

New Relationships: A Dialogue about Co-Creating Initiatives to Strengthen Substance Use Programs & Services **For First Nations, Inuit and Métis People**

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**“A health care system reflects
the values of its community”**

Dr. Graham Meadows

1. Interior health authority regional engagement sessions with Aboriginal people:

*“What **is/is not** working with the health authority’s addiction services for Aboriginal people?”*

Initiatives that were co-created between Aboriginal people and the addiction knowledge exchange leaders within the health authorities

Findings from Interior
region engagement
sessions:

4 Themes:

Relationships

Cultural Safety

Access

Capacity Building

*Initiatives that were
co-created between
Aboriginal people and the
addiction knowledge
exchange leaders within
the health authorities*

2. *Welcoming spaces*
projects in Interior
and Fraser health
authorities –
outcome of
engagement
sessions

*Initiatives that were
co-created between
Aboriginal people and the
addiction knowledge
exchange leaders within
the health authorities*

3. Trauma-informed practice in Aboriginal community (pilot)

Initiatives that were co-created between Aboriginal people and the addiction knowledge exchange leaders within the health authorities

- The *process* is usually the most important outcome
- Can be healing but can also undermine healing
- Allowing/encouraging people to “re-shape” agenda & timelines
- Trying to translate what’s meaningful & important to community back to HA – sometimes challenging
- Dialogue with community about mental health & substance use can be complex – (prevalence, roots in colonization)

What are we learning?

- What does it look like?
- How will we know if we are moving towards it?
- How can we support it?

Dialogue on
decolonizing
approaches (process)

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