

SILENT ENEMY



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The content in this comic book may stir up unpleasant feelings or thoughts, particularly if you or someone you know has experienced cancer. Please consider reading it with a family member or friend.

The events and characters appearing in this work are fictitious. Any resemblance to real persons, living or dead, or places, is purely coincidental and unintended.

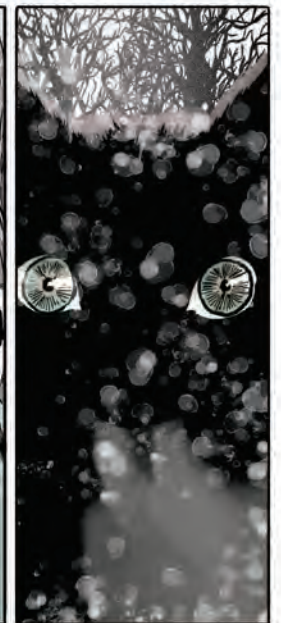
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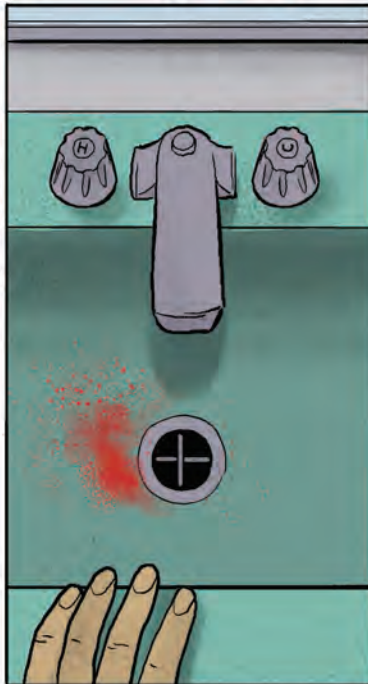
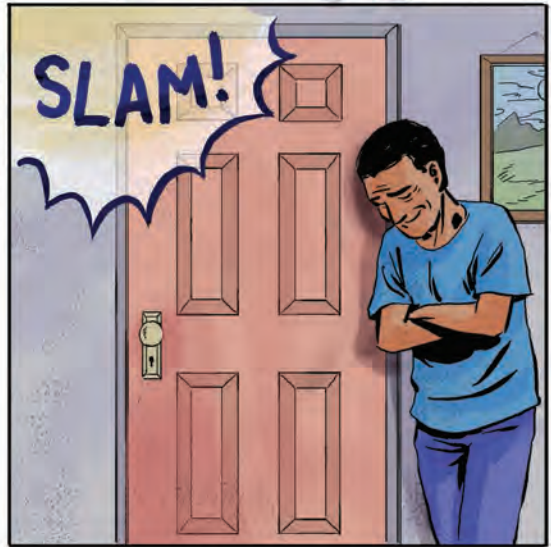
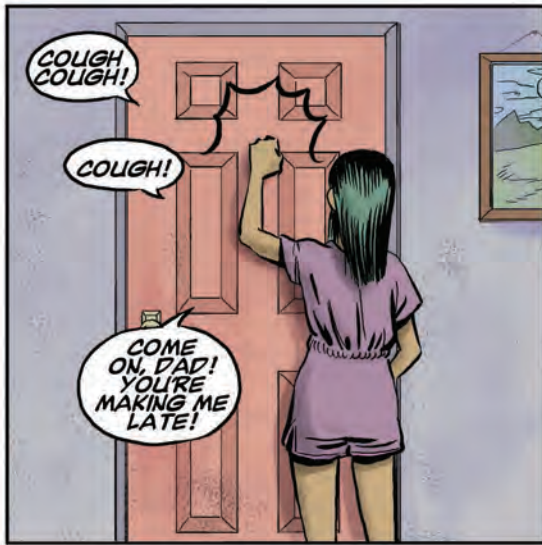
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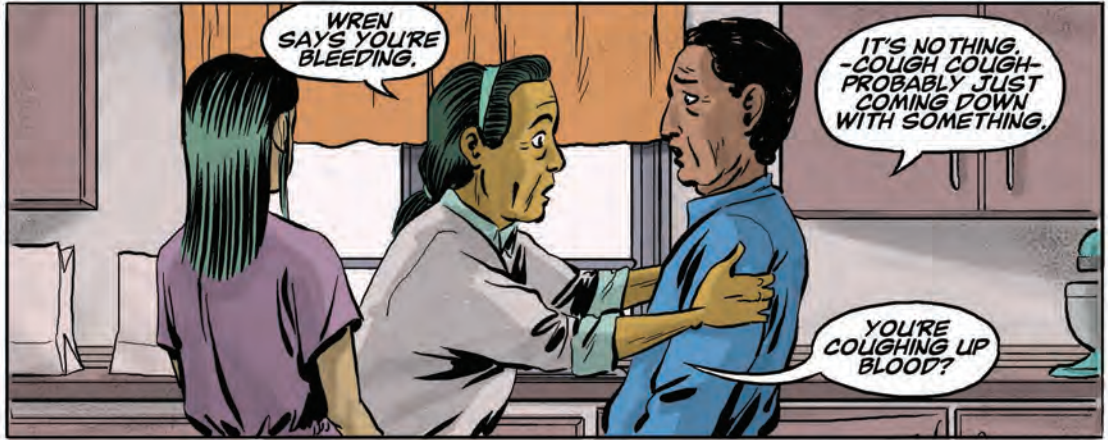
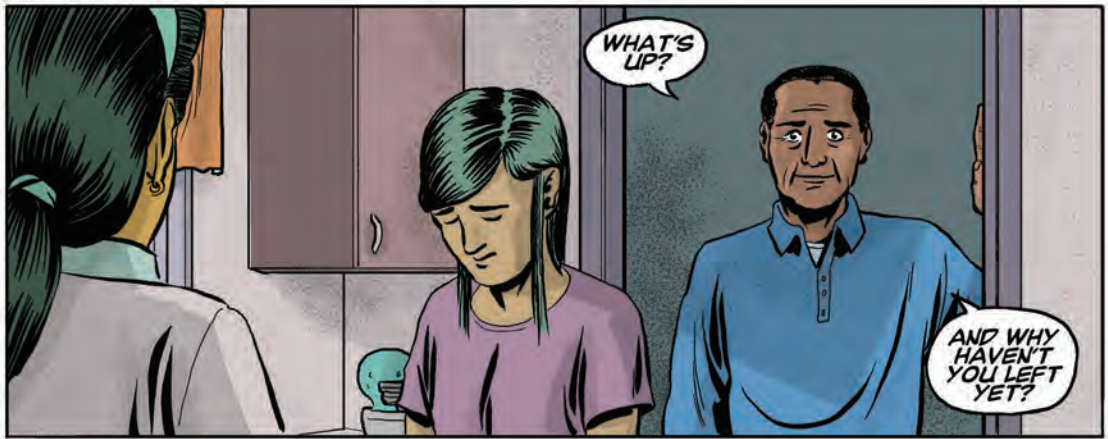
Developed in partnership with the following organizations:













I'M SORRY I DIDN'T PLAN ON GETTING STUCK IN THIS SNOWSTORM TODAY.

I JUST WANTED TO GET SOME EXERCISE. I THINK WE'RE GOING TO HAVE TO FIND A PLACE TO REST FOR THE NIGHT. MAYBE WE CAN START A FIRE.

WHAT ABOUT MOM? IF WE DON'T GET HOME, SHE'S GONNA KILL US!



ASSUMING WE SURVIVE THE NIGHT.

COME ON, YOU GUYS. YOUR GRANDPA AND I HAVE CAMPED IN WORSE CONDITIONS THAN THIS.



LOOK, WE KNOW THE RIVER IS TO THE WEST. IF WE CAN FIND THE RIVER, WE CAN FOLLOW IT DOWN.

WE JUST HAVE TO FIND A PLACE TO WAIT UNTIL THIS STORM BLOWS ITSELF OUT.

WE'LL KNOW WHICH WAY TO GO WHEN THE SUN COMES UP.



AND WHAT IF THE STORM DOESN'T DIE OUT? WHAT IF WE CAN'T SEE THE SUN IN THE MORNING?

THEN WE'LL ALL FREEZE TO DEATH.



ALWAYS LOOKING ON THE BRIGHT SIDE, HEY?

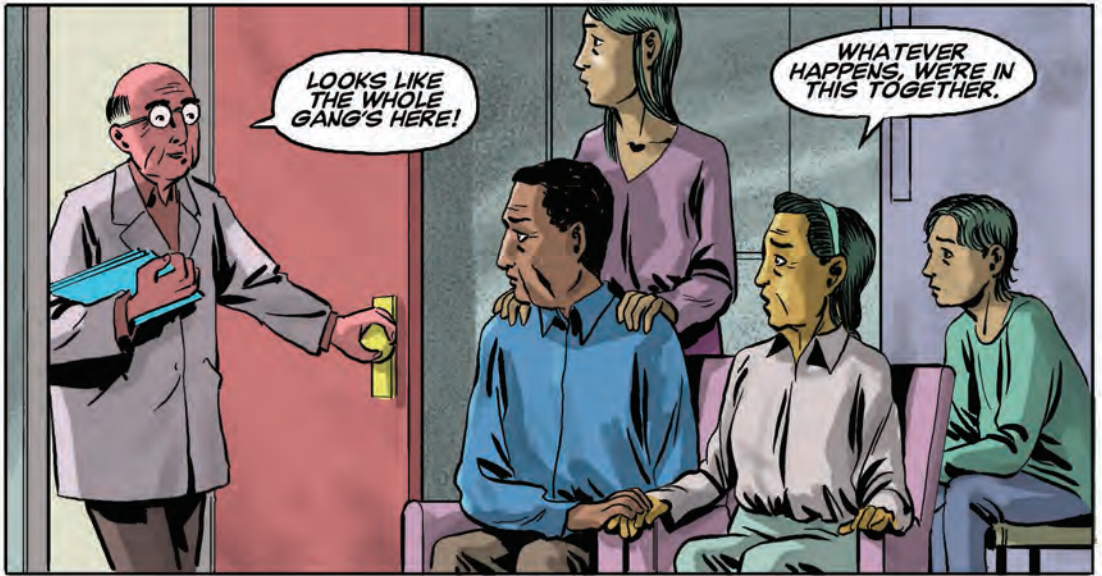


ALL RIGHT, YOU TWO, GO GATHER UP ALL THE SMALL STICKS AND BARK YOU CAN CARRY.

I'LL GO LOOK FOR DEAD-STANDING BIRCH TO BREAK UP.



AND STAY TOGETHER!

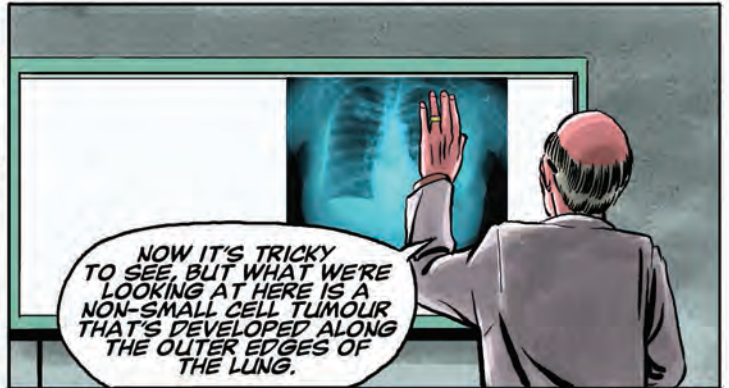


LOOKS LIKE THE WHOLE GANG'S HERE!

WHATEVER HAPPENS, WE'RE IN THIS TOGETHER.



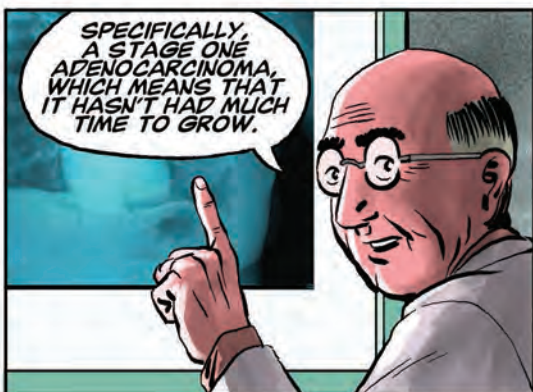
THAT'S GREAT, THE MORE SUPPORT, THE BETTER.



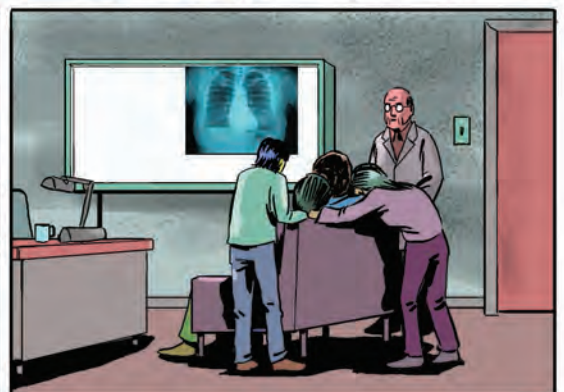
NOW IT'S TRICKY TO SEE, BUT WHAT WE'RE LOOKING AT HERE IS A NON-SMALL CELL TUMOUR THAT'S DEVELOPED ALONG THE OUTER EDGES OF THE LUNG.

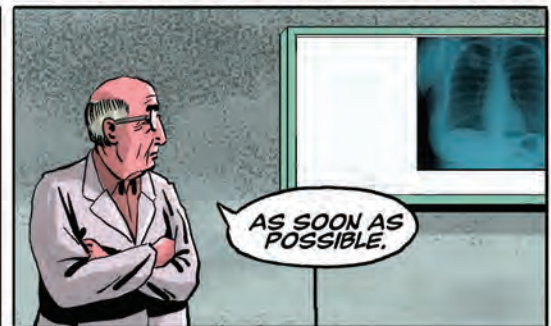
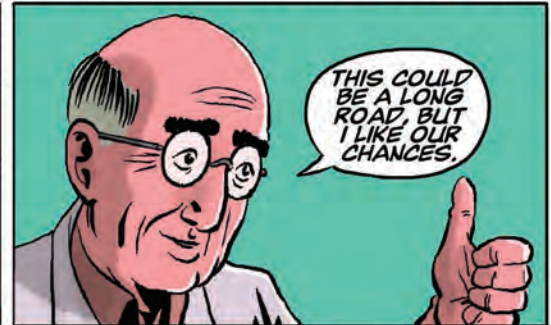
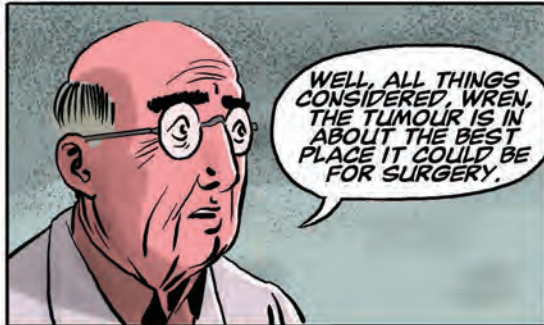
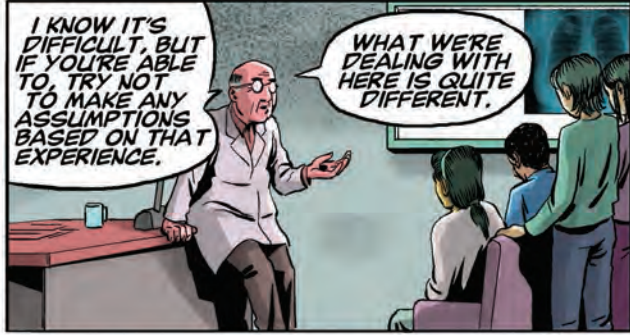


WAIT? LUNG CANCER?



SPECIFICALLY, A STAGE ONE ADENOCARCINOMA, WHICH MEANS THAT IT HASN'T HAD MUCH TIME TO GROW.

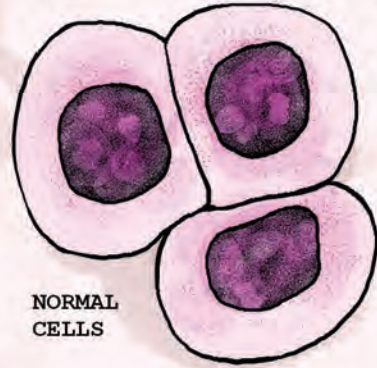




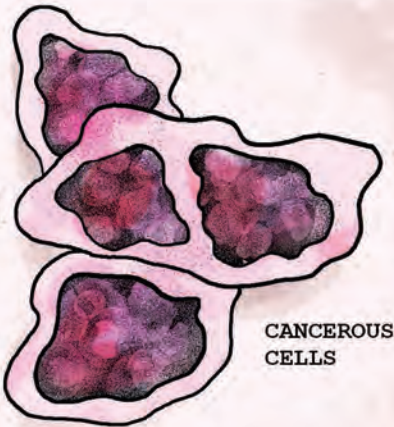
4 out of 10 Canadians develop cancer some time in their lives.



The body has trillions of cells - such as bone cells, skin cells, and brain cells.



Cancer starts small - in a single cell.



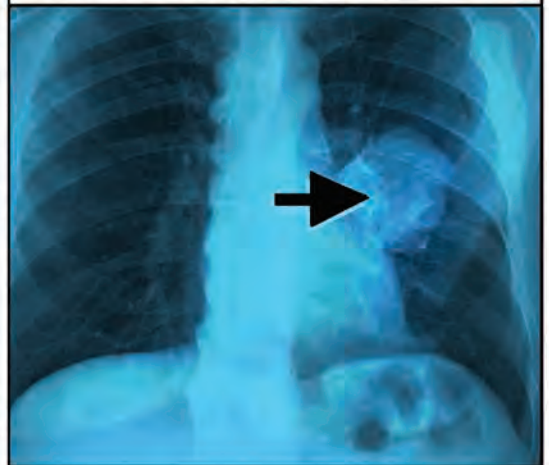
If a cell gets damaged, your body fixes or removes it.



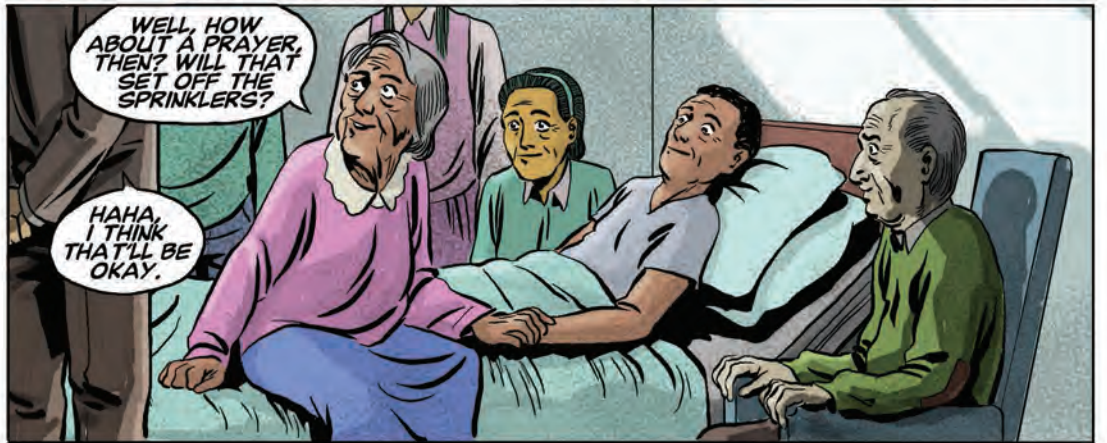
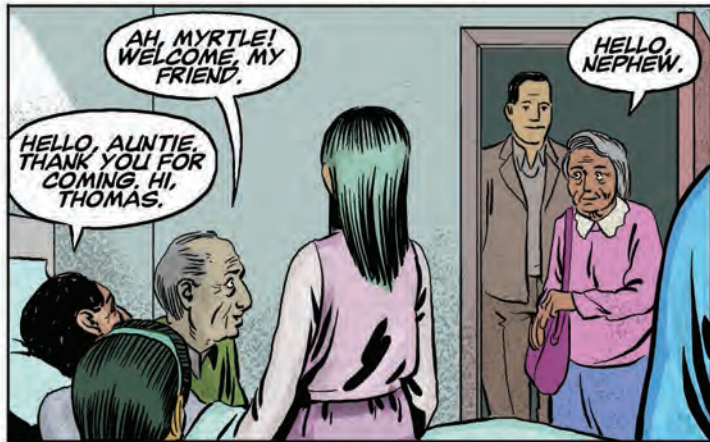
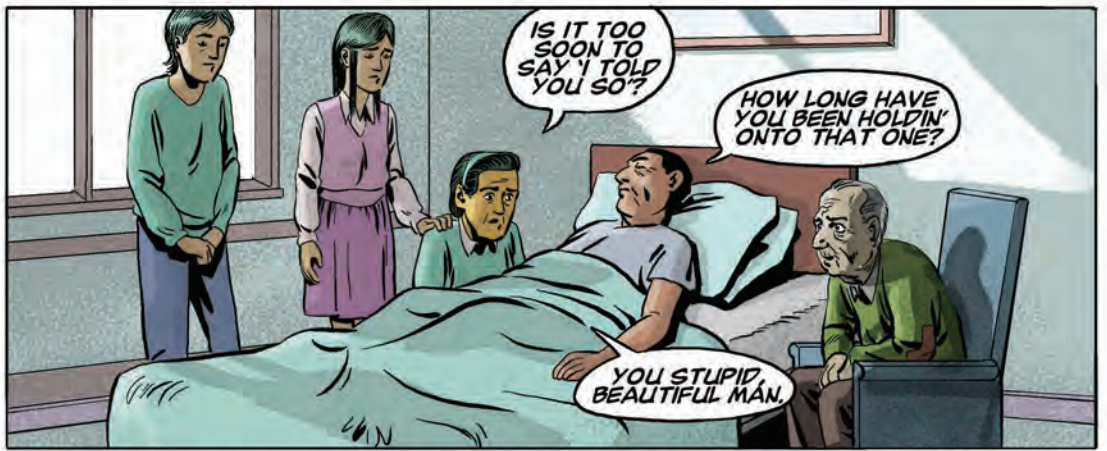
Cancer happens when damaged cells aren't fixed and grow out of control.

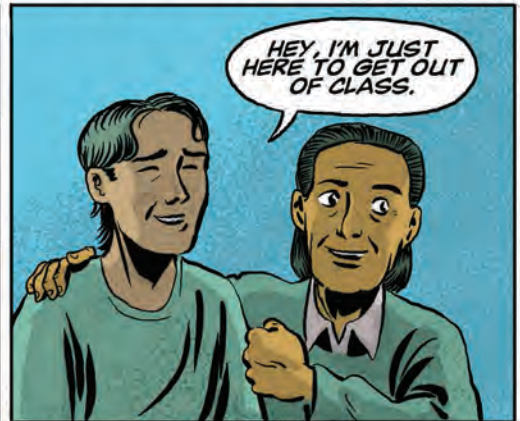
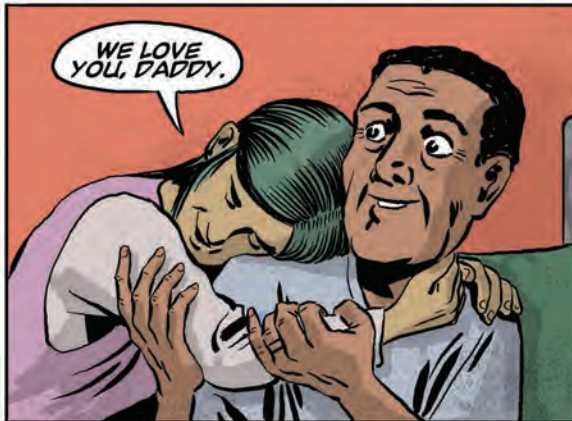
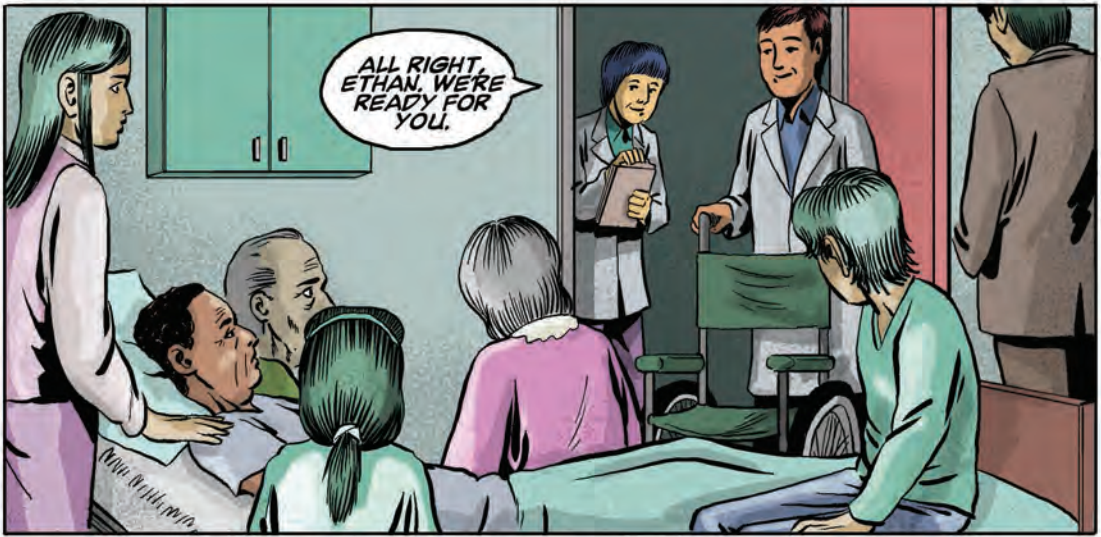


Some cancer cells clump together and form lumps or tumours. They invade their neighbours, stopping them from working right.



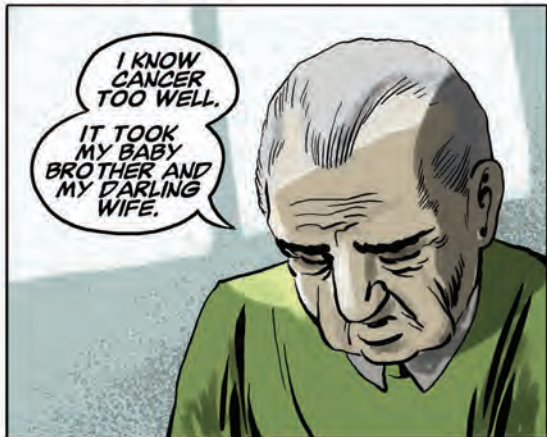
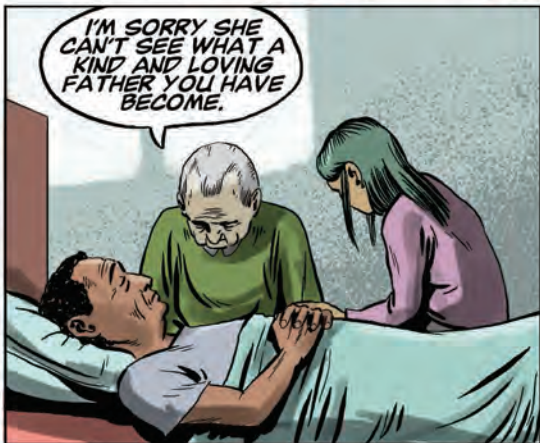
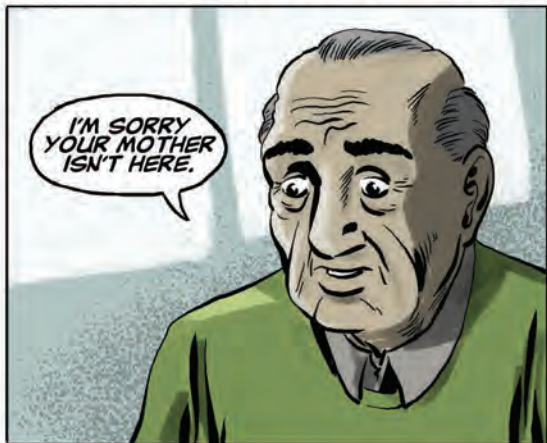
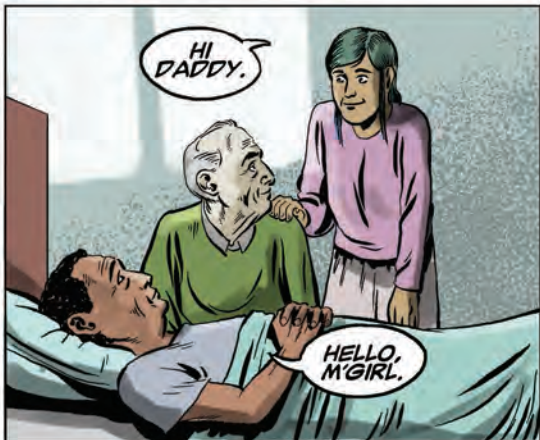


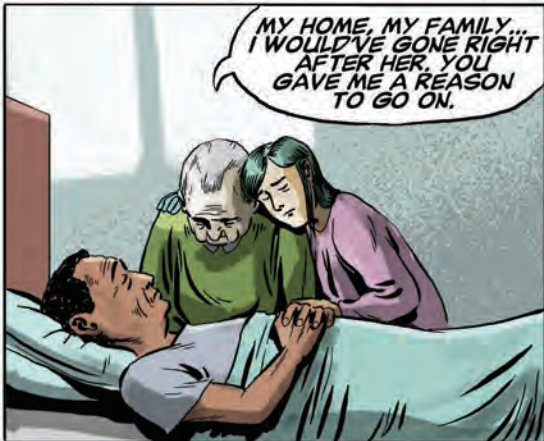
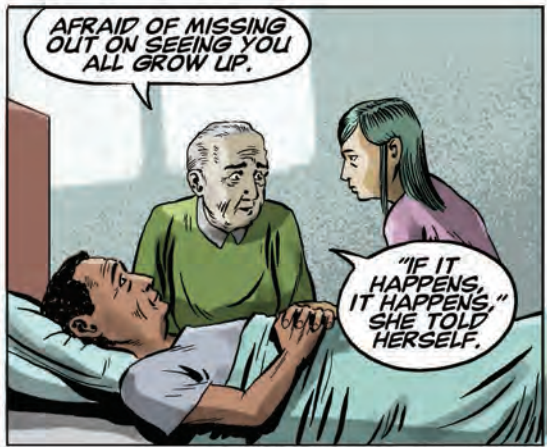
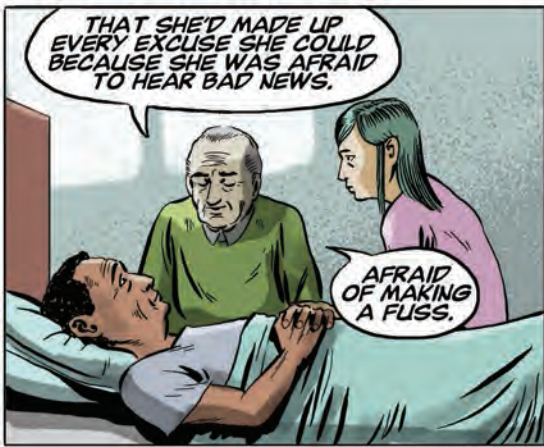




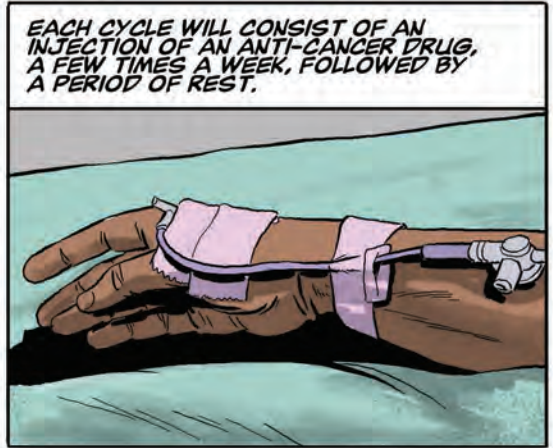
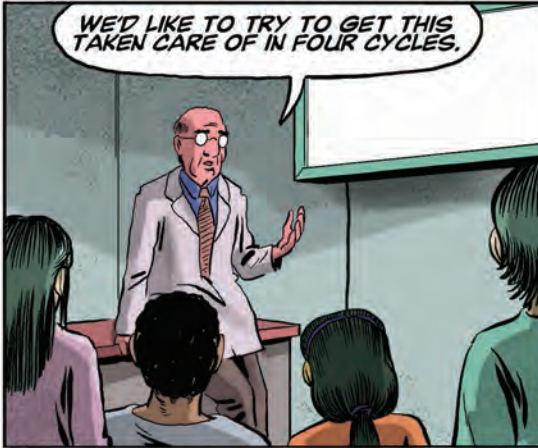
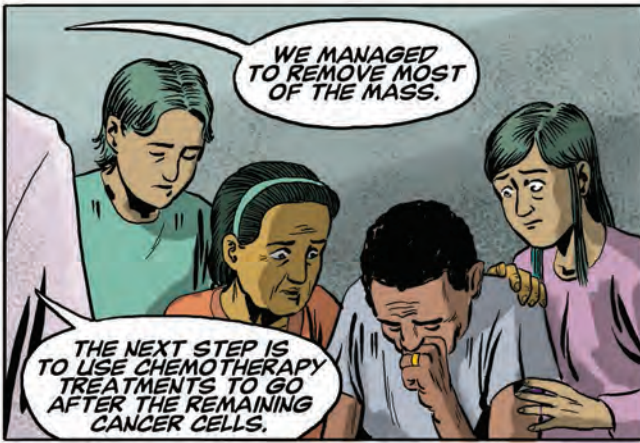












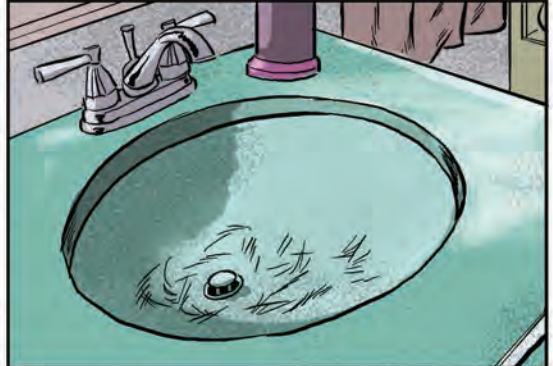
THERE WILL BE SOME PAIN AND SIDE EFFECTS FOLLOWING THE TREATMENTS.

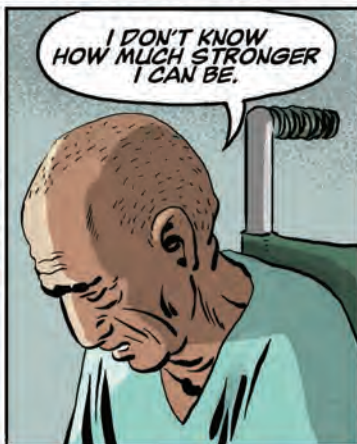
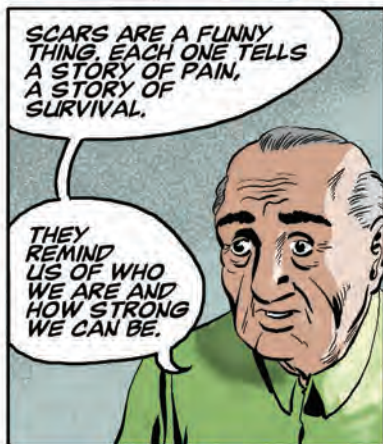
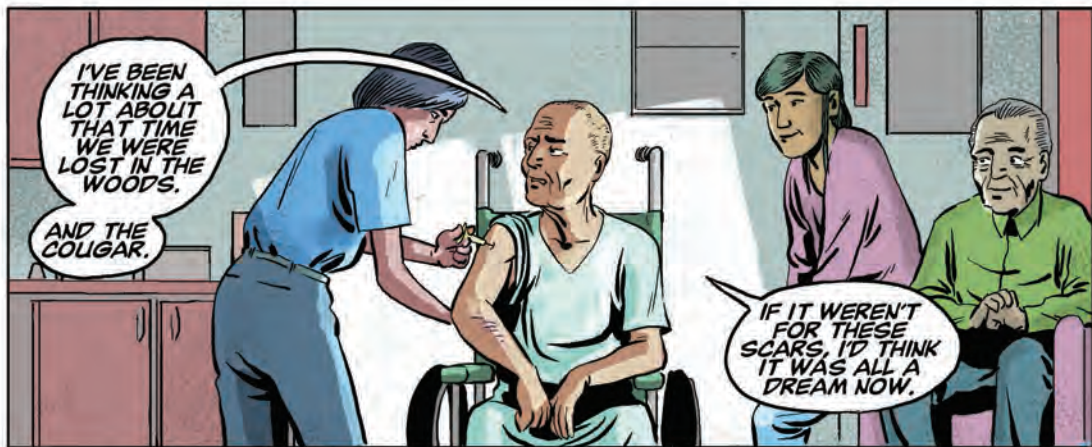
NAUSEA AND VOMITING AREN'T UNCOMMON, AND YOU'LL MOST LIKELY SUFFER SOME FATIGUE.



WE'LL PRESCRIBE DRUGS TO HELP WITH THAT, BUT A STRONG SUPPORT SYSTEM WILL BE ESSENTIAL.

AND THERE'S A GOOD CHANCE YOU'LL PROBABLY LOSE SOME HAIR.















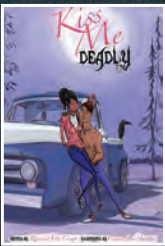
Check out our other books...



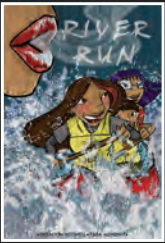
Lost Innocence - A fictional story (but based on documented real life experiences of survivors) of a brother and sister's residential school experience in the 1930's. It's our longest book at 64 pages and has a truth and reconciliation theme.



It Takes a Village - Our maternal child health book is about Lara, a young mom-to-be that is visited by Danis, a stranger. Danis teaches Lara the importance of eating healthy foods, avoiding alcohol, breastfeeding, keeping dad involved and bonding with your baby.



Kiss Me Deadly - Interlinking stories cover a variety of issues in our sexual health comic book – from respect and communication in relationships to pregnancy and sexually-transmitted infections – as well as exploring sexual health as a career or youth-led project and the concept of two-spirit people.



River Run - The story of a group of youth that learn the traditional use of tobacco while on a canoe trip. One of the youth, who smokes, gets her world opened up along the way.



Just a Story - Wendy doesn't have any friends her age and feels overwhelmed at school. Her little brother is more social but he's quick to lose his temper and get into fights. Something is clearly bothering them both. Good thing they're open to getting help and breaking down the stigma of mental health.



An Invited Threat - is about a family's realization that the food they eat and make available to their community is not good for them. It's about making healthy decisions now, rather than waiting until it's too late.

Healthy Aboriginal Network

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The First Nations Health Authority is the health and wellness partner of First Nations communities in BC, and the first province-wide health authority of its kind in Canada. Guided by the vision of embedding cultural safety and humility into health service delivery, FNHA works to reform the way health care is delivered to First Nations people living in BC through direct service provision, provincial partnership collaboration, and health systems innovation.

RESPECTING TOBACCO



The tobacco plant has had a sacred role in ceremony, ritual, and prayer for many BC First Nations for thousands of years. Let's keep tobacco sacred.

Thinking of quitting commercial tobacco?
Call Quitnow at: 1.877.455.2233 or visit: quitnow.ca

For more information on respecting tobacco, visit FNHA online at:
fnha.ca/respectingtobacco