journey Forum

Time	Activity	Details
7:00-5:00 pm	Registration	
7:30-8:30 am	Breakfast	Regency Plenary
9:00-12:30 pm	Honouring our Shared Journey: Commemorating the Transfer Ceremony	Regency Plenary
12:25 pm	Blessing of the Food	Regency Plenary
12:30-1:15 pm	Lunch	Regency Plenary
1:15-2:30 pm	Keynote Presentation The Present and Future First Nations Health Authority	Grand Chief Doug Kelly, Board Chair Lydia Hwitsum and Chief Executive Officer Joe Gallagher Regency Plenary
2:30-2:50 pm	Health and Wellness Activity with Dr. Rosalin Miles	
2:50-4:00 pm	FNHA CEO Presentation Continued - Joe Gallagher and Partners	Regency Plenary Presentation to introduce FNHA VPs, profile new ways of working together, profile new partnership opportunities

Tuesday October 22, 2013		
Opening of the Gathering Wisdom for a Shared Journey Forum		
Time	Daily Events and Activities	
6:30 am- 7:30 am	Fitness Classes	Cypress & Stanley
8:30 am- 4:30 pm	Tradeshow	Plaza Ballroom & Georgia AB
9:00 am- 4:30 pm	Plenary Session	Regency Ballroom
4:00 pm- 8:00 pm	Health Screening	34th Floor
4:00 pm- 8:00 pm	Health Fair	34th Floor

STREAM 1 – Governance Strategy

These sessions are an opportunity for First Nations leadership to engage in a strategic-level dialogue on important health issues. Based on the outcome of these sessions, the strategies will be compiled for further discussion in plenary at the conclusion of the forum.

STREAM 2 – Wellness Partnership

These sessions are an opportunity for First Nations and health professionals, practitioners and administrators to discuss the ways in which the First Nations Health Authority and Tripartite Partners may be directly providing a service as a wellness partner to First Nations.

STREAM 3 – Sharing Wisdom

These sessions are an opportunity for interested forum participants to listen, learn and share experiences, successes, and innovative approaches to improving health systems and services. These sessions are hosted by the First Nations Health Authority and select presenters recruited from a public call for presentations.

View a mobile version of the schedule by scanning here:



Wednesday, October 23, 2013 (Morning Sessions)

Time	8:30-9:10AM	9:20-10:00AM	10:15-10:55AM	11:15-12:00PM
Regency A (Capacity 120)	Chronic Disease Management with Rebecca Sovdi, FNHA	Occupational Health and Safety with Chuck Wilmlink, & Sandor Maradi FNHA	Partners in Health and Wellness with FNHA Medical Health Officers	
Regency B (Capacity 120)	FNHA Board of Directors Meet and Greet	Greg Shea, Vice-President, Corporate Services, FNHA and Tally Bains, Chief Financial Officer, FNHA	John Mah, Vice-President, First Nations Health Benefits, FNHA	Urban Poling for Fitness for Health
Regency C (Capacity 300-Web-cast)	BC Cancer Agency Workshop		Joe Hester, Executive Director, Anishnawbe Health Toronto	
Regency D (Capacity 250)	Data Governance Panel with Gwen Philips (FNHC), Sheilagh Murphy (AANDC) and Peter Cunningham (MARR)		Reciprocal Accountability Charter (Facilitated by Harold Tarbell and Grand Chief Doug Kelly)	
Regency E (Capacity 120)	Elaine Wass, Vice-President, Human Resources, FNHA	Yousuf Ali, Vice-President, Health Services, FNHA	Accreditation Process with Peter Vlahos, Michelle Brown and Teague Lamarche	

Wednesday, October 23, 2013 (Morning Sessions)

Time	8:30-9:10AM	9:20-10:00AM	10:15-11:00AM	11:15-12:00PM
Regency F (Capacity 120)	Top 20 Negative Stereotypes impacting Aboriginal Health Care with Provincial Health Services Authority	Indigenous Cultural Competency Training with Provincial Health Services Authority	Bringing Birth Closer to Home: Midwifery in Aboriginal Communities	Tripartite Partnership and Maternal Health
English Bay (Capacity 100)	AIDS & HIV Harm Reduction Youth Panel		Best Practice and Cultural Relevance in HIV and Hepatitis C	Youth-Focused HIV Prevention Teaching Kit
Grouse (Capacity 100)	Aboriginal Employment Program with Vancouver Island Health Authority	Collaborative Partnerships to Improve Access to Culturally Appropriate Primary Health Care in the Fraser Region with Fraser Health and Sto:lo Nation	A Collaborative Response to Aboriginal Youth Suicide in the Fraser Region with Fraser Health Authority Panel	Bridging the Gap: First Nation Mental Health Liaison Program

STREAM 1 - Governance Strategy

STREAM 2 - Wellness Partnership

STREAM 3 - Sharing Wisdom

Wednesday, October 23, 2013 (Afternoon Sessions)

Time	1:00-1:40PM	1:50-2:30PM	2:45-3:25PM	3:35-4:15PM
Regency A (Capacity 120)	Influenza Pandemic Planning with Donna Lawrence, FNHA	Partnership and Health Service Collaboration with Interior Health Authority	FNHA Health Careers	UBC Aboriginal Health and Community Administration Program
Regency B (Capacity 120)	Richard Jock, Vice-President, Policy, Planning & Strategic Services, FNHA	Joseph Mendez, Vice-President, Information Management & Information Technology, FNHA	Telehealth Expansion Project with FNHA TEP Team	First Nation Health Information Management: Mustimuhw CEMR
Regency C (Capacity 300-Web-cast)	Two-Spirited Health with Dr. Evan Adams	Centre for Excellence in Indigenous Health with Dr. Nadine Caron	Integration of Traditional Healing with the Medical System with Dr. Ted Mala	
Regency D (Capacity 250)	Social Determinants of Health (Facilitated by Harold Tarbell and Grand Chief Doug Kelly)		Flex space for Leadership	

STREAM 1 - Governance Strategy

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Wednesday, October 23, 2013 (Afternoon Sessions)

Time	1:00-1:40PM	1:50-2:30PM	2:45-3:25PM	3:35-4:15PM
Regency E (Capacity 120)	Nike Partnership (N7)		Developing an Integrated Care Model in Oceanside with Allison Cutler, Island Health	
Regency F (Capacity 120)	University of Victoria, Centre on Aging: Self-Management Programs in British Columbia	Sto:lo Nation Elders Lodge: Assisted Living Lodge for First Nations	First Nations and the Canadian Red Cross Society: Working Towards Health	Cuso International: International Volunteers Applying their Skills in BC First Nation communities
English Bay (Capacity 100)	British Columbia's Take Home Naloxone (THN) Program: A Year in Review with BC Centre for Disease Control		Harm Reduction Supplies and Services with Vancouver Coastal Health Authority	Using a CME-Accredited Live Course as a tool to promote Community-Based Approach HIV Treatment and Diagnosis
Grouse (Capacity 100)	React – Older Adult and Vulnerable People Abuse Recognize, Respond and ReAct with Vancouver Coastal Health Authority	Community Living British Columbia: Adult Persons with a Disability – Health and Mental Health Supports	New Relationships: Initiatives Co-Created by First Nations and Addiction Knowledge Exchange Leaders	Scratching for Answers... We Have the Solution! With Vancouver Lice Clinic

Wednesday October 23, 2013		
Time	Activity	Details
4:15 pm	Adjourn	
Daily Events and Activities		
6:30 am-7:30 am	Fitness Classes	Cypress & Stanley
8:30 am-4:30 pm	Tradeshow	Plaza Ballroom & Georgia AB
8:30 am-4:30 pm	Gathering Wisdom Conference Evaluation	Outside Plaza Ballroom on 2nd level
8:30 am-4:30 pm	Health Screening	Plaza A
9:00 am-4:00 pm	Video Screening Room	Windsor Room

STREAM 1 - Governance Strategy	STREAM 2 - Wellness Partnership	STREAM 3 - Sharing Wisdom
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STREAM 1 – Governance Strategy

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Thursday, October 24, 2013 (Morning Sessions)

Breakfast 7:30-8:30 AM - Regency Hall and Foyer

Time	8:30-9:10AM	9:20-10:00AM	10:15-11:05AM	11:05-11:45AM
Regency A (Capacity 120)	Reconciliation Dialogue Workshop with Chief Robert 'Bobby' Joseph and Shelly Joseph		Men's Health Seminar with Brandon Grant, Northern Health Authority	
Regency B (Capacity 120)	Nike Partnership (N7)		Women's Health Seminar (Facilitated by Dr. Elizabeth Whynot)	
Regency C (Capacity 300-Web-cast)	Yes You Can: Simple Steps to a Longer, Healthier, Happier Life with Dr. Art Hister	Traditional Medicines with Georgina Hnatiuk	Setting the Table: Creating Space for Food, Land and Culture to Thrive with Fiona Devereaux	Dr. Danièle Behn Smith, Family Physician with Ts'ewulhtun Health Centre
Regency D (Capacity 250)	Alternative Treatments to Chronic Disease with Kim Brooks and Chief Maureen Chapman	Governance Strategy – What We Have Heard and Next Steps (Facilitated by Harold Tarbell)		

STREAM 1 - Governance Strategy

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STREAM 3 - Sharing Wisdom

Thursday, October 24, 2013 (Morning Sessions)

Time	8:30-9:10AM	9:20-10:00AM	10:15-10:55AM	11:05-11:45AM
Regency E (Capacity 120)	FNHA Board of Directors Meet and Greet	Greg Shea, Vice-President, Corporate Services, FNHA and Tally Bains, Chief Financial Officer, FNHA	Richard Jock, Vice-President, Policy, Planning & Strategic Services, FNHA	Traditional Healers Advisory Committee
Regency F (Capacity 120)	Collaborative Health and Wellness Planning with Pamela Wilson and Eden Foreman	Strategies for Community Nursing Recruitment and Retention	Communications Workshop: Developing Powerful Messages Humphrey Group	
English Bay (Capacity 100)	Elaine Wass, Vice-President, Human Resources, FNHA	Yousuf Ali, Vice-President, Health Services, FNHA	John Mah, Vice-President, First Nations Health Benefits, FNHA	Joseph Mendez, Vice-President, Information Management & Information Technology, FNHA First Nations

STREAM 1 - Governance Strategy

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STREAM 3 - Sharing Wisdom

Thursday, October 24, 2013 (Morning Sessions)				
Time	8:30-9:10AM	9:20-10:00AM	10:15-10:55AM	11:05-11:45AM
Grouse (Capacity 100)	System Change to Promote Health – Through a Tobacco Lens with Geri Grigg, Quitnow	Traditional Health Planning and Implementation with Gitwangax First Nation	Sanala: To Be Whole with 'Namgis	
12:00-1:00	Lunch – Regency Hallway			
1:00- 2:30 pm	Family Feud Health Literacy Version	Dr. Evan Adams - Regency Plenary		
2:30- 3:30 pm	Beefy Chiefs and Champions			
4:00 pm	Adjourn			
Daily Events and Activities				
6:30 am- 7:30 am	Fit Nation	Cavendish Room, 4th floor		
6:30 am- 7:30 am	Fitness Classes	Cypress & Stanley		
8:30 am- 4:30 pm	Tradeshow	Plaza Ballroom & Georgia AB		
8:30 am- 4:30 pm	Gathering Wisdom Conference Evaluation	Outside Plaza Ballroom on 2nd level		
8:30 am- 1:00 pm	Health Screening	Plaza A		

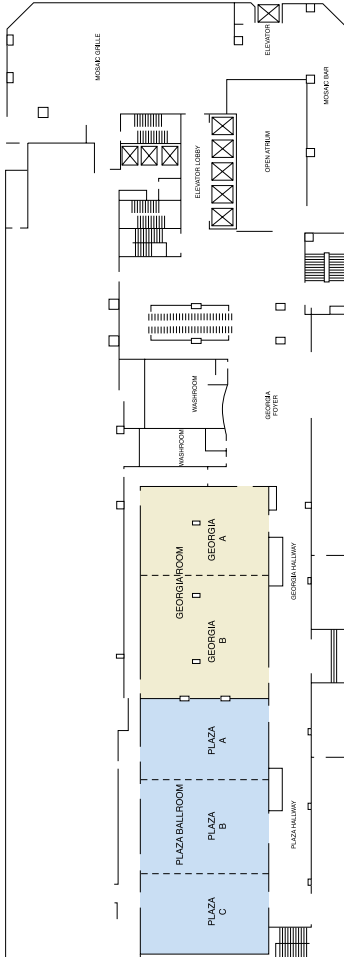
Wednesday, October 23, 2013

Time	Activity	Details
8:30-9:10 am		
9:20-10:00 am		
10:15-11:00 am		
11:15-12:00 pm		
1:00-1:40 pm		
1:50-2:30 pm		
2:45-3:25 pm		
3:35-4:15 pm		

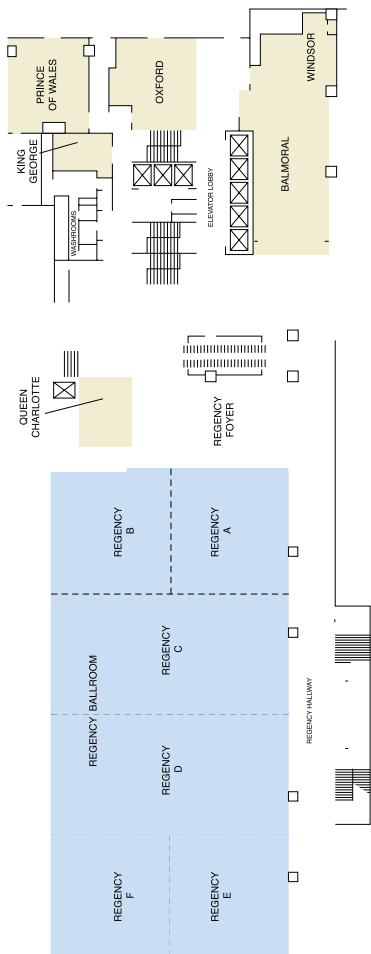
Plan Your Own Agenda

Thursday, October 24, 2013		
Time	Activity	Details
8:30-9:10 am		
9:20-10:00 am		
10:15-11:00 am		
11:15-12:00 pm		
1:00-1:40 pm		
1:50-2:30 pm		
2:45-3:25 pm		
3:35-4:15 pm		

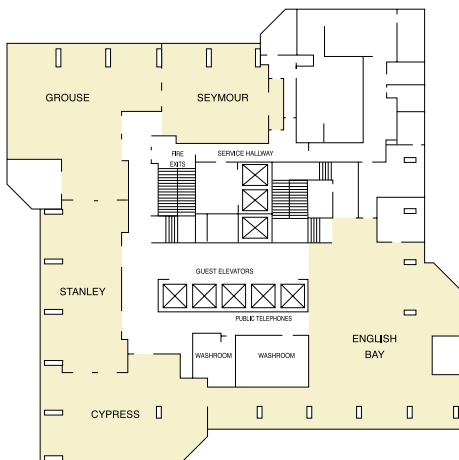
PLAZA LEVEL (SECOND FLOOR)



CONVENTION LEVEL (THIRD FLOOR)



PERSPECTIVES LEVEL (34th FLOOR)





October 22nd, 2013

4:00- 8:00 PM

34th floor,

Hyatt Regency Hotel

Health and Wellness Fair

**Please join us for our interactive Health and Wellness Fair –
Food, Fun, and Bold ideas for First Nations Health!**

The FNHA Health Trade Show and Health Fair is an interactive and informative event open to all attendees. The theme of the Trade Show and Health Fair is mental wellness and self-care – it will be a catered event featuring entertaining and informative activities.

Speakers corner featuring presentations by:

Inez Jasper

Andrea Amos Stoney

Aaron Nelson-Moody

Also featuring!:

•Health Screening

•Urban Poling

•Fit Nation

•Photo Booth

•Professional Chair Massage

•Caricaturist

•Wii Video Gaming Station

My Health and Wellness Screening Booklet



Walking the Inner Circle

Complete your Health and Wellness Screening Booklet!

View details in your registration kit.

Windsor Room - 3rd Level



Video Screenings

Videos on health, wellness and more!

- 9:00 am - 10:00 am **Hul'qumi'num Health**
- 10:00 am - 11:30 am **Maternal Child Health**
- 11:30 am - 11:45 am **Mental Wellness**
- 11:45 am - 12:00 pm **Inspiration Award Winner: 2013
FNHA Video Contest:
The Real Housewives of Sliammon**
- 12:00 pm - 12:45 pm **Lunch break**
- 12:45 pm - 2:00 pm **HIV/AIDS**
- 2:00 pm - 4:00 pm **Smoke Signals**

Featuring Evan Adams & Elder Leonard George

| **October 23rd | 9:00AM - 4:00 PM |**

Silver sponsors



BC Responsible & Problem Gambling Program



CARRIER SEKANI
FAMILY SERVICES



FACULTY OF MEDICINE
eHealth Strategy Office



NATIONAL COLLABORATING CENTRE
FOR ABORIGINAL HEALTH
CENTRE DE COLLABORATION NATIONALE
DE LA SANTE AUTOCHTONE



Rural Coordination Centre of BC
Enhancing rural health through education and advocacy
Setting community needs and policy development with the BC



Message Therapists' Association
of British Columbia

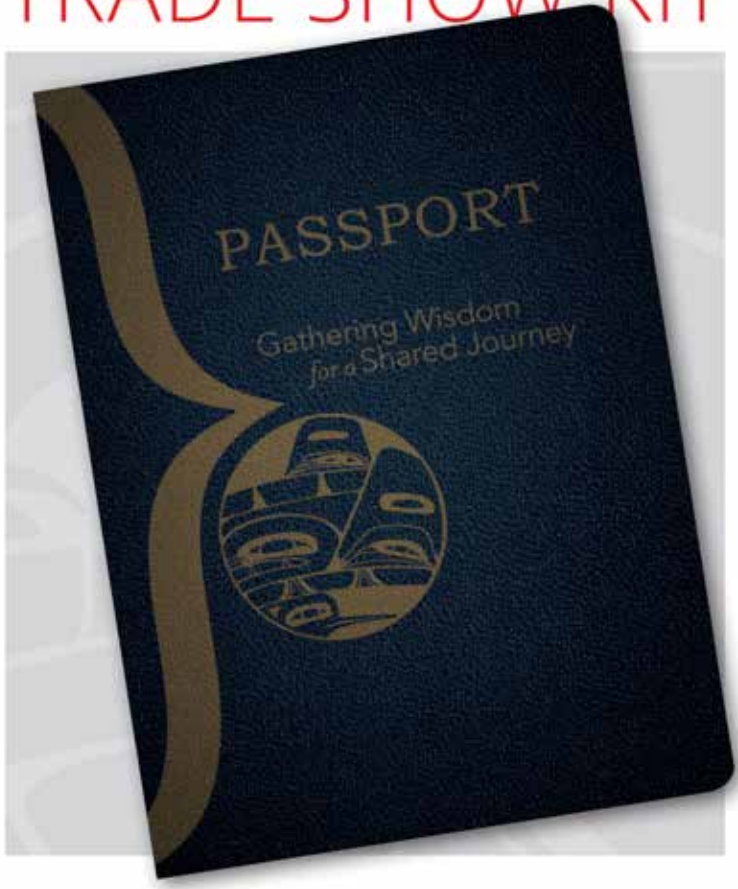


Artisan

Casper Creations
Alpaca & Natural Fibres Crafts
Creations by Aboriginal Nations
Creations by Flo
House of Ravens
Infinity Studio Designs
Mike Wilson
Threads of Heritage
Craig Stephens

Alpaca & Natural Fibres Crafts
House of Ravens
Infinity Studio Designs
Mike Wilson
Marge Robinson
Salmon Berry
Spirit Dancer
Stewart Creations
Donna Cranmer

TRADE SHOW KIT



Fill out your Gathering Wisdom passport in your trade show kit!

Leonard George

Leonard George is the youngest son of the late Chief Dan and Amy George, and has four sisters and one brother. He has been married to his loving wife Susan for over thirty years, and is proud to have four sons, three daughters-in-law and five grandchildren.

Leonard was born and raised in North Vancouver and is a proud member of the Tsleil-Waututh Nation, Children of Takaya (children of the wolf clan) the Original People of the Burrard Inlet. He is a traditionalist, spiritual leader and economic development visionary. An actor by training, his screen credits include *Man of the House*, *White Fang*, *Inbreaker*, *Little Big Man*, *Shadow of the Hawk*, *Smith and Dan Candy's Law*, *Kevin of the North*, *Stick Up* and *Skins*.

Leonard is an Elder Advisor for the First Nations Health Authority. He is a man of humor, his laughter tempered always by reality and the ironic bent of the Native American worldview.



First Nations Health Council

The 15-member FNHC is the governance and advocacy arm of the BC First Nations health governance structure. Appointed directly by First Nations in Regional Caucuses, the FNHC provides strategic leadership and oversight to the implementation of the health plans and agreements, upholds the health partnership with federal and provincial governments, and reports to and takes guidance from BC First Nations.

The members of the First Nations Health Council are:

Fraser

Grand Chief Doug Kelly (Chair)
Willie Charlie
Chief Maureen Chapman

Interior

Chief Bernie Elkins
Gwen Phillips
Ko'waintco Michel

North

Warner Adam (Deputy Chair)
Tammy Watson
Charles Morven

Vancouver Coastal

Ernest Arman
Leah George-Wilson
Vacancy (Central Coast)

Vancouver Island

Cliff Atleo
Chief Michael Harry
Nick Chowdhury

Governance Strategy Stream Descriptions

Reciprocal Accountability Charter

Presented by the First Nations Health Council and facilitated by Harold Tarbell

10:15 am to 12:00 pm October 23rd

BC First Nations have defined reciprocal accountability as a shared responsibility – amongst First Nations, and between First Nations and federal, provincial and regional partners – to achieve common goals. As BC First Nations enter a new stage in our health journey, we assume collective responsibility for the strength, sustainability and resiliency of our health system. To prepare us for this new stage, BC First Nations have established the standards, stages, structures and systems for which we now hold collective and individual responsibility. Consistent with this work to date, a Reciprocal Accountability Charter will further describe the way in which BC First Nations work together, accountable to one another, to support the success of our health system.

Built on the direction provided by BC First Nations through this year's Guidebook, the Reciprocal Accountability Charter is an evergreen document that reaffirms our commitment to continue our collective journey and further define a working relationship amongst First Nations. The draft Charter includes a clear description of our roles and responsibilities as both leaders contributing to health governance and clients in the health care system, how different components of the health system work as one, how we enact reciprocal accountability in our work, and how our commitment to reciprocal accountability is anchored through engagement.

This 90 minute session facilitated by Harold Tarbell will be an interactive and strategic-level dialogue amongst First Nations on the draft Reciprocal Accountability Charter.

Social Determinants of Health

Presented by the First Nations Health Council and facilitated by Harold Tarbell

1:00 pm to 2:30 pm October 23rd

BC First Nations have been clear that the transformation of health services for First Nation people and communities must embody our philosophies of holistic health and wellness. Improving First Nations health outcomes can only be addressed with strategies that consider the broader social determinants of health – the social, cultural and physical environments that influence those health outcomes.

BC First Nations have mandated the First Nations Health Council to build partnerships to achieve progress in the social determinants of health. While our tripartite partnership has created new opportunities for health advocacy, addressing the broader social determinants of health is beyond the ability of one organization to achieve alone. Addressing such a broad range of social areas requires cooperation, collaboration, and coordination of our political and technical strengths toward common goals. As with all of the work of the FNHC, it must be done in a manner that respects the 7 Directives.

This 90 minute session facilitated by Harold Tarbell will be an open dialogue among First Nations leadership to chart a course to address the social determinants of health through our work regionally and provincially.

Data Governance Panel Presentation

8:30 am to 10:00 am - October 23rd

Gwen Phillips (Ktunaxa Nation and FNHC), Sheilagh Murphy (Director General, AANDC, Social Policy and Programs Branch) and Peter Cunningham, Assistant Deputy Minister, MARR)

BC First Nations manage multiple agreements with numerous federal and provincial departments and agencies. These resources are often program-driven where government acts as funder and auditor. First Nation governments often have limited capacity to plan for the effective and strategic use of available resources, and we do not have the ability to measure outcomes that are meaningful to us.

Our tripartite health plans and agreements shape an agenda for governance and health systems transformation. They also set out an agenda for Data Governance. Data and information helps tell a story about our communities, nations and regions, and can guide decision-makers on how they can invest in community wellness, and sustainable social, environmental and economic action.

Gwen Phillips (Ktunaxa Nation and First Nations Health Council Representative), has provided leadership in advancing data governance with provincial and federal partners, including Aboriginal Affairs and Northern Development Canada (AANDC) and the Ministry of Aboriginal Relations and Reconciliation (MARR). A BC First Nations' Data Governance Initiative will build upon community-driven approaches, and advance the ability of First Nations, federal and provincial governments to have timely access to quality data and information so that all can plan and account for investments in First Nations well-being.

Join Gwen Phillips, Sheilagh Murphy (Director General, AANDC, Social Policy and Programs Branch) and Peter Cunningham, Assistant Deputy Minister, MARR) for a 90 minute panel discussion on the alignment of data and information initiatives across government departments and jurisdictions.

Gwen Phillips
Ktunaxa Nation, First Nations
Health Council

Gwen is a citizen of the Ktunaxa Nations and has worked for her Nation for the past twenty-seven years, primarily within the Social Sector, serving as both Director of Education and Director of Health. Gwen has extensive experience in relationship building and has both developed and instructed First Nations Studies courses at the College of the Rockies.



She worked with the College of the Rockies to establish the Nation Rebuilding: Planning for Indigenous Governance program. It is a distance education program designed to help First Nations build capacity to undertake for themselves, the planning and development required to successfully transition to self-government.

In her current role as Director of Corporate Services and Governance Transition, Gwen is responsible for guiding the Ktunaxa Nation's transition to self-governance, based on their traditional values and principles.

Gwen's formal training is in Business Administration development and she operates her own small business, as a community planner, facilitator/trainer, artist and curriculum developer.

What We Have Heard and Next Steps

Presented by the First Nations Health Council and facilitated by Harold Tarbell

9:20 am to 11:45 am - October 24th

The Governance Strategy Stream will conclude with a summary of the strategic guidance provided by BC First Nations leadership on the course for our transformative work ahead.

Beefy Chiefs and Champions Initiative

Presented by Dr. Evan Adams and contest winners

In early 2013, the First Nations Health Council issued a challenge to BC First Nations leaders – to become health and wellness role models to their communities and to work toward personal health and wellness goals. The challenge has now concluded and the measurements are in. This inaugural initiative proved to be a competitive challenge embraced, promoted and championed by many of our Chiefs and leaders, health leads and community members. The stories of commitment, perseverance and success are truly inspiring.

The winners of Beefy Chiefs and Champions will be announced at the conclusion of the forum. Join us for an entertaining event where we will award \$40,000 in community prizes!

Join us for our evening reception



Co-hosted by Softlanding, Telus and Cisco

Join our platinum sponsors for an evening of appetizers and networking

October 23rd 6:15-7:30 PM

Grouse Room (34th floor)

RSVP at the FNHA booth in the tradeshow.



The Past, Present and Future of the First Nations Health Authority

Joe Gallagher, Chief Executive Officer, FNHA

1:15 pm - 4:00 pm October 22nd

The transfer of the First Nations and Inuit Health Branch – BC Region to the FNHA signals a new stage of the work; the functions of the FNHA Members, FNHA Board of Directors and the FNHA as an organization continue to evolve. In this presentation Mr. Gallagher will highlight key activities and achievements in this transitional period and introduce the FNHA team carrying out our collective work.



This keynote presentation highlights our continued relationship with provincial and federal partners and emerging partnership opportunities with health service organizations to address important health issues and support health promotion and disease prevention.

Joe Gallagher is of Sliammon First Nation ancestry. In his role as CEO, Joe provides strategic executive leadership to the FNHA in its implementation of tripartite and bilateral health plans and agreements, the design, delivery, and management of health services to BC First Nations, and the development of partnerships at a senior executive level with the federal and provincial governments, provincial health authorities, health professional associations and agencies. Joe holds a degree from the University of Victoria and throughout his career as Principal of a consulting firm and in roles with federal and provincial governments, has worked with all levels of government, First Nations communities and organizations. Throughout his career, Joe has worked with all levels of government, First Nations communities and organizations (in both rural and urban settings).

Developing a Regional Approach:

Richard Jock Vice-President, Policy, Planning & Strategic Services, FNHA

1:00 pm - 1:40 pm October 23rd,
10:15 am - 10:55 am October 24th

First Nations decision-making and enhanced partner collaboration are critical to the work that is underway to support a regional planning focus. A significant development toward increasing First Nations decision-making and enhancing partner collaboration is the establishment of regional partnership accords, planning cycles and a regional enveloping process. Join Richard Jock for a discussion of how the FNHA is reorganizing to best support regional processes. Learn about the shift to regional implementation of the Health Actions and system transformation agenda and how the FNHA is re-aligning resources to enhance regional decision-making.



Richard Jock is the Vice President of Policy, Planning and Strategic Services. He is a member of the Mohawks of Akwesasne and most recently, held the post of Chief Executive Officer of the Assembly of First Nations (AFN). He has worked for the past 25 years for First Nations organizations and the federal government, including numerous positions in the health field. As VP of Policy, Planning and Strategic Services, Richard provides leadership in the areas of Health Actions, Strategic Community Initiatives, Business Development, Health Policy, Communications and Engagement, and Quality Assurance.

First Nations Health Benefits : What's new? What's next?:

John Mah, Vice President, Health Benefits

11:15 am - 11:05 am October 23rd

10:15 am- 10:55 am October 24th

How can the Non-Insured Health Benefits program be more responsive to the needs of First Nations communities? This workshop discusses the planning forecast for NIHB over the next two years, and explores how the system can improve yet also be sustainable in the years to come. A Health Benefits Improvements Working Group has been established, and a process of community engagement is well underway. Come out to learn more about what is in store for the present and future of the First Nations Health Benefits program and a roadmap to transform the Non-Insured Health Benefits program to become a more effective and innovative First Nations Health Benefits program.



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John Mah is the Vice-President of First Nations Health Benefits at the FNHA. A former federal public servant with Health Canada, John has dedicated 16 years of his professional career to First Nations health. As VP of Health Benefits, Mr. Mah will lead the transfer of the Non-Insured Health Benefits program to the First Nations Health Authority. Areas of responsibility include: Pharmacy, Dental, Mental Health Benefits, Medical Transportation, Medical Supplies, Provincial Benefits Relationships, and the Health Advocate function. Importantly, John will also oversee the future transformation of NIHB to a First Nations benefit program. John is a dedicated husband and father of three children.

What's new in FNHA Health Services?

Yousuf Ali, Vice President, Health Services

9:20 am - 10:00 am October 23rd,

9:20 am - 10:00 am October 24th

On October 1, 2013, FNHA assumed responsibility for Health Canada health programs and services, including Health Promotion & Prevention, Health Surveillance, Environmental Public Health Services and Health Protection. Vice President, Health Services, Yousuf Ali will share how things will be different under the FNHA, his experience working with Health Canada for over 30 years, his previous position as the Regional Director of FNIH BC Region, and the bright future ahead for the FNHA.



Yousuf Ali is the Vice-President of Health Services. He brings over 30 years of experience with Health Canada, most recently as the Regional Director of First Nations and Inuit Health in the BC Region. He has served as the Director of Health Transfer and Benefits First Nations and Inuit Health.

Yousuf values effective, open and productive relationships and sees the need for dialogue and of respectful relations; he is always available to meet with those he serves. He and his wife, a physician, have been married for 27 years, and they have three children. Yousuf takes a very active role in his community.

FNHA Finance and Corporate Systems

Tally Bains, CFO and Greg Shea, Vice President, Corporate Services

9:20 am - 10:00 am October 23rd

9:20 am- 10:00 am October 24th

Have you ever wondered what goes on in Corporate Services at the FNHA? This is an opportunity to dialogue with Greg Shea, the VP of Corporate Services at FNHA, and Tally Bains, the CFA of the FNHA on the key role of corporate and financial services in the transition and transformation process. Greg Shea will talk about transition and capital planning, novation of Contribution Agreements, risk management and emergency preparedness, funding and accountability management and other corporate functions to ensure business continuity, including employee travel system, insurance.

Tally Bains will provide an overview of the FNHA Finance Department and the role that the department plays in supporting the operational and fiscal management processes at FNHA, and in particular how directive #7 (operating at a high operational efficiency) is being put into action. There will be discussion on the financial reporting requirements for First Nations communities, how these requirements can be simplified and the ways in which the FNHA Finance department can support communities in their fiscal management responsibilities.

Tally Bains, Chief Financial Officer

Tally is a Certified General Accountant and has an MBA in Executive Management with a specialization in Leadership. Tally has over 21 years of experience working in senior financial management roles in various public sector organizations including health care organizations, crown agencies and education organizations. She has led various change management initiatives including the merger of eight organizations to create a finance function for the Provincial Health Services Authority and the creation of a finance and contracting department for Community Living British Columbia.



Greg Shea, Vice President, Corporate Services



Greg Shea has over 15 years of management experience in performance improvement. He has worked with private, not-for-profit and public sector organizations, and with all levels of Government. Greg participated in multiple projects during the establishment of the First Nations Health Authority and has led dozens of performance improvement initiatives with other health authorities and public agencies in British Columbia.

Prior to joining FNHA, Greg was an Incorporated Partner at Westmark Consulting LLP and a Director at PricewaterhouseCoopers LLP. Greg has a Bachelor of Science degree from the University of New Brunswick and Master of Business Administration degree from Simon Fraser University. Greg is of Mi'kmaq ancestry.

The FNHA as Technology Partner

Joseph Mendez
Vice-President, Information
Management & Information
Technology, FNHA

1:50 pm - 2:20 pm October 23
 11:05 am - 11:45 am October 24th

Data and information management is a foundational component of BC First Nations health governance and government. It is a tool for supporting informed and strategic decision making with regard to the delivery and transformation of health and wellness

programs and services for First Nations in British Columbia. FNHA CIO Joseph Mendez will provide an overview of the role and functions of Innovation and Information Management Services (IIMS) department as it relates to the FNHA Transfer, Transition and Transformation Agenda; and Implementing eHealth strategies and initiatives in partnership with First Nations. Learn more about FNHA plans to extend the latest technology and services to BC First Nations communities through eHealth and other related initiatives. Attend this session to learn more about establishing a foundational information management service structure for your health organization and some of the next cutting edge developments in the health technology sector.



Over the past 21 years Joseph Mendez has held a number of public and private senior executive health-related roles. Joseph served as the Vice President / CIO for IM/IT services with Northern Health. Joseph was seconded to the Provincial Health Services Authority to serve as the IM/IT Executive Lead. In this role, Joseph led the creation of the Health Shared Services BC – Information Technology Services. Joseph has Bachelor in Computer Science and a Masters of Health Administration.

The FNHA as Human Resources Partner

Elaine Wass

Vice-President, Human Resources, FNHA

8:30 am- 9:10 am October 23rd

8:30 am- 9:10 am October 24th

Over the past year the FNHA Human Resources Department was responsible for growing the organization from less than 100 staff to approximately 300 by October 1, 2013. This involved not only a complete re-design of the organizational structure but also of HR Policies, Procedures, Governance, Compensation, Benefits, Classification, Recruitment, Staffing, Reward and Recognition and Learning and Development. In addition, Human Resources Department has been tasked with a unique challenge in ensuring the FNHA is able to mesh a union and non-union environment.



The Human Resources and Organizational Development department not only supports FNHA staff to be their best but in the future will support all BC First Nations Health centres to achieve Human Resource excellence. In this session Elaine Wass will share how the FNHA HR team is preparing to support BC First Nations through the sharing of best practice, templates and tools.

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Elaine Wass is the Vice President of Human Resources and Organizational Development. Prior to joining the FNHA, Elaine held the position of Regional Director, Human Resources with Health Canada. She has 30 years of experience in Human Resources and for the past several years has been a major part of the tripartite process.

FNHA Board of Directors Meet and Greet

8:30 am - 9:10 am - October 23rd

8:30 am - 9:10 am - October 24th

The 7 member First Nations Health Authority (FNHA) Board of Directors is the corporate governance arm of the BC First Nations health governing structure. The Board of Directors provides leadership and oversight for the corporate activities of the FNHA. They are a diverse group with a wealth of experience in First Nations health, community development, financial management and political expertise at all levels of government. At this session you will meet the FNHA Board and learn more about their role within the First Nations Health Governance Structure.

Lydia Hwitsum

Lydia Hwitsum graduated with a Bachelor of Laws from the University of Victoria in 1997. She has a Certificate in the Administration of Aboriginal Government, a Diploma in Public Sector Management, and has training in Conflict Resolution. Lydia has held a number of prominent leadership positions, including Chief of Cowichan Tribes, Task Group member of the First Nations Summit, BC Region elected representative on the Assembly of First Nations National Women's Council, and former Chair of the First Nations Health Council. She also has served on a number of Boards, including at the International Centre for Human Rights and Democratic Development, the Land Title and Survey Authority, and the Tele'ethw Aboriginal Capital Corporation.



Pierre Leduc

Pierre's experience in the health care industry spans three continents and more than 37 years, with the last 14 years in British Columbia. For the past decade he has served on the board of Directors of Providence Health Care. He has over 25 years of senior management leadership experience in the health care industry and over 20 years of experience on public, private, and not-for-profit governance boards as well as extensive experience managing significant budgets.



Madeline Dion Stout

Ms. Dion Stout continues to be a leader in the health development of Aboriginal people. After graduating as a registered nurse in 1968, she returned to school to complete a Bachelor of Nursing with Distinction. She then completed her MA in International Affairs. Madeleine Kētēskwew Dion Stout received an honorary doctorate from the University of British Columbia. In 2008, the Canadian Nurses Association chose her for the Centennial Award that was given to 100 outstanding nurses. In 2010, she received the National Aboriginal Achievement Award in Health. Ms. Dion Stout was appointed by Prime Minister Jean Chretien as a member of the National Forum on Health. Recently, she was appointed Vice-Chair of the Mental Health Commission of Canada.



Jason Calla

Jason is a member of the Squamish Nation. He has extensive experience working with First Nations communities and organizations, which includes developing community plans, economic strategies and impact assessments, as well as serving as an advisor to First Nations governments and organizations in fiscal and tax management. His educational background includes a M.Sc. in Economics from the London School of Economics and Political Science and a Bachelor of Commerce (Urban Land Economics) from the University of British Columbia.

**Jim Morrison**

Jim Morrison has a wide range of skills and experience in organizational development and review, training, policy development, strategic planning, facilitation, and program evaluation. He has been a management consultant for twenty years, working mainly with BC First Nations organizations, and has previously held management and policy positions with the Department of Indian and Northern Affairs and other organizations. He has degrees from UBC (B.Ed) and SFU (MBA), and serves as an adjunct professor at SFU in resource and environmental management.



Dr. Liz Whynot

Dr. Liz Whynot is a medical doctor with experience as a family practitioner, public health officer and hospital administrator. She received her MD from Queen's University, and a Masters in Health Science from UBC. As a family practitioner, she worked in both community-based clinics and private practice and was co-founder of the Vancouver Sexual Assault Service. From 1990- 1998, she was the Medical Health Officer for Vancouver's Downtown Eastside. As the leader of BC Women's Hospital from 2000-2008, she was responsible for the development of strategies to improve women's health and Aboriginal health. She currently works as a locum physician at the Vancouver Native Health Clinic, and as a health consultant.



Partners in Health and Wellness with FNHA Medical Health Officers

Dr's Naomi Dove, Shannon Waters, Sarah Williams and Isaac Sobol.

10:15 am - 12:00 pm October 23rd

Join the FNHA Medical Health Officers to learn more about their continued roles and responsibilities in the areas of public health protection, health promotion and prevention, health surveillance and evaluation, and health services during this transitional period. The FNHA Medical Health Officers will share perspectives on being health resources for First Nation communities and emerging opportunities to address priority health issues such as mental health.

Dr. Naomi Dove

Director of Health Promotion and Prevention, FNHA

Dr. Naomi Dove is the Director of Health Promotion and Prevention at the First Nations Health Authority. Naomi is originally from rural northwestern Ontario, but has lived in BC since 1997. She attended medical school at the University of British Columbia, followed by two years of training in Psychiatry at McGill University. Naomi completed the remainder of her specialty training in Public Health and Preventive Medicine at UBC, where she maintained a strong interest in mental health and wellness promotion. Her portfolios at FNHA include early childhood development, chronic disease and injury prevention, and mental health and addictions.



Dr. Sarah Williams

Senior Advisor for Health Services, FNHA

Dr. Sarah Williams is a medical doctor and Anishnaabe (Ojibway) from Curve Lake First Nation, Ontario, and Trout Lake, which is her mother's homeland, located in northwestern Ontario.

She resides in Victoria, B.C. with her partner and his two daughters. Currently, Sarah is a Senior Advisor of Health Services with the First Nations Health Authority.

Sarah completed her family medicine residency training at UBC in the Aboriginal Residency Program. She attended Trent University and the University of Manitoba for her undergraduate studies, and received her medical degree from McMaster University.



Dr. Shannon Waters

Director of Health Surveillance, FNHA

Dr. Shannon Tania Waters is Coast Salish and a member of Stz'uminus First Nation on Vancouver Island. She completed the First Nations Family Practice Program at the University of British Columbia and was honoured to work as a family doctor close to her home in Duncan, BC.

After 2 years in family practice Shannon returned to school and completed her specialty training in Public Health and Preventive Medicine. She is now working as the Director of Health Surveillance at First Nations Health Authority.

Dr. Isaac Sobol
Director of Health Protection, FNHA

A graduate of Queen's University, Dr. Isaac Sobol began his career as a family physician at Ile-a-la-Crosse in Saskatchewan. He lived and worked for several years among the Nisga'a as a family physician and Medical Officer of Health. He completed a residency in Community Medicine and obtained a MHS degree at UBC. Dr. Sobol worked at the UBC Faculty of Medicine as Director of the Division of Aboriginal Peoples' Health and as Chief Medical Officer of Health for Nunavut from 2005 until 2011. Dr. Sobol served on the Advisory Board of the Institute of Aboriginal Health of CIHR for two terms, and he has been a member of the Advisory Board of the National Collaborating Centre since its inception. Currently, he is the Director of Health Protection, FNHA.



Occupational Health and Safety

Chuck Wilmink and Sandor Maradi, FNHA

9:20 am - 10:00 am October 23rd

There are an array of occupational health and safety protection measures that employers are responsible for in First Nations health facilities, including occupational health and safety protection requirements for staff, patients and visitors in First Nation health facilities and a variety of legal requirements that employers must meet in order to provide a safe and healthy work place. Participants will learn about the main responsibilities and legal requirements of employers relating to health and safety. This workshop will offer tips and advice on how to manage a successful program at your health facility to avoid potential risks that may arise.

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Chuck Wilmink is a Certified Information Systems Security Professional (CISSP), and holds an MBA from SFU and a Bachelor of science degree from UBC. In his prior role with Health Canada, Chuck implemented and provided oversight for the integrated security program with focus on Personnel and Information Security, Business Continuity Planning, Building Emergency Response, Health & Safety, Investigations, Policy Planning and Communications, Security Awareness and Training, IT Security and Physical Security & Operations. Chuck has worked with BC First Nations, including local health centre staff, to develop strong occupational health and safety program. He sits on the FNIA National Threat Risk Committee.

Sandor Maradi is a security professional with 28 years' experience in commercial –properties, retail, and event security management. Sandor has extensive experience in emergency management and graduated from the Justice Institute in 2007. Sandor was involved in designing and implementing the OHS program for his former employer and had overseen the Health and Safety program for approx. 14 years.

Chronic Disease Management

Rebecca Sovdi, FNHA

8:30 am - 9:10 am October 23rd

Have you heard that people with diabetes can't eat sweets or that 'bad diabetes' is the kind where you take insulin? Using symbolism, this workshop shares messages about enjoyment of life, wellness and balance for diabetes myths that cause harm. Whether you live with diabetes, support a loved one with diabetes, or provide care to community members living with diabetes, this workshop can help you manage diabetes in a way that is truly helpful to yourself and others.

Rebecca Sovdi is a Registered Dietitian and has worked in First Nations health for seven years. She completed a Bachelor's degree at the University of Saskatchewan and a Masters degree in Public Health at the University of Waterloo. She is passionate about promoting health through a wellness lens that helps others find balance and enjoyment in life. Rebecca grew up in a small town in southern Saskatchewan and now enjoys living as a visitor on traditional Coast Salish territory.

Influenza Pandemic Planning

Donna Lawrence, FNHA

1:00 pm - 1:40 pm October 23rd

Influenza is unpredictable and remains a disease that is full of surprises; therefore it is critical that all of us take steps to prepare for this reality so that we can all help reduce its impact in First Nations communities. This presentation will describe the pandemic planning services available to all BC First Nations communities. The audience will be introduced to resources and tools that help guide planning when preparing for and responding to an influenza pandemic.

Donna leads the planning, coordination and evaluation of the Pandemic and Communicable Disease Emergency Planning Program (PEPP), and supports communities with their pandemic plans by developing and implementing educational activities.

She represents FNHA on interdepartmental and intergovernmental committees dealing with PEPP. Donna has worked as a Registered Nurse for 40 years in private, non-profit and government healthcare agencies, with certification in infection control and as an Occupational Health Nurse. She has recently transferred to the FNHA from Health Canada and is excited about providing pandemic planning services for BC First Nations communities.

FNHA Health Careers**Cody Caruso**

2:45 pm - 3:25 pm October 23rd

Find out about the many and exciting careers in health, and the importance of First Nations health career promotion. Through personal stories, this workshop explores not just the opportunities that are available to all ages, but also the ways that we can support the next generation of Aboriginal health professionals. You will have a sneak peek at the new health careers guidebook, learn more about the many health career opportunities at the FNHA, and engage in a discussion about health career promotion.

Cody Caruso is from the Heiltsuk community of Bella Bella, British Columbia. He holds two names from this territory and maintains strong cultural connections with the land and the people who reside on it. Cody currently works as the Health Careers Coordinator at the First Nations Health Authority, and plays a lead role in helping to address the need for more Aboriginal health professionals across the province.

First Nations Telehealth Expansion Project

Andrea Battoc, Telehealth Advisor, FNHA

2:45 pm - 3:25 pm October 23rd

The First Nations Health Authority Telehealth Expansion Project team will provide an overview of an exciting telehealth project that is currently underway in BC. This presentation will feature a ‘real time’ Telehealth demonstration. Initiated by the FNHA, this project is designed to improve BC First Nations access to a variety of health and wellness services through the use of communication technologies. Telehealth offers an opportunity for patients and health care providers to access education at a distance. The team is currently engaging with First Nations Health Service Organizations from all regions of BC to understand how telehealth might address each community’s unique health and wellness priorities, especially the technical challenges that communities face.

FN TEP Team members:

- David Huh – Project Sponsor
- Adrienne Lewis – Clinical Lead
- Jeffrey Yu – Project Advisor
- Jean Allbeury – Project Tracking Coordinator
- Sean Taylor – Business Analyst
- Steven Raphael – eHealth Development Coordinator
- Cathryn Aune – eHealth Clinical Lead

Andrea Battcock is the Telehealth Advisor and Acting Project Manager for the team. She has a background in nursing and has been involved in eHealth since 1996. She has held Director positions with Ontario Telemedicine Network and the Telehealth Program in Newfoundland and Labrador. She has been a consultant for over 10 years and has experience in building telehealth programs, strategic planning, implementation and service delivery. Andrea has worked in First Nations and Aboriginal communities in Atlantic Canada, Ontario, NWT, Alberta and BC.

First Nations Health Services



MNP recognizes that the Aboriginal communities in Canada have a unique history, culture and perspective. We have developed a team of specialists with an understanding and knowledge of Aboriginal issues and concerns. Our firm currently has a working relationship with over 400 First Nations, Tribal Councils, Métis communities and other First Nations and Aboriginal clients across Canada. Our consulting team has worked on a variety of health related projects, from the **development of strategic plans to community health program evaluations to diverse training engagements**. Additionally, **through MNP's past work for the FNHA and other First Nations health organizations, we have gained an in depth understanding of the First Nations health system within BC and across Canada.**

For more information on how MNP can assist you and your community or organization, please contact:

Mike Bonshor, Leader BC Aboriginal Consulting at

mike.bonshor@mnp.ca or

Tel: 778.374.2128

1.877.688.8408



handled with care

midwives care for you and your baby

- Midwifery care is covered by your BC Care Card
- Midwives provide pregnancy, birth and postpartum care
- Midwives can attend both home and hospital births
- No referral is required



Midwives Association
of British Columbia

www.bcmidwives.com

Bringing Birth Closer to Home: Midwifery in Aboriginal Communities

Lauren Redman, Sharyne Fraser & Marijke de Zwager

10:15 am - 11:00 am - October 23rd

Midwifery has been a key component in a healthy birthing process for centuries and continues to be a much needed practice that women can benefit from throughout childbirth. This presentation will discuss incorporating midwifery into maternal and child health teams in urban and rural settings. The presenters will give an overview of current midwifery practices in BC and provide examples of community initiated Aboriginal practices in other parts of Canada.

Lauren Redman

Lauren Redman is a student Midwife of Metis descent. Before entering UBC's midwifery program, she completed a Bachelor's degree at UBC in Women's and Gender Studies, with a focus on midwifery, women's health and Aboriginal health. She has worked at both at the Institute for Aboriginal Health and Aboriginal Student Affairs at UBC.

Sharyne Fraser

Sharyne Fraser, RM is Metis from Northern Alberta. Her deep connection to birth is rooted in her rural upbringing, where her great granny had the distinction of being a community midwife. Her work spans Alberta, British Columbia and Nunavut. She spent the last several years in the Arctic as a faculty member of the Nunavut Arctic College, and a clinical midwife in the new birthing center at Cambridge Bay.

Marijke de Zwager

Marijke de Zwager, RM is a first generation Canadian of Dutch/ Irish/Scottish descent. She came to midwifery from a community development and social justice background. She serves a diverse population of families in East Vancouver/Burnaby. She also co-chairs the Midwives Association Aboriginal Committee (MAAC), which strives to increase access to midwifery care for Aboriginal families in BC and support Aboriginal women pursuing midwifery as a career.

UBC Centre for Excellence in Indigenous Health Dr. Nadine Caron

1:50 pm - 2:20 pm October 23rd

This workshop is a chance to hear about the exciting work going on at the UBC Centre for Excellent in Indigenous Health (Centre). The Centre is an important initiative that health providers and leaders alike can benefit from. It provides a central coordinating point for Indigenous health initiatives within UBC and a contact for community organizations external to UBC. Dedicated to advancing Indigenous people's health through innovative thinking, research, and education, the Centre is committed to working with Aboriginal leadership to improve wellness, health care, and patient outcomes. Building upon current strengths, and recognizing that the most effective thinking comes from working together, the Centre is about promoting the engagement of post-secondary institutions, communities, and practicing professionals.



Dr. Caron was born and raised in Kamloops BC. Following her graduation from medical school, she moved to San Francisco to complete her postgraduate fellowship training in Endocrine Surgical Oncology at the University of California, San Francisco. However, Dr Caron's love for British Columbia brought her home and since January 2005, she has been working as a General and Endocrine Surgeon at Prince George Regional Hospital as well as a tenure-track faculty member in UBC's Faculty of Medicine, Department of Surgery and teaching in the Northern Medical Program.

Two-Spirited People and their Health

Dr. Evan Adams

Deputy Provincial Health Officer

1:00 pm - 1:40 pm October 23rd

The traditional role of two-spirited people is well-documented and has been passed down from generation to generation. Historically, two-spirited people were often the visionaries, the medicine people, the nannies of orphans, warriors and caregivers, and were often called upon to be healers, mediators, and interpreters of dreams. With the advent of colonization, the role of two-spirited people was disrupted and today many two-spirited people face isolation, stigma and bullying at



home and at work, and some the added burdens of addictions, HIV and challenges in access to care. These issues have contributed to unique health concerns that must be dissected and addressed.

Join Dr. Evan Adams for a 90-minute presentation and discussion on Two-Spirited people & their health.

Evan Tesla II Adams of the Sliammon Nation. Dr. Adams completed his MD at the University of Calgary, and was appointed the Director of the Division of Aboriginal People's Health, UBC Faculty of Medicine, and the Aboriginal Health Physician Advisor, Office of the Provincial Health Officer, Ministry of Health.

Dr. Adams was recently appointed Deputy Provincial Health Officer and provides independent direction on First Nations and Aboriginal health issues to the Ministry of Health. Dr. Adams's new role reflects a strengthening of the partnership between the Province of B.C. and B.C. First Nations.

Integration of Traditional Healing with the Medical System

Dr. Ted Mala

2:45 pm - 4:15 pm October 23rd

Dr. Ted Mala received his MD from the Autonomous University of Guadalajara in 1976 and an MPH from Harvard University in 1980. In 1990, he became the first Alaska Native male physician as well as first Native Commissioner of Health and Social Services. In 2001, Dr. Mala was elected president of the Association of American Indian Physicians and, in 2008, he was honored as “Indian Physician of the Year.” He currently serves as Southcentral Foundation’s director of traditional healing and tribal relations, as well as an advisor on Alaska Native and American Indian issues among the National Institutes of Health.



As an Inupiat Eskimo enrolled in the Village of Buckland as well as the Northwest Arctic Native Association (NANA) in Kotzebue, he integrates his indigenous values with his Russian heritage to assist other Native people in “walking in two worlds with one spirit”. He lectures on circumpolar medicine as well as the role of indigenous people in health research. His father was Ray Mala, the first Alaska Native or American Indian film star whose credits included the Oscar winning film “Eskimo” (1932). He has two children and is married to Dr. Marjorie Mala Mau who is a Native Hawaiian from Honolulu.

Top 20 Negative Stereotypes impacting Aboriginal Health Care

Leslie Varley & Cheryl Ward

8:30 am - 9:10 am October 23rd

Do you know the top 20 negative stereotypes of indigenous peoples that lead to culturally unsafe, denied or delayed services in health care? What are they, and how can you respond? This workshop describes the common stereotypes and information that create barriers to accessing health service; these are important to understand when developing strategies to transform health services. The PHSA Indigenous Cultural Competency Training Program has trained over 12,000 health care workers, justice, education, and social workers. Our learning's from this program are significant. We believe an understanding of these dominant negative stereotypes is a foundational step toward developing cultural safety within organizations.

Leslie Varley

Leslie Varley is Nisga'a from British Columbia. She is the Director for Aboriginal Health for Provincial Health Services Authority. Leslie and her team have led the development of the PHSA Indigenous Cultural Competency Training with a target of training 100,000 health care workers in British Columbia. Through her leadership, the PHSA has developed tools and resources that have been tremendously helpful in breaking down the barriers that prevent indigenous peoples from accessing health services.

Cheryl Ward

Cheryl Ward is Kwakwaka'wakw from northern Vancouver Island. She and her family have been living as guests on the traditional territory of the Snuneymuxw people for the past twelve years. An experienced instructor, curriculum writer and e-learning developer, Cheryl is committed to social justice education, de-colonizing anti-racism training, and cultural competency. Over the last fifteen years, she has worked on several projects related to Indigenous cultural competency.

Aboriginal Employment Program with Vancouver Island Health Authority

Steve Sxwithul'twx

8:30 am - 9:10 am October 23rd

VIHA (Island Health) is a leader in BC and across Canada in Aboriginal employment. VIHA has been very successful in building relations with First Nations on Vancouver Island through the development of a strategic approach to Aboriginal employment. The five pillar foundation that it has adopted, has helped to significantly increase Aboriginal participation in the workforce since its inception in 2010. This PowerPoint presentation highlights how this foundation was developed and is now being shared with other Health Authorities.

Steve Sxwithul'twx

Steve Sxwithul'twx is from the Penelakut Tribe located on Vancouver Island BC. In 2010, Steve joined Island Health (formerly VIHA) as an Aboriginal Employment Advisor and is now the Aboriginal Employment Program Coordinator, where he promotes health careers to aboriginal youth across Vancouver Island, actively recruits practicing Aboriginal healthcare professionals, and undertakes initiatives to support VIHA Aboriginal employees.

AIDS & HIV Harm Reduction Youth Panel**Christina Tom, Jeremy Jones, Matthew Louie & Jessica St. Jean.****Moderated by Tammy Watson**

8:30 am - 10:00 am October 23rd

In BC, aboriginal people are disproportionately impacted by HIV/AIDS. They are less likely to access HIV testing, and when they do, they are often diagnosed at a more advanced stage of illness than non-aboriginal people with HIV. They are infected at an earlier age and die younger.

Sharing their own experiences, youth panel members will discuss how stigma about HIV/AIDS and a lack of understanding about harm reduction create significant barriers to preventing HIV and Hepatitis C. Panel members will provide proactive suggestions as to how health and social service providers, families and communities can work with their youth.

Tammy Watson

An elected member of the Saulteau Nation Council, Tammy Watson joins the First Nations Health Council representing the north-east portion of the Northern Region (Treaty 8 Nations). Ms. Watson has worked on numerous boards and committees in the region and has a good understanding of the issues and concerns the communities are facing. Among these are the Northern BC First Nations HIV/AIDS Coalition, the Medical Services Working Group and the Aboriginal Health Improvement Committee. She has a background in health and has enjoyed working with community, staff and leaders from Treaty 8 communities over the past 15 years.

Jessica St. Jean

Jessica St. Jean is the manager of Yúusnewas, YouthCO's Indigenous led peer-education program. She is passionate about sharing non-judgmental knowledge with other youth about HIV and sexual health so that they can make informed decisions about their well-being.

Matthew Louie

Kwut hwum qun tuni tsun utl' Xwul'qw'se'lu. Kwut hwum qun is from Xwul'qw'se'lu. Matthew Louie from Cowichan Tribes is the son of Renee Louie and Doug August Sr. His grandparents are Evelyn & late Rennie Louie and Dorothy & Cicero August. He is a life long student of his language Hul'q'umi'num.

Matthew works as the Coordinator for Kw'am Kw'um S'uli Program at the Hiiye'yu Lelum - House of Friendship in Cowichan. He also volunteers with Red Road HIV/AIDS Network Board of Directors. In his education career, he is working towards a Diploma in Human Resources Management and studies part-time at BCIT. In his spare time, he enjoys reading about current events, travelling and hiking.

Christina Tom

Christina Tom comes from the Cariboo Clan of the Lake Babine Nation. A young mother of six, Christina has HIV. She has been clean and sober for three years. Committed to "helping young adults to not end up where I have been", Christina works as a peer support worker with Positive Living North; she is the BC representative and secretary to the National Aboriginal Youth Council on HIV/AIDS (NAYCHA); has been trained as a peer researcher with Canadian HIV Women's Sexual and Reproductive Health Cohort Study (CHIWOS) and sits as a youth representative on the Northern BC First Nations HIV/AIDS Coalition. "I am proud to participate for the future of my children and my people."

Jeremy Jones

Jeremy Jones is from Nanoose First Nations, in the Coast Salish territory. He is the former BC representative and vice chair of the national aboriginal youth Council on HIV and AIDS, additionally he has been active in the HIV and AIDS movement for many years working with such organizations as youth Co and AIDS Vancouver Island.

Collaborative Partnerships to Improve Access to Culturally Appropriate Primary Health Care in the Fraser Region

Leslie Bonshor & Kelowa Edel

9:20 am - 10:00 am October 23rd

Ensuring that First Nations drive future developments in primary health care is a critical must in designing and delivering services that are culturally relevant, culturally safe and accessible. This presentation will begin by describing current partnerships between Fraser Health and the Fraser region First Nations communities and how these partnerships improve access to culturally appropriate primary health care, including Nurse Practitioner services, outreach health services, weekly clinics, and primary health care research. There will be discussion on the many opportunities available to develop new partnerships geared toward addressing primary health care needs.

Kelowa Edel

Kelowa Edel is from Sagkeeng First Nation in Manitoba and has been working with Sto:lo Nation for 20 years. Kelowa provides front line worker training in a variety of BC communities, and facilitates social worker training for the Caring for First Nations Children Society. She is VP of the Mamele'awt Qweesome Housing Society Board, and is currently completing her BA in Psychology.

As Community Engagement Hub Coordinator, Kelowa works with communities in the Fraser region. She has collaborated on many projects in the region, including projects pertaining to youth suicide, emergency preparedness planning, grief & loss facilitator training, and primary health care research.

Indigenous Cultural Competency Training with Provincial Health Services Authority

Rain Daniels & Chelsey Branch

9:20 am - 10:00 am October 23rd

This workshop is about transforming the health care system through cultural competency training – a key factor in improving health outcomes. This session will provide an overview of the Indigenous Cultural Competency Training Program. The ICC Program comes from the 2005 Transformative Change Accord First Nations Health Plan Action item #19, which highlights the critical need for cultural competency training. In this workshop, there will be an opportunity to learn about the history and development of the program, and to hear personal experiences, challenges and shared learnings regarding the ICC training.

Rain Daniels

Rain is Anishinaabe, a member of the Saugeen Nation, and resides on Coast Salish territory in Vancouver. She has worked with both Indigenous and non-Indigenous people and communities for the last 23 years. Her work includes front-line support, community development, facilitation, training, and teaching. Her main focus is on relationship building between Indigenous and non-Indigenous people through a decolonizing anti-racism framework. Rain is also a facilitator in SFU's Certificate in Dialogue and Civic Engagement Program.

Chelsey Branch

Chelsey is of British and Irish ancestry and is currently a guest on Coast Salish territory in Vancouver, BC. She has worked as an educator and researcher in a variety of contexts, including working with Indigenous women's groups in South America. She is a facilitator in the PHSA Indigenous Cultural Competency training program and is passionate about facilitating conversations related to health equity and social justice. Chelsey believes that Indigenous cultural competency has a critical role to play in addressing the health inequities in Canada.

Nike Partnership (N7)

Facilitated by Rick Brant, Director of Aboriginal Sport, Recreation and Physical Activity Partners Council

1:00 pm – 2:30 pm October 23rd

8:30 am – 10:00 am October 24th

In 2007, Nike established its Native American division, with the Nike design team collaborating with various community experts and tribal leaders to create footwear specifically for the Native American community to support health promotion and disease prevention. The N7 Fund is a commitment to bring sports and its benefits to Native American and First Nation communities in the United States and Canada. Join representatives of Nike to learn more about the N7 Fund and partnership opportunities locally and provincially.

BC Cancer Agency

Dr. Evan Adams, Dr. Nadine Caron & BC Cancer Agency

8:30 am – 10:00 am October 23rd

Cancer is a common disease that affects First Nation individuals, families and communities. Despite the prevalence of cancer, there is limited information about the types and trends of cancer affecting First Nations people. Join Dr. Evan Adams, Dr. Nadine Caron and representatives from the BC Cancer Agency for an interactive and informative conversation about cancer – learn interesting facts and figures about cancer prevalence, treatment and prevention.

Maternal, Child and Family Health

11:15 am – 12:00 pm October 23rd

The Transformative Change Accord First Nations Health Plan established a commitment of First Nations and federal and provincial partners to improve the geographic and equitable access to all relevant support services for maternal and child health. Since that time, the Tripartite Partners have undertaken work to ensure services are culturally responsive and safe for First Nations consumers and to focus on prevention and public health while improving early intervention, treatment, referral and follow up services. Join representatives of the FNHA to learn more about tools, resources and processes supporting key action areas for improving maternal, child and family health.

Urban Poling

Mandy Shintani

11:15 am – 12:00 pm October 23rd

Come to the demonstration and find out why Urban Poling is fun, easy to learn and inexpensive for people of all ages and fitness levels. Perfect for rural areas where there are limited fitness facilities, this sport can be done year round. For older adults and those with chronic conditions, Urban Poling has developed the Activator pole. Also, learn about using Urban Poling for weight management and diabetes. The next Urban Pole will feature art designed by a young aboriginal artist which will be announced in the spirit pole contest.

Mandy Shintani

Mandy Shintani has been an occupational therapist for 25 years and five of those years were spent working at the Squamish Nation in home care. While there, Mandy discovered walking poles have tremendous benefits and based on over 60 studies at that time, she learned that it is possible to burn 20% more calories this way compared to walking and that poling leads to exertion of 90% of the muscles in one's body. The benefits of Urban Poling include improved mood, posture and a reduction in the impact of pain in the hip and knee joints.

Anishnawbe Health Toronto**Joe Hester, Executive Director, Anishnawbe Health Toronto**

10:15 am - 12:00 pm October 23rd

Joseph Hester has had extensive experience in working with Aboriginal organizations for more than 20 years. Joe started his career with Anishnawbe Health in 1993 as Director of Programs and Services, and a few short years later became Executive Director for Anishnawbe Health Toronto. In all, he has been with Anishnawbe Health Toronto for 20 years and has contributed to the Anishnawbe Health Toronto's mission to improve the health and well being of Aboriginal People in spirit, mind, emotion and body by providing traditional healing within a multi-disciplinary health care model.



Best Practice and Cultural Relevance in HIV and Hepatitis C:

Emma Palmantier, Colette Plasway & Bonnie Cahoose

10:15 pm - 11:00 pm October 23rd

The Northern BC First Nations HIV/AIDS Coalition is made up of: Aboriginal community leaders, Elders and Youth, Aboriginal people who are living with HIV/AIDS, and representatives from various agencies and organizations, including Federal, Provincial, Regional and local government agencies, RCMP, and health professionals. The workshop showcases a plan that the Coalition developed to promote relationship building, training and education and youth, elders and culture.

Emma Palmantier

Emma Palmantier is the main negotiator and manager of the Coalition and has been the Coalition Chair for over seven years. She is of Carrier ancestry from the Black Bear clan, and is a descendant of Mary (Black Bear clan) and Matthew Michell (Hereditary Chief Bilh dee dee ayh, Beaver Clan). She sits on various Provincial and Regional HIV/AIDS committees, including STOP HIV/AIDS Leadership Provincial Working Group, the NH Blood Borne Pathogens Working Group and nationally as Vice Chair for the Canadian Aboriginal AIDS Network (CAAN).

Colette Plasway

Colette Plasway is currently the Program Coordinator for the Coalition and has been with the Coalition for over five years. She is from Lake Babine Nation and has completed three years toward a Bachelor of Commerce Degree from the University of Northern British Columbia.

Bonnie Cahoose

Bonnie Cahoose is the Co-Educator and Administrative Assistant with the Coalition, and has been with the Coalition for over two years. She is from Ulkatcho First Nation.

Accreditation Process with Accreditation Canada

Michelle Brown, Teague Lamarche & Peter Vlahos

10:15 am - 12:00 pm October 23rd

Accreditation is a powerful tool to engage staff and community in continuous quality improvement. In this workshop, you will be introduced to the accreditation process and some of the ways that accreditation can support quality improvement in organizations. You will be joined by Peter Vlahos, an experienced Surveyor with Accreditation Canada, and Michelle Brown, Health Director with Haida Health Centre, who will share their stories of how they have worked with accreditation. They will discuss how they engaged with Accreditation Canada and what benefits they have realized from working through the accreditation process.

Michelle Brown

Michelle Brown and her family moved to Haida Gwaii from Edmonton, Alberta in 2009. She has been working as the Health Director in Old Massett for almost four and a half years. Michelle has been directly involved in accreditation since Old Massett began their accreditation journey in 2012.

Teague Lamarche

Teague Lamarche is an Education Specialist with Accreditation Canada. In this role, Teague collaborates with clients of Accreditation Canada to design learning and knowledge sharing opportunities to help support organizations as they work toward quality improvement through accreditation.

Peter Vlahos

Peter Vlahos is the Regional Director for Aboriginal Health with Vancouver Coastal Health Authority and a Surveyor with Accreditation Canada. A twenty year veteran of the health and human services field in British Columbia, Peter has spent the majority of his career working collaboratively with urban, rural, and remote Aboriginal and First Nation communities.

A Collaborative Response to Aboriginal Youth Suicide in the Fraser Region

Moderated by Leslie Bonshor

10:15 am - 11:05 am October 23rd

The Fraser Region Aboriginal Youth Suicide Prevention Collaborative was set up in response to an increase in Aboriginal youth suicides in the Fraser region. The Collaborative includes partners with an interest in Aboriginal wellness and its mandate is to develop a common approach to Aboriginal youth suicide prevention/intervention in the region. This session will feature a panel of presenters discussing current activities of the Collaborative, including gatekeeper training for community members and service providers, and the development of communications/service pathways in the event of a suicide or attempted suicide.

The Fraser Region Aboriginal Youth Suicide Prevention Collaborative includes multiple cross-sector partners, the panel for this session will include presenters from Fraser Health Aboriginal Health, Seabird Island, Sto:lo Nation, and the Ministry of Children and Family Development Aboriginal Child & Youth Mental Health.

Leslie Bonshor

Leslie Bonshor is Director of Aboriginal Health at Fraser Health. She provides leadership within Fraser Health by planning, supporting and guiding the implementation of initiatives designed to improve the health of Aboriginal people. From 2001 to 2007 she provided business support and consulting services to First Nations communities and organizations in the Fraser Valley, including project management; communications strategies; policy development; facilitation and planning services; operational analysis and recommendations; budgeting; and federal and provincial program compliance. Leslie is a member of the Tzeachten First Nation.

Bridging the Gap: First Nation Mental Health Liaison Program

Perry Omeasoo

11:15 am - 12:00 noon October 23rd

The purpose of this workshop is to provide information about services for, and approaches to, working with Aboriginal people who present with mental illnesses. The workshop will cover issues around native spirituality and cultural identity and will explore ways of helping First Nations people navigate the mainstream healthcare system while maintaining their integrity as people with distinct views and approaches to health care. By taking a more holistic approach to care, the First Nations Mental Health Liaison program guides and nurtures First Nations people in a culturally sensitive manner, which improves engagement with mainstream services.

Perry Omeasoo

Perry Omeasoo was born in Hobbema, Alberta, and is a member of the Samson Cree Nation. Working within the Aboriginal community for the past 20 years, Perry's work has spanned many health related areas, including alcohol and drug counseling, HIV/AIDS education, child and family advocacy, and mental health. Perry has been working as the First Nations Mental Health Liaison for Vancouver Community Mental Health Services (Vancouver Coastal Health) for the past 15 years and coordinates an annual First Nations mental health conference. The four aspects of his position include consultation, education, service brokerage and co-therapy.

Youth-Focused HIV Prevention Teaching Kit

Jessica St. Jean & Dakota Prince

11:15 am- 12:00 pm October 23rd

Yúusnewas is an Aboriginal peer-based youth program that shares knowledge about HIV and sexual health with youth throughout the Province. A youth focused HIV prevention tool kit was developed to help support this work. It incorporates an HIV 101 workshop, which was developed through a youth project that spanned two years. This workshop invites the wider First Nations community to come view the toolkit before it is finalized, and is a chance to get more information on HIV, youth engagement and teaching models.

Jessica St. Jean

Jessica St. Jean is the manager of Yúusnewas, YouthCO's Indigenous led peer-education program. She is passionate about sharing non-judgmental knowledge with other youth about HIV and sexual health so that they can make informed decisions about their well-being.

Dakota Prince

Dakota is a proud Plains Cree and Ojibway from Manitoba. She likes to keep busy in the community through arts based projects like acting, jingle dress dancing and media arts. Dakota has an amazing job working as an Aboriginal Outreach Educator, which entails traveling to different first nation communities and having open conversations with youth about HIV and HepC. She strongly believes in the power of youth supporting youth.

British Columbia's Take Home Naloxone (THN)**Program: A Year in Review****Dr. Jane Buxton & Ashraf Amlani**

1:00 pm- 2:30 pm October 23rd

Naloxone, an antidote to opioids, can mitigate harm resulting from opioid overdose if administered in time. BC's THN program introduced in August 2012 increases access to naloxone for those at risk of overdose due to prescribed and/or illicit opioids. We present an overview of the THN program, which looks at the number of participants, overdose reversals and program changes based on an evaluation of the program. Presenters will discuss opportunities for collaborating with First Nations groups across BC to improve access to naloxone in urban areas and rural settings where it takes a long time for ambulances to arrive.

Dr. Jane Buxton

Dr. Jane Buxton is an Associate Professor in the School of Population and Public Health at the University of British Columbia and the harm reduction lead at the BC Centre for Disease Control. She is the course director for the second year medical program public health course, practicum director for the Masters in Public Health program at UBC.

Ashraf Amlani

Ashraf Amlani is the Harm Reduction Epidemiologist at the BC Centre for Disease Control, where she currently oversees the training and implementation of the BC Take Home Naloxone program. She co-chairs the Naloxone Community Advisory Board and is a member of BC's Drug Alert and Overdose Partnership, BC Harm Reduction Strategies and Services Committee, the Canadian Community Epidemiology Network on Drug Use and the Canadian Drug Policy Coalition.

Adult Persons with a Disability – Health and Mental Health Supports

Tracey Michell, Jay Townsend & Julie Dutt

1:50 pm - 2:30 pm October 23rd

Community Living BC (CLBC) delivers a number of supports and services to adults who meet the criteria for Developmental Disability (DSM-IV-TR criteria for MR) and adults who meet the Personalized Supports Initiative criteria. Did you know that these supports are also available to Aboriginal people? This break out session will share key information about how the program works, criteria for eligibility, services and supports that are available, and how services are delivered. In an effort to increase awareness, the session will discuss the role of the Aboriginal Advisor, and the many initiatives underway to help support communities.

Tracey Michell

Tracey Michell is the Aboriginal Advisor for CLBC. Tracey's primary role is to inform and familiarize the Aboriginal community about CLBC supports and services. One of the major responsibilities includes the development of cultural competency for CLBC. Tracey works both individually and in partnership with the Self-Advocate and Family Partnership Advisors. After today's presentation, she hopes to become a resource to all participants.

Jay Townsend

Jay Townsend is currently the acting Community Planning and Development Manager with Community Living BC, in Vancouver. Jay has been involved within the Community Living Sector since 1998.

Julie Dutt

Julie Dutt is the community liaison nurse at the Provincial Assessment Center in Burnaby. She has several years of experience working with complex mental illness, addictions and intellectual disabilities in the emergency department setting and experience in nursing leadership.

**University of Victoria, Centre on Aging:
Self-Management Programs in British Columbia**
June Clearsky & Rhoda Carrier

1:00 pm - 1:40 pm October 23rd

Learn how to implement an effective Chronic Disease Self-Management Program in your community. This workshop will share strategies to help raise awareness, provide education, and prevent disease and/or complications for patients and family members supporting a person living with a chronic disease. Understanding patient and caregiver needs for a holistic approach are essential to managing chronic disease.

Learn how self-management groups can lead to positive health outcomes for the individual, for families and the community. Self-Management support strategies for health care providers will also be touched on.

June Clearsky

June is the Aboriginal Liaison, Program Coordinator at UVic – Centre on Aging. Initially, she started out as a volunteer and Research Assistant. As the Aboriginal Liaison, June travels to BC First Nations Communities teaching people to facilitate the Self-Management Programs. June Clearsky is Anishinabae (Ojibway), and has enjoyed raising two children on the West Coast. She loves being a grandmother of two.

Rhonda Carrier

Rhonda is a Program Coordinator of Self-Management Programs at the University of Victoria for the Fraser Health Region, including Aboriginal communities in the lower mainland. Rhonda is of Métis ancestry and her previous experience includes working with a variety of non-profit, Métis and First Nations groups. She has a Masters degree in English and a post-baccalaureate diploma in Community Economic Development.

Older Adult and Vulnerable People Abuse Recognize, Respond and React

Diana Day

1:50 pm - 2:30 pm October 23rd

Discover tools resources available for First Nations people to identify individuals who have been subject to abuse and neglect in the community. Gain resources that can help you to support one another and know how to connect with Crisis Response Teams across the province.

Diana Day

Diana is from the Oneida First Nations and has worked in a variety of capacities in the areas of community development and social services. She currently works with Vancouver Coastal Health as Leader of Aboriginal Community Development Engagement and is also a member of the Urban Aboriginal Peoples Advisory Committee to the City of Vancouver. A mother of two teenagers, Diana volunteers as the Co-Chair of a Parent Advisory Committee and also is an Executive Member of the Vancouver School Board DPAC.

Partnership and Health Service Collaboration with Interior Health Authority

Renee Hetu, Brad Anderson & Judy Sturm Interior Health Authority

1:50 pm - 2:30 pm October 23rd

This session will highlight the journey of the Interior Health Aboriginal Health Program in building respectful relationships and partnerships with First Nations and Aboriginal communities within the health authority through a brief review of some of the current and past projects, strategies used and opportunities taken.

Renee Hetu

Renee is from Northeastern BC and is a member of Saulneau First Nations, treaty 8 territory. Renee is a proud mother to two wonderful children. Renee has a Masters of Social Work (UBCO), a Bachelor of Social Work (TRU) and a Diploma in Academic and Indigenous Studies (NVIT). Renee is currently a Practice lead with the Aboriginal team for Interior Health.

Brad Anderson

Brad is from the Cree Nation and a member of the Saddle Lake Indian Band in Alberta. Brad and his family live on traditional Secwepemc Territory in Kamloops BC. Currently Brad is working on his Masters of Community Development through UVIC. Brad has been with Interior Health for six years holding different positions within the Aboriginal Health Program during that time. Currently he is the Director of Aboriginal Health, a position which he has held for the past 2 yrs.

Judy Sturm

Judy is a member of Métis Nation BC with First Nations ancestry in both the Secwepemc and Nuu Chah Nulth Nations. Her education entails a Bachelors of Science in Nursing, certification in Advanced Mental Health and Aboriginal Management and she is currently in process of completing her Double Masters in Advanced Practice Nursing and Health Information Science.

Sto:lo Nation Elders Lodge: Assisted Living Lodge for First Nations:

Jeanine Lynxleg & Michele Hobek

1:50 pm - 2:20 pm October 23rd

The Sto:lo Elders Lodge is a fully operational 24/7 continuous care lodge located in Chilliwack, BC serving Elders of Sto:lo communities. This workshop will include an overview of the facility and the story of how Sto:lo health staff obtained the necessary funding to bring the lodge into being. Take in a video slideshow of the Elders/Tenants, Testimony of the staff. Promotional material will be shared and workshop participants will be take part in fun activities modeled on the fitness program that the residents of the Lodge use to keep active.

Jeanine Lynxleg

Stolo Nation Health Manger/FNHDA Vice-President
Jeanine Lynxleg, Stolo Nation Health Manger/FNHDA Vice-President. Jeanine is a member of the Tootinaowaziibeeng Treaty Reserve in Manitoba. Ms. Lynxleg brings to the First Nations Health Directors Association over a decade of experience working in First Nations Health, both within Health Canada, First Nations and Inuit Health and First Nations communities.

Ms. Lynxleg endeavors to apply a collaborative and multi-disciplinary approach to health services growth and development in her current position as Heath Manager for the Sto:lo Nation. She is also an active member of the Fraser Salish Caucus Group.

Michele Hobek

Stolo Nation Elders Lodge
Michele Hobek is an Administrative Assistant with the Sto:lo Nation Elder's Lodge (SEL). She plays a key role in managing the business needs of the SEL. She is responsible for tenancy agreements, reporting compliance, funding regulations, financial reviews, and maintenance contracts. She has been employed by the SEL for three years. She loves working with SEL and is dedicated to the dear elders that reside within the lodge.

First Nations and the Canadian Red Cross Society: Working Towards Health

Becky Row & Joyce Kenoras

2:45 pm- 3:25 pm October 23rd

This workshop showcases the current injury prevention initiatives being delivered in partnership between the Canadian Red Cross Society and First Nation communities throughout British Columbia. During the session, representatives will share important initiatives and developments in first aid, water safety education and drowning prevention, disaster preparedness and violence prevention education. There will be a chance for participants to learn about ways to get involved and to take action in developing sustainable, collaborative partnerships to enhance communities' injury prevention efforts.

Becky Row

Born and raised in WSALED (Saanich) Brentwood Bay, Becky is recognized as an elected official for Tsartlip Nation. She is currently employed as the Aboriginal Coordinator with the Red Cross. Working as both the Regional Manager for Northern BC/Yukon as well as the Sector Lead for Aboriginal and Northern Engagement for BC and Yukon, Becky has been working with the Canadian Red Cross Society for more than 22 years. Becky is truly passionate about working with individuals and communities to reduce preventable injury. While she grew up on the coast, Becky moved to Prince George to start her career with the Red Cross 22 years ago.

Joyce Kenoras

Joyce Kenoras (Pooley) is of Secwepemc/ Syilx descent. She has served in a leadership position for 8 years, overseeing Natural Resource and Economic Development portfolios. She graduated in Business Administration at TRU, and has become certified with CANDO as an EDO. Joyce has worked as an Aboriginal Advisor with Red Cross for over 5 years. She enjoys working with communities, sharing developments, and responding to Disaster situations in her region.

Developing an integrated care model in Oceanside - incorporating the learnings from the South Central Foundation

Allison Cutler

2:45 pm - 4:15 pm October 23rd

In 2011, representatives from Island Health travelled to Anchorage Alaska on a trip organized by the First Nations Health Council. The Island Health team was so inspired by the South Central Foundation (SCF) organization and their NUKA model of care, that they committed to learning more from SCF in an effort to harness their model's patient-centric successes for the much-anticipated Oceanside Health Centre project designed for Island Health.

Another trip to Anchorage in 2012 solidified a decision by Island Health to take action. Island Health took many of the core principles of the NUKA model and developed a new integrated care model at the Oceanside Health Centre.

This model focuses on the client in the centre of the care journey with primary care serving as the foundation. Services wrap around the client and their family as they move forward on their journey of health. This presentation focuses on the processes used to develop and implement the new model of care, as well as share the learnings the Island Health team discovered on that journey.

Allison Cutler has 38 years of healthcare experience, including 25 years in management and senior leadership levels in the fields of child, youth and family health and public health. As Executive Director for the Population and Community Health portfolio, Allison is responsible for Aboriginal Health, Rural Health, and Integrated Primary and Community Care services. Allison has a Bachelor of Science in Nursing and a Masters of Science in Nursing Administration. She lives in Nanaimo and enjoys spending time with family – especially her two wonderful grandchildren, as well as boating, and gardening.

Harm reduction supplies and services

Sara Young & Denise Thomas

2:45 pm - 3:25 pm October 23rd

This presentation will define harm reduction and present the benefits of providing harm reduction supplies for safer injection, safer drug smoking and safer sex. The presentation will discuss the harms caused by using non-recommended equipment and techniques, and will review best practices for distributing and using safer supplies, including information about how and where clients and service providers can access harm reduction supplies and further training in BC. Examples from over twenty projects implemented in 2012-2013 will be presented, and will include experiences and lessons learned. An overview of projects designed and implemented by the community will be shared.

Sara Young

Sara Young is the Harm Reduction Coordinator for Vancouver Coastal Health (VCH) in Vancouver. As a member of the BC Harm Reduction Strategies and Services Committee, and Co-chair of the VCH Harm Reduction Coordinating Committee, she works to improve access to harm reduction supplies and services across the VCH region. She is a co-author of the recently released Best Practice Recommendations for Canadian Harm Reduction Programs.

Denise Thomas

Denise Thomas is a Registered Nurse who has been working in HIV since 2001 as a bedside nurse at St. Paul's Hospital HIV Ward. From 2005-2010, she lived and worked in SubSaharan Africa assisting local governments in designing, implementing and evaluating HIV clinical mentoring programs. She recruited over 65 doctors and nurses to work in rural and remote settings, which entailed assisting local health care teams to increase access to HIV treatment and care. Recently, Denise accepted an HIV coordinator position with the First Nations Health Authority and looks forward to the upcoming transformation!

New Relationships: Initiatives Co-Created by First Nations and Addiction Knowledge Exchange Leaders

Kate Hinter & Diane Smylie

2:45 pm - 3:25 pm October 23rd

This break-out provides a chance to have dialogue about Co-Creating Initiatives to Strengthen Substance Use Programs & Services, which are exciting initiatives that were co-created between Aboriginal people and the Addiction Knowledge Exchange Leaders within the Health Authorities. The dialogue will cover the results of regional consultations with First Nations communities on 'what is/isn't working with addiction services. It will also look at, the Aboriginal concurrent disorders model of care partnership program, trauma-informed practice in Aboriginal communities, and the Welcoming Spaces project.

Kate Hinter

Kat Hinter is Métis and belongs to the Parenteau clan. She has one son and lives in Kamloops, BC. Kat joined the Aboriginal Health team at Interior Health in 2009 and transitioned to the Addiction Knowledge Exchange team in 2010 as the Aboriginal Addiction Knowledge Exchange Leader for Interior Health. Kat is currently working as the Aboriginal Addiction Knowledge Exchange Leader on a half-time basis for both Interior Health and BC Mental Health & Addictions Services through the Provincial Health Services Authority.

Diane Smylie

Diane Smylie is of Cree/Métis ancestry from Manitoba & Saskatchewan. She worked in community based substance use services as a clinician and manager for over 15 years. She has been involved in program evaluation, program development and community based research initiatives. More recently, she has worked with PHSA as an Addiction Knowledge Exchange Leader and with the BC Centre of Excellence for Women's Health on initiatives to strengthen trauma-informed practice across BC mental health and substance use services.

Scratching for Answers...We Have the Solution!

Darlene Miller

3:35 pm - 4:15 pm October 23rd

Do you know how lice reproduce and spread? Knowing about the life and reproductive cycle of head lice, and some of the key lice facts and myth busters, are just a few of the topics that this session will cover. Though not always a priority issue, head lice is an important health issue that impacts well being. This session provides up-to-date information on head lice removal, highlighting what works and what doesn't, the benefits of regular screening, fascinating lice facts, and the life cycle of head lice. It provides preventive measures families can practice at home and in the community and discusses the impact lice has on the family and how to normalize the subject.

Darlene Miller

Darlene Miller, President of the Greater Vancouver Lice Clinic, has been working in BC communities screening and treating head lice since 2004. Her goal is to educate and provide others with the necessary resources for head lice removal. She strongly believes the natural method of manually removing lice and nits is the safest and most effective way to rid oneself of head lice. Many families struggle longer than necessary and she truly believes that education is our best defense.

UBC Institute for Aboriginal Health - The Aboriginal Health and Community Administration Program (AHCAP)

Kerrie Charnley

3:35 pm - 4:15 pm October 23rd

Kerrie Charnley

Kerrie Charnley works as the education coordinator at the Institute for Aboriginal Health at the University of British Columbia, where she has been running the Summer Science Program for Aboriginal Youth and the Aboriginal Health and Community Administration Program for the last six years. She is a Sessional Lecturer at UBC, where she teaches courses in inter-professional health and human services on the historical and contemporary issues of First Nations Health in Canada and Cultural Competency in Approaching Traditional Healing Modalities in Aboriginal Health. Kerrie is in her third year of doctoral studies leading to a Doctor of Philosophy degree in Education in the area of Language and Literacy Education. Her research focus is on indigenous research methodologies and Coast Salish pedagogy connected to land/place and transforming ideas of education, learning and teaching beyond the classroom.

Using a CME-Accredited Live Course as a tool to promote Community-Based Approach to HIV Diagnosis and Treatment

3:35 pm – 4:15 pm October 23rd

HIV is a complex issue that is difficult for both patients and doctors. A CME course has been developed as an innovative approach that pushes the boundaries of care, as a culturally competent, community-based approach to HIV treatment and diagnosis. The session will present learnings from provincial experiences that are relevant to BC First Nations, provide an overview of course content, and highlight strategies for community engagement using the curriculum for program planning and purposes will be identified.

Denise Thomas

Denise Thomas is a Registered Nurse who has been working in HIV since 2001 as a bedside nurse at St. Paul's Hospital HIV Ward. From 2005-2010, she lived and worked in SubSaharan Africa assisting local governments in designing, implementing and evaluating HIV clinical mentoring programs. She recruited over 65 doctors and nurses to work in rural and remote settings, which entailed assisting local health care teams to increase access to HIV treatment and care. Recently, Denise accepted an HIV coordinator position with the First Nations Health Authority and looks forward to the upcoming transformation!

Ken Clement

Ken Clement has been a Vancouver resident for 30 years and is a member of the Ktunaxa First Nation (cranbrook). Ken graduated from the University of BC with a degree in Social Work. He is a recipient of the Queens Golden Jubilee Commemorative Medal; given to Canadian citizens who have made a significant humanitarian contribution. Currently, he is CEO of the Canadian Aboriginal AIDS Network (CAAN) and contributor to the leadership of organizations serving Aboriginal communities at a local, provincial and national level. He's committed to the cause of fighting HIV and AIDS and is dedicated leader to Aboriginal health organizations.

CUSO International: International Volunteers Applying their Skills in BC First Nation communities

Tracey Foster & Marilyn Ota

3:35 pm - 4:15 pm October 23rd

Cuso International has been placing volunteers overseas in developing countries since 1961. Volunteers are selected for their inter-cultural competence, skills and technical capabilities. Most volunteers say they learned more than they shared and some of them are looking for opportunities to keep using their health related skills and inter-cultural effectiveness in Canada. This workshop will provide an outline of the type of placements available to volunteers, the intercultural competencies needed and the pre-departure training provided. The session will also provide an opportunity to look at how this approach can be used in BC First Nations communities.

Tracey Foster

Tracey Foster has worked in the non-profit sector for over twenty five years. She currently works with Cuso International as Manager of International Volunteering where she leads a team in screening, selecting and training health, education and management professionals who are placed in developing countries for up to two years. She has had the opportunity to work overseas in Thailand, Kenya, the Philippines, China, Uganda, Sri Lanka, India and the Maldives. She has also worked with First Nations communities in Ontario.

Marilyn Ota

Marilyn is Secwepemc from the Simpcw First Nations and her adopted family is from Esk'etemc. Over the past 20+ years, she has worked with First Nations in the areas of health, early childhood, HIV/AIDS and community development. In 2006-2007, she spent a year volunteering as an Organizational Development Advisor in Nasarawa State, Nigeria with CUSO. Since 2007, she has worked in a variety of positions within the FNHA and took time off to work with the Canadian Red Cross in Sierra Leone and Liberia as an Organizational Development Specialist.

First Nations Health Information Management: the Mustimuhw cEMR

3:35 pm - 4:15 pm October 23rd

First Nations health service organizations operate complex clinical and administrative organizations. Many of the larger Health Centres have seen the need to invest in a suitable community electronic medical record (cEMR) tool. The Mustimuhw cEMR is the most widely used cEMR in Canada. It was developed right here in BC by Cowichan Tribes with the help of valuable knowledge of many BC First Nations. This presentation will provide an overview of the Mustimuhw cEMR and will invite discussion on how First Nations can plan around inclusion of this core operational tool within their organization.

Judith Gohn

Judith Gohn is a Cowichan Tribes Member. As the Executive Health Director for the Ts'ewulhtun Health Centre of Cowichan Tribes, Judith has been instrumental in helping develop the Centre into one of the most successful in British Columbia. Judith has also been one of the principal forces behind the evolution of Cowichan's Mustimuhw Health Information System. Judith is a registered nurse, with a Bachelor of Science in Nursing and over 22 years experience in nursing. She is completing her Masters in Health Leadership at Royal Roads University. Judith lives in Duncan on Vancouver Island.

Tammy Johnston

Tammy Johnston, a member of the We Wai Kai Nation in Campbell River, British Columbia, is the eHealth Engagement Coordinator for Ts'ewulhtun Health, Cowichan Tribes. Tammy brings 23 years of experience in Health Care and Electronic Medical Information Systems to the Mustimuhw cEMR Team, which currently offers support, training and technical services to approximately 55 First Nation communities in 3 different provinces that have chosen Mustimuhw cEMR as their solution to an electronic medical record system.

Join us for our evening reception



Co-hosted by Softlanding, Telus and Cisco

Join our platinum sponsors for an evening of appetizers and networking

October 23rd 6:15-7:30 PM

Grouse Room (34th floor)

RSVP at the FNHA booth in the tradeshow.





Cisco and Telus congratulate the First Nations Health Authority and all BC First Nations on achieving the historic transfer of health services. We look forward to celebrating with you at Gathering Wisdom.



Alternative Treatments to Chronic Disease

Kim Brooks and Chief Maureen Chapman

8:30 am - 9:10 am October 24th

This breakout session will take a look at the Squamish Nation health programs that are offered to community members in the area of alternative healing, including alternative healing specific to chronic disease such as naturopathic care, biomat, traditional healers, energy healing, acupuncture, and brushing off. This session will also hear from one of our leaders, Chief Maureen Chapman, about her healing journey using alternative methods. Dr Georgia Kyba, a naturopathic physician advisor to the FNHA, will facilitate.

Chief Maureen Chapman

Chief Maureen Chapman Chief is a mother, grandmother, great-grandmother, daughter, sister and First Nations woman who was born in Clearwater, BC. Ms. Chapman is the hereditary Chief of Skawahlook First Nation , and belongs to the Sto:lo Nation Chiefs Council (SNCC). Chief Chapman is an active member of numerous boards and councils, including; the Sto:lo Nation Chiefs Council, the Aboriginal Children and Family Chiefs Coalition, the First Nations Child and Family Wellness Council, the Sto:lo Development Corporation, Sto:lo Xwexwilmexw Treaty Association, the inaugural chair of the Assembly of First Nations Women's Council.

Kim Brooks

Kim is a member of the Taku River Tlingit First Nation in northern BC. She was born in the lower mainland and raised in Vancouver, Whitehorse and Atlin, BC. Kim completed her post-secondary education at Simon Fraser University and has worked within Federal, Provincial and First Nations governments as well as academia. She has a broad scope of experience in policy, regional and provincial community engagement, provincial negotiations, Aboriginal health capacity development, academic research and organizational development. Kim began working for Squamish Nation as the Department Head of Yúustway Health Services in 2005. In this role she provides senior management to a team of more than 50.

Reconciliation Dialogue Workshop

Chief Robert 'Bobby' Joseph and Shelly Joseph

8:30 am - 10:00 am October 24th

Hear about the Reconciliation Canada Dialogue Workshop series, which provides a safe place to engage Canadians in dialogue that revitalizes relationships, increases understanding of our shared history, and explores reconciliation. These workshops are an open opportunity to inspire positive change and to participate in an historic movement engaging Canadians from all backgrounds in a new way forward to create a better, stronger Canada for all. Participants will come to this workshop to share ideas, discuss visions for a better future, and develop individual and collective Reconciliation Action Plans.

Chief Dr. Robert Joseph

Chief Dr. Robert Joseph is a Hereditary Chief of the Gwawaenuk First Nation. His life has been dedicated to addressing differences brought about by intolerance, lack of understanding, and racism at home and abroad. Chief Joseph is currently the Ambassador for Reconciliation Canada and the Indian Residential School Survivors Society and is a Member of the National AFN Elder Council. He is a Special Advisor to both Canada's TRC and Indian Residential School Resolutions Canada. Chief Joseph is also co-Chair of the BC National TRC event.

Shelley Joseph

Hekwa'gila'owgwa, Shelley Joseph, brings over twenty years of experience in education covering the areas of spiritual, physical, mental and emotional well-being for families and communities. She is passionate about supporting First Nations people to take an active role in healing and growth, utilizing a holistic approach to well-being. Shelley has always followed traditional teachings through a lifetime of learning from elders and cultural leaders. Shelley is excited to continue to move the work of Reconciliation Canada forward and be a part of her dad's legacy.

Yes You Can: Simple Steps to a Longer, Healthier, Happier Life

Dr. Art Hister

8:30 am - 9:10 am October 24th

Humour has tremendous power to improve one's physical, mental, emotional and spiritual well-being. In this award-winning presentation, Dr. Hister uses humour to talk about the steps anyone can take to increase their chance of living longer, to lower their risk of developing chronic illness, and to live with more energy and happiness.



Although Dr. Art Hister has been a well-known full time “media doctor” since 1991, his major claim for respect from his family is that in 1969, Dr. Hister was at Woodstock. He was also the first full-time physician at the legendary Pine Free Clinic. Dr. Hister has also been a health consultant to the BC government, and currently serves as a consultant for several organizations including the BC Alzheimer Society and the Tapestry Foundation on issues affecting aging. His proudest achievement is his wonderful family, especially his wife, Phyllis Simon, and his 2 grandchildren.

Traditional Medicines

Georgina Hnatiuk

9:20 am - 10:00 am October 24th

First Nations treatments are effective for treating many health conditions. As governance of health continues to strengthen, First Nations healers and leaders have an opportunity to come together from all directions and find ways to enable First Nations to access preventative health care and treatments. It is time to be progressive and innovative, while maintaining basic traditions. Time to awaken the dream of our ancestors and bring back our medicinal gifts for the health and prosperity of our culture, our pride, our land, our animals, our people and future generations.

Georgina was born in Vancouver, and is a descendant from a long matriarchal line of plant medicine women of Lax kwa'alaams, Tshimsian Nation. Georgina grew up learning all about plants. It was based on her lineage, training and inherent respect for traditional culture that Georgina was then chosen to be a Keeper of Knowledge by the Nu-Chah-Nulth Nation former chiefs wife, Elder Annie Keitlah George from Tofino. Georgina has an inherent commitment, passion, and vision to see First Nations Medicine restored for the benefit of First Nations. She now lives in Winnipeg with her partner and two children.

Traditional Foods: Setting the Table: Creating Space for Food, Land and Culture to Thrive

Fiona Devereaux

10:15 am - 10:55 am October 24th

Come and hear how the Coast Salish tradition of 'setting the table' inspired a movement around food on Vancouver Island. In this presentation, Fiona will share the wisdom of the communities she has been honoured to work with. Join the journey in learning how 'setting the table' nourishes the body, heart, spirit and empowers community. Moving forward, how can having a community food policy empower your communities? How can it encourage healthy eating behaviours and habits for your community? Come learn how.

Fiona Devereaux has lived on Coast Salish Territory for half of her life. She is a first generation Canadian from Irish Parents. Her passion for nutrition and food started at an early age. She trained in Dietetics at the University of Saskatchewan and interned in the Regina health region from 1995-2000. The ocean and the coast called her back and she started her career as a Diabetes Educator. In 2002 she got her dream job as the Community Nutritionist for Aboriginal Health with Vancouver Island Health Authority. During this time, she learned about the local culture and traditions and met many helpful and supportive people.

Men's Health Seminar

Brandon Grant, Northern Health

10:15 am - 11:45 am October 24th

Recent studies have revealed that men in Northern BC do not live as long as men in other parts of British Columbia and that they have higher rates of chronic disease, circulatory disease, motor vehicle crash deaths, and occupational deaths than do those living in other places in BC. In response to this, the Northern Health Authority has embarked on the establishment of a health promotion program that is for men and by men.

This presentation will discuss the complexities in using a gender based approach to health care, and will highlight lessons learned and plans for addressing men's health issues in Aboriginal Communities and organizations. This session is for men only.

Brandon Grant

Brandon Grant graduated from Saint Mary's University in Halifax, Nova Scotia with a Bachelor of Arts in Sociology and Anthropology in 2007. In 2008, he moved to Prince George to pursue a Master Degree in Social Work.

In June, 2010, he moved to Saskatoon to pursue a second Master Degree in Public Administration, which he completed in June, 2011.

In the past two and a half years, Brandon has presented over ninety presentations and workshops, led the develop of health promotion tools, and held fifteen screening events. In 2013, the Men's Health Program won the Health Employers Association of BC Award of Merit in Top Innovation.

Women's Paths to Wellness Seminar

**Panel moderated by Madeleine Dion Stout and Dr. Liz Whynot
FNHA Board of Directors**

10:15 am- 12:00 noon October 24th

This session is for women only and will feature an interactive and informative panel discussion on women and health. The panel discussion, moderated by Madeleine Dion Stout, will explore social and health issues experienced by First Nations women by focusing on tools, resources and cultural and community-based approaches that promote personal empowerment, health promotion and prevention, and healing.

The session will feature discussion of practical and culturally appropriate programs and support services that contribute to health and wellness in diverse contexts – including those that have experienced trauma or violence, cancer treatment, or pregnancy and childbirth.

Speakers include:

- Sharon Jinkerson-Brass, Pacific Association of First Nations Women
- Joyce Fossella, Warriors Against Violence
- Linda Day, Vancouver Native Health
- Lucy Barney, Perinatal Services BC

Traditional Healers Advisory Committee

Dr. Georgia Kyba

Naturopathic advisor

11:05 am - 11:45 am October 24th

In 2013, the FNHA established the Traditional Healer's Advisory Committee. The Traditional Healers Advisory Committee was formed to advise and provide input on the implementation of the traditional wellness strategic approach and health action and to help promote a shift away from a "sickness system" to one that is based in wellness. This breakout session allows communities the chance to meet the Healers on the Traditional Healers Advisory Committee. The healers will briefly discuss best practices in traditional healing from their regions and begin the dialogue on Traditional Healing best practices.



Dr. Georgia Kyba graduated with a Naturopathic Doctorate degree from the National College of Naturopathic Medicine in Portland, OR. She holds a BC license through the College of Naturopathic Physicians of British Columbia, and is a member of the BC Naturopathic Association. Dr. Kyba works in Aboriginal health with the First Nations Health Authority and heads up the Traditional Medicine Initiatives.

Integrated Primary Care with Ts'ewulhtun Health Centre

Dr. Danièle Behn Smith & Judith Gohn

11:05 am - 11:45 am October 24th

Ts'ewulhtun Health Centre has been providing exemplary health care services to Aboriginal peoples in the Cowichan Valley for over twenty years. The Centre focuses on wellness, health promotion and community health, and in late 2012, family physicians were invited to work at the Centre. There has been much emphasis on delivering a culturally safe, integrated primary care service model that works effectively within the current paradigm. This session will describe what the Centre has been doing in primary care integration as well as plans moving forward to further expand services.

Danièle Behn Smith

Danièle Behn Smith, MD is Eh Cho Dene from Fort Nelson First Nation on her father's side and French Canadian/Métis from the Red River Valley on her mother's side. She is a family physician. She and her family are thankful to be living on beautiful unceded Coast Salish territory in the Cowichan Valley.

Judith Gohn

Judith Gohn, RN, is a Cowichan Tribes member and has been the Health Director for Ts'ewulhtun Health Centre for over twenty years. She is also on the Board of Directors for the First Nations Health Directors Association.

System Change to Promote Health – Through a Tobacco Lens

Gerri Grigg, Quitnow

8:30 am - 9:10 am October 24th

Tobacco mis-use remains one of the most significant public health issues in our system today. However, it often gets lost in the overwhelming need to address other addictions and health conditions. In this workshop, learn about and share ideas on how to incorporate cessation into all your healthcare systems, whether you are addressing diabetes, mental health or poverty. Learning about tobacco cessation will support efforts to address other health issues.

Gerri has worked in Public Health for many years as a Public Health Inspector, Tobacco Reduction Coordinator and Health Promoter in Alberta and British Columbia. She is a Certified Public Health Inspector. She has a BSc in Environmental Health, and an MA in Integrated Studies with a focus on organizational theory and community development. She is currently a Health Promoter with QuitNow, and is working closely with the Fraser Health Aboriginal Health Program.

Approaches to Collaborative, Community-Based Health and Wellness Planning

Eden Foreman & Pamela Wilson

8:30 am - 9:10 am October 24th

This presentation shares success stories related to wellness programing at the community level, with a focus on integrated service delivery. The presenters have delivered both men's, women's and youth programing related to personal development and wellness. Using a holistic approach, they look at the mental, physical, emotional and spiritual aspects of wellness. Integrating various program mandates and finding ways to cost share initiatives at a local level have greatly enhanced the programs that are delivered.

Eden Foreman

Eden Foreman is a public health nurse who has worked for many years in First Nations communities throughout BC, primarily with the Heiltsuk Nation in collaboration with the Hailik'as Heiltsuk Health Centre. She believes in working closely with the community through integrated service delivery planning. Eden has focused on building capacity at the community level by working with various services providers within the community.

Pamela Wilson

Pamela Wilson is a member of the Heiltsuk Nation, with ties also to the Kitasoo and Haisla Nations. Her formal education includes psychology and addictions. Pamela has committed her life to her vision of "Tagila", the name of her consulting company, which is a Heiltsuk value that means to provide advice and encouragement when and where appropriate. She focuses on building positive relationships through collaboration. Pamela has served as the elected Chief for the Heiltsuk Tribal Council, and currently serves as a Health Board Member as well as the Chair of the Bare Trust for the Heiltsuk Economic Development Company. Pamela believes that for many of our communities there is a wealth of untapped creativity, innovation and freedom that awaits us all!

Traditional Health Planning and Implementation with Gitwangax First Nation

Ruby Morgan

9:20 am - 10:00 am October 24th

In her work, Ruby has facilitated strategic planning workshops, created newsletters and posters, and coordinated meetings. One of the most significant meetings Ruby coordinated was a day long meeting in Gitwangak with local, regional, provincial and federal health representatives to discuss and support health in Gitwangak. Ruby is now working to implement the Gitwangax Traditional Health Plan and to support development of a cultural plan for Gitwangax.

Ruby Morgan is from the Gitxsan Nation (Gitwangak). Her Gitxsan name is Luu Giss Yee from the clan Gitwangak Ganeda. Ruby has gained skills in facilitation, strategic planning and event coordination, particularly First Nations health events involving First Nations organizations and communities. Ruby has presented and taught workshops at numerous conferences and organizations across Canada, including those that focus on cancer health, HIV/AIDS, Elder health and extended care.

Sanala: To Be Whole

Vera Newman & Barbara Cramner with co-presenters

10:15 am - 11:45 am October 24th

In the 'Namgis language, 'Sanala' means 'to be whole'. The Sanala Research Team is a partnership between the 'Namgis people of Alert Bay and the School of Nursing at UBC. In this presentation, the presenters will describe two community activities: seasonal Gratitude Ceremonies and yearly Gawalapa events, highlighting how these health initiatives are rooted in 'Namgis culture, and will also share some of the challenges and complexities involved in the work. Conference participants will be invited to join in language and ceremonial activities as the presenters illustrate the vital connections between culture and health.

Vera Newman

Vera Newman is a community research co-leader with the Sanala Research Team. She is proud to be a 'Namgis Elder, wife, mother, grandmother and cultural teacher. Vera's everyday life is blessed with the gifts and teachings of her ancestors and she shares her knowledge of history and language with all people within the schools, through Elder gatherings, her family, and her community. She has produced a CD of Kwakwaka'wakw children's songs and has led numerous community projects and programs that embrace the riches of culture.

Barbara Cranmer

Barbara Cranmer is a community research co-leader with Sanala. She is also the owner of "Culture Shock Interactive Gallery" in Alert Bay and a renowned documentary film maker. Her films have been viewed around the world and she has contributed to documenting 'Namgis history and culture at the Museum of Anthropology at UBC and in developing collections within Canada and beyond. She is blessed to be a sister, daughter, friend and auntie.

Communications Workshop: Developing Powerful Messages

Hosted by the Humphrey Group

10:15 am - 11:45 am October 24th

This one and a half hour workshop is designed specifically for the Gathering Wisdom for a Shared Journey VI Forum participants.

As BC First Nations move forward in the historic transfer of health care services, communication will be crucial. The need to create and communicate a vision for health care services moving forward means we will need to inspire communities and decision-makers not only hear and understand their vision, but to act on it. To do all of this, the participants must be able to convey their thinking in way that engages their audience and inspires action.

At the heart of the workshop is The Humphrey Group's Leadership Model®, a guiding communications methodology. This approach shows participants to: (1) adopt a leader's mindset and (2) create focused scripts.

Participants will learn to:

- Develop organized thinking when dealing with complex topics.
- Speak with a clear message that enables the audience to hear ideas and adopt new thinking.
- Express their ideas in a way that engages and inspires the audience.



First Nations Health Authority
Health through wellness

ATTAIN SOLUTIONS

As we prepared for the historic transfer of health services we assessed our business needs and our abilities to meet Directive 7. We determined our new system needed more robust reporting capabilities to reflect our new responsibilities.

FNHA partnered with Attain Solutions on a PeopleSoft human resources and financial solution. This was no typical database. From design to build to implementation, Attain listened to our unique needs and adapted their approach every step of the way.

-Tally Bains, Chief Financial Officer, FNHA

A heartfelt congratulations to the First Nations Health Authority, to the dedicated employees and stakeholders, and most of all to the First Nations peoples on achieving a historic and pioneering milestone.

May you continue to thrive in wisdom and prosperity, demonstrating the depths and riches of your unique and valued heritage, leading the way in unity towards greater self-governance, dignity, and independence.

Thank you for the opportunity to participate in this significant event.

- Senior Management, Attain Solutions



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